



DEPARTMENT OF THE NAVY
BUREAU OF MEDICINE AND SURGERY
7700 ARLINGTON BOULEVARD
FALLS CHURCH, VA 22042

IN REPLY REFER TO
BUMEDINST 5100.15A
BUMED-M09
15 Oct 2012

BUMED INSTRUCTION 5100.15A

From: Chief, Bureau of Medicine and Surgery
To: All Internal BUMED codes

Subj: ESTABLISHING BUREAU OF MEDICINE AND SURGERY AS A TOBACCO-FREE
COMMAND

Ref: (a) BUMEDINST 6200.12
(b) BUMED Memo 5100 SerM3/5 AT-26180 of 17 Jun 2009 (NAVMED Policy
Memo 09-009)
(c) SECNAVINST 5100.13E
(d) SECNAV Manual 5210.1 of Jan 2012

1. Purpose. To establish a tobacco-free Bureau of Medicine and Surgery (BUMED) Headquarters Command and set a new benchmark for Budget Support Office-18 commands per references (a) and (b).

2. Cancellation. BUMEDINST 5100.15.

3. Scope. This instruction applies to BUMED Headquarters Command and to all military and civilian personnel and guests. BUMED staff will maintain a tobacco-free work environment.

4. Background. As detailed in reference (c), tobacco use is the leading cause of respiratory and cardiac disease. It impairs healing, diminishes human and occupational performance, and contributes to lost work days. The associated health care costs for the treatment of tobacco-related diseases are exorbitant and the impact on deployment readiness compromises the Navy mission.

5. Policy. Effective 30 October 2012, the BUMED Headquarters in Falls Church, VA will remain a tobacco-free command. Use of tobacco products, including all forms of smokeless tobacco, including but not limited to chewing tobacco and dip is strictly prohibited. Additionally, electronic nicotine delivery devices not approved by the Federal Drug Administration are also prohibited.

6. Responsibilities

a. BUMED Chief of Staff (COS) is delegated the responsibility to implement this policy. The COS will support the BUMED Assistant Deputy Chiefs in providing the necessary support

required to implement this policy. Efforts may include, but are not limited to, offering command-wide tobacco cessation classes and events to promote a healthy, tobacco-free work environment.

b. BUMED supervisors are required to support assigned military and civilian personnel with free tobacco cessation information upon request. This information is available through the Department of Defense (DoD) sponsored Quit Tobacco Web site at: <http://www.ucanquit2.org/Default.aspx> or through the Navy and Marine Corps Public Health Center's Healthy Living Web site at: http://www-nmcphc.med.navy.mil/Healthy_Living/ and the National Cancer Institute Smoke free site at: <http://www.smokefree.gov/>.

c. BUMED military and civilian personnel are required to abide by the policy guidance set forth in this instruction.

(1) Any use of tobacco must occur on personal time and outside the command.

(2) Failure to observe the mandatory provisions of this instruction by military members is a violation of Article 92, Uniform Code of Military Justice (UCMJ) and is subject to judicial and administrative sanctions. Violations of this instruction by DoD civilian employees and contractors may result in adverse administrative action.

(3) As directed in reference (b), Navy Medicine personnel shall not use tobacco products while in uniform when representing Navy Medicine.

7. Records Management. Records created as a result of this instruction, regardless of media and format, shall be managed per reference (d).



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