



**DEPARTMENT OF THE NAVY**

BUREAU OF MEDICINE AND SURGERY  
2300 E STREET NW  
WASHINGTON DC 20372-5300

IN REPLY REFER TO

6 Apr 2007

MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST  
COMMANDER, NAVY MEDICINE NATIONAL CAPITAL AREA  
COMMANDER, NAVY MEDICINE WEST  
COMMANDER, NAVY MEDICINE SUPPORT COMMAND

SUBJECT: DEPLOYMENT MEDICAL READINESS

Reference: (a) NAVMED Policy 06-005  
(b) OPNAVINST 3591.1E

Enclosure: (1) Expeditionary Combat Readiness Center (ECRC) Individual Augmentee (IA) Checklist  
(2) Amplification of the Minimal Standards of Fitness for Deployment to the U. S. Central Command (CENTCOM) Area of Responsibility (AOR)

Reference (a) addresses responsibility to provide health service support for deployment readiness and to ensure the readiness of medical department personnel. Currently, both Navy Active Duty and Reserve personnel are deploying in unprecedented numbers to the CENTCOM AOR as IAs in support of other Services' missions. This large movement of Navy personnel to potentially extreme environments in a non-traditional combat role presents unique medical readiness requirements. These requirements need to be known and closely followed by all Navy personnel involved in the mobilization and augmentation process.

Medical readiness is a shared responsibility of military commanders, military medical personnel and individual service members. We play a key part in ensuring the medical readiness of Navy personnel arriving at the Navy Mobilization Processing Sites (NMPS) and the Navy Individual Augmentee Combat Training (NIACT) course. Lost training time due to medical and administrative deficiencies is well documented at these sites. The key to ensure that Navy personnel with orders to deploy to the CENTCOM AOR are fully medically ready is through the mandatory use of enclosure (1), sections B and C. Other forms such as NAVMED 1300/1 for overseas screening are not permitted.

The deployment medical/dental readiness screening, enclosure (1) is the most recent version of the ECRC IA checklist and can be downloaded from Navy Knowledge Online ([www.nko.navy.mil](http://www.nko.navy.mil)). All military treatment facilities (MTFs) are strongly encouraged to prominently display on their website the availability of deployment health related services such as Periodic Health Assessment (PHA), immunizations (particular emphasis on when smallpox is administered), dental, optometry, labs, link to Navy Knowledge Online, etc. Informal feedback from mobilizing service members is that obtaining services at MTFs can be problematic for such simple reasons as lack of information on how to access specified clinical services.

NAVMED POLICY 07-009

Enclosure (1) adds individual medical readiness (IMR) requirements beyond what is required for routine IMR as noted:

- **Periodic Health Assessment (PHA):** Must be current to within six months. Any acute or chronic medical conditions documented on a recent PHA (within last 6 months) or in the medical record must be reviewed by a medical officer to determine the IA's suitability for deployment. PAP smears must be done within the past 12 months prior to deployment. There is no need to repeat a PAP smear within one year unless clinically indicated. Similarly, mammograms are required within one year for women deploying over the age of 40.
- **Dental Readiness:** A current Panorex (within 5 years) and bitewings (within 2 years) must be included in the dental record brought to the NMPS or NIACT sites by the IA.
- **Readiness Laboratory Studies:** Documentation of a current HIV within two years must be in the health record. A current HIV test result is required before IAs can receive live virus vaccinations (smallpox, MMR, etc).
- **Immunizations:** It is strongly encouraged that MTFs do as much as possible to have their own personnel and those they support fully immunized prior to arriving at the NMPS/NIACT. Tuberculosis screening is of particular importance given the time delay associated with PPD testing. IAs have been delayed in detaching from the NMPS/NIACT solely due to a reading of a PPD. Also, it is important to give all live virus vaccines at the same time, if required, otherwise a month interval has to transpire before further live virus vaccinations can be administered. Finally, hepatitis B is required on the ECRC checklist since personnel can be expected to be involved in the delivery of first aid or perform security at any time.
- **Individual Medical Equipment:** For those who wear corrective lenses, two pairs of glasses, one gas mask insert (M40), and one UVEX lens insert for ballistic eyewear are required.
- **Deployment Limiting Conditions:** Since an IA can potentially be thrust into a combat role at anytime when deployed to CENTCOM, the requirement to be able to walk at least two miles in combat boots with a 48 pound pack is mandatory.

Specific deployment limiting conditions can be found in enclosure (1) which is based on the most current CENTCOM recommendations. Though detailed, this list is not all inclusive and other governing directives, such as enclosure (2) and MANMED, should be used to assist the health care provider in making this determination. The most common conditions that preclude an IA from processing at NMPS or NIACT are sleep apnea (CPAP not supportable in theater), diabetes requiring medications (oral or insulin), and uncontrolled hypertension.

Special note: personnel with a psychiatric diagnosis on medications are currently non-deployable since they cannot receive small weapons instruction. However, following the procedures in reference (b), waivers should be sought when clinically appropriate.

Health/dental record documentation of completed requirements must accompany IAs or may have to be repeated at the NMPS or NIACT site. Reserve units without access to a Navy physician can contact the BUMED Director, Qualification and Standards, for a courtesy review as to whether an IA is world-wide deployable.

Point of contact for this matter is CDR Kevin Ronan at 202-762-0200 or [kjronan@us.med.navy.mil](mailto:kjronan@us.med.navy.mil).

A handwritten signature in black ink, appearing to read "D. C. Arthur", with a stylized, cursive script.

D. C. ARTHUR

# ECRC IA CHECKLIST

Submit by Email

Last Name	First	Middle	SSN
Paygrade	Rating	Designator	Component

Personal Email	Local Phone
Navy Email	Cell Phone
Army Email	Local Address

Originating Command	UIC			
Command POC	POC Phone			
Command POC Email	DSN			
Order Receipt Date	Initial Report Date	Checklist Deadline	Mar 28, 2007	RTN

Advancement TIR Date	Recommended for advancement	<input type="radio"/> Yes <input checked="" type="radio"/> No	Taking exam prior to deployment <input type="radio"/> Yes <input checked="" type="radio"/> No
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Date of Birth	Gender	Blood Type	Religious Preference
Specialty Areas			
Independent/ FMF			
Destination/Base			

Spouse	Next of Kin
Name	Name
Address	Address
City	City
State	State
Zip	Zip
Email	Email
Phone	Phone
Children	Relationship

**Privacy Act Statement**  
 Authority: 10 USC 5013; EO 9397 (SSN); NM05000-3 Organization Management and Locator System (August 15, 2006, 71 FR 46898).  
 Purpose: To evaluate individual readiness posture and to provide individuals selected for deployment necessary information to ensure their preparedness.  
 Routine Uses: Department of the Navy Blanket Routine uses (found at [privacy.navy.mil](http://privacy.navy.mil))  
 Disclosure: Voluntary. However, failure to provide the requested information may significantly delay or impede individual preparation and may result in the failure to properly notify individuals of deployment information.

Enclosure (1)

<b>A. DA 7425</b>	
Complete all <i>verifiable, applicable</i> items of DA 7425 simultaneously with this checklist. (Link to DA 7425 and specific completion instructions are located at the NKO website).	<input type="radio"/> Yes <input checked="" type="radio"/> No
<b>B. MEDICAL</b>	
1. Medical record in hand.	<input type="radio"/> Yes <input checked="" type="radio"/> No
2. NOSC/Parent command entered medical data in NMCMPS.	<input type="radio"/> Yes <input checked="" type="radio"/> No
3. Medical Readiness Data entered into MRRS.	<input type="radio"/> Yes <input checked="" type="radio"/> No
4. Food/drug allergies with medical warning tags on hand or ordered.	<input type="radio"/> Yes <input checked="" type="radio"/> No
5. Immunizations up to date (5a - 5m).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. Hepatitis A (2 shot series).	<input type="radio"/> Yes <input checked="" type="radio"/> No
b. Hepatitis B (3 shot series).	<input type="radio"/> Yes <input checked="" type="radio"/> No
c. Influenza (each year, seasonally).	<input type="radio"/> Yes <input checked="" type="radio"/> No
d. PPD (annually).	<input type="radio"/> Yes <input checked="" type="radio"/> No
e. Typhoid (within 2 years for injection, 4 years oral vaccine).	<input type="radio"/> Yes <input checked="" type="radio"/> No
f. Tetanus (within 10 years).	<input type="radio"/> Yes <input checked="" type="radio"/> No
g. Yellow Fever (location dependent, last dose w/in 10 years).	<input type="radio"/> Yes <input checked="" type="radio"/> No
h. Smallpox series (within 10 years).	<input type="radio"/> Yes <input checked="" type="radio"/> No
i. MMR (once, or documented titer).	<input type="radio"/> Yes <input checked="" type="radio"/> No
j. Oral polio vaccine/Inactivated polio virus vaccine (Once).	<input type="radio"/> Yes <input checked="" type="radio"/> No
k. Meningococcal (location dependent, within 5 years).	<input type="radio"/> Yes <input checked="" type="radio"/> No
l. Pneumococcal [Asplenic (for persons without spleen) only].	<input type="radio"/> Yes <input checked="" type="radio"/> No
m. Immunization data reported via SAMS or MRRS.	<input type="radio"/> Yes <input checked="" type="radio"/> No
6. Blood type and Rh factor and date of blood draw documented.	<input type="radio"/> Yes <input checked="" type="radio"/> No
7. HIV-1 antibody test within 2 yrs of deployment or sample collected (must have results prior to receiving live vaccine).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. HIV Negative. ( <i>Note: HIV Positive NOT DEPLOYABLE</i> )	<input type="radio"/> Yes <input checked="" type="radio"/> No
8. DNA sample on file or collected with proof of registry with AFIP.	<input type="radio"/> Yes <input checked="" type="radio"/> No
9. G6PD results and date of blood draw documented.	<input type="radio"/> Yes <input checked="" type="radio"/> No
10. Sickle Cell results and date of blood draw documented.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
11. Negative pregnancy test w/i 30 days of deployment (written proof of tubal ligation / hysterectomy are exception).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
12. Copy of most recent (within one year) DD Form 771, eyeglass prescription.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. one set of same prescription eyeglasses.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
13. Copy of medication prescriptions.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. IA traveling overseas, in possession of minimum 180 day supply of same medication prescription (s).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
14. Documented Periodic Health Assessment (PHA) within the last 6 months.	<input type="radio"/> Yes <input checked="" type="radio"/> No
15. Female - documented valid Pap Smear results within 12 months of deployment if < 30 years of age, 30+ years may be done every 2-3 years, if the previous 3 pap smears are normal.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
16. Female (if over age 40) - documented annual mammogram is recommended.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
17. Any recent surgery (within 6 months), including Lasik or cataract documented in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
18. Any chronic health conditions (i.e., hypertension, heart disease, diabetes, asthma, sleep apnea, thyroid disease, susceptibility to heat exhaustion) documented in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
19. Any metal in the body (including plates/screws) documented in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A

<b>B. MEDICAL (continued)</b>	
20. IA is within height/weight standards.	<input type="radio"/> Yes <input checked="" type="radio"/> No
21. IA is within physical fitness standards.	<input type="radio"/> Yes <input checked="" type="radio"/> No
22. Any bone, back, knee or joint disorders documented in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
23. IA is able to walk several miles in combat boots.	<input type="radio"/> Yes <input checked="" type="radio"/> No
24. IA is able to carry field gear, flak jacket, helmet, and weapon (48 lbs) for 2 miles.	<input type="radio"/> Yes <input checked="" type="radio"/> No
26. Mobilized Reserve IA reported any TNPQ (temp. NPQ) or NPQ (not physically qualified) status (AC Sailors - N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
27. IA has NOT received any workers' compensation at civilian job within past 12 months.	<input type="radio"/> Yes <input checked="" type="radio"/> No
28. IA has NOT or does NOT receive any VA medical disability.	<input type="radio"/> Yes <input checked="" type="radio"/> No
29. If IA wears corrective lenses, must have 1 set of inserts for the M40 gas mask.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
30. If IA wears corrective lenses, must have 1 set of UVEX lenses for ballistic sunglasses.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
31. IA fitted and issued hearing protection (ear plugs).	<input type="radio"/> Yes <input checked="" type="radio"/> No
32. Significant medical condition(s) documented in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No
33. DD Form 2215 (Reference Audiogram) or DD Form 2216 (Periodic Audiogram) w/in 12 months or on file in HREC.	<input type="radio"/> Yes <input checked="" type="radio"/> No
34. IA is physically qualified, not awaiting Medical Retention Review, not receiving Line of Duty benefits, and not awaiting a Physical Evaluation Board.	<input type="radio"/> Yes <input checked="" type="radio"/> No
<b>C. DENTAL</b>	
1. IA has dental record in hand.	<input type="radio"/> Yes <input checked="" type="radio"/> No
2. NOSC/Parent command entered dental data in NMCMPMS.	<input type="radio"/> Yes <input checked="" type="radio"/> No
3. IA has current bitewing x-rays (within 2 years).	<input type="radio"/> Yes <input checked="" type="radio"/> No
4. IA has current panogram (within 5 years, or more recently if any recent, significant dental work).	<input type="radio"/> Yes <input checked="" type="radio"/> No
5. Copies of current bitewing and panogram X-rays in Dental record.	<input type="radio"/> Yes <input checked="" type="radio"/> No
6. Current T-2 Dental exam (projecting to the end of deployment period).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. Copy of current T-2 Dental exam report in medical record.	<input type="radio"/> Yes <input checked="" type="radio"/> No
7. Dental data entered into MRRS.	<input type="radio"/> Yes <input checked="" type="radio"/> No
8. IA traveling overseas has orthodontic appliances in possession. Orthodontic appliances do not preclude deployment eligibility provided they are evaluated for stability and inactivated through the use of passive holding arches and secured with stainless steel ties, or other means prior to deployment IAW AR 614-30.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
9. Mobilized Reserve IA has documentation of enrollment in TRICARE SELRES Dental Program, if desired.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
10. Significant dental condition(s) documented in dental record.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
<b>D. PAY AND PERSONNEL</b>	
1. IA has documentation to support any claim for delay/exemption.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
2. IA has NOT been deployed within 6 months prior to the start of the IA assignment.	<input type="radio"/> Yes <input checked="" type="radio"/> No
3. IA has a minimum 18 Months OBLISERV (Active Duty EAOS / Mobilized Reserve EREN) from report date.	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. High Year Tenure (HYT) waiver approved (as necessary).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. Active duty IA Perform To Serve (PTS) submitted if on first term enlistment (Mobilized Reserve mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
4. Active Duty IA's PRD is at least 1 month after scheduled return (extend PRD as necessary) or has been issued Indeterminate Temporary Duty (ITDY) Orders. (Mobilized Reserve IA N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
5. IA has successfully tested access to their DFAS "My Pay" account.	<input type="radio"/> Yes <input checked="" type="radio"/> No

<b>D. PAY AND PERSONNEL (Continued)</b>			
6. IA has active Government Travel Charge Card (GTCC).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
a. IA's APC advised to retain GTCC for the duration of the IA assignment, UNLESS specifically directed otherwise.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
b. IA's APC advised to identify account as Mission Critical (between 31 <sup>st</sup> and 60 <sup>th</sup> day of account delinquency).	<input type="radio"/> Yes <input checked="" type="radio"/> No		
c. IA's APC provided with ECRC contact info to assist with seriously delinquent (greater than 90 days) account.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
7. IA has successfully tested Common Access Card (CAC) Identification.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
a. PIN valid.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
b. Verified PKI (3 certificates present - encryption, ID, and signature).	<input type="radio"/> Yes <input checked="" type="radio"/> No		
c. Default certificate set to signature.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
8. Mobilized Reserve IA reviewed <a href="http://www.dod.mil/ra">www.dod.mil/ra</a> for eligibility for Reserve Income Replacement Program (RIRP) (ActiveDutyIA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
a. Eligible Mobilized Reserve IA has supporting documents necessary for RIRP (Ineligible Mobilized Reserve IA or Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
b. Eligible Mobilized Reserve IA has completed required forms and submitted to ReserveCenter or ECRC (Ineligible Mobilized Reserve IA or Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
9. IA has signed statement from licensed physician for any incapacitated family member(s) over 21 years of age.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
10. Mobilized Reserve IA has 3 voided personal checks or deposit slips displaying bank information for direct deposit (Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
11. Mobilized Reserve IA has bank account information (name, address, telephone, RTN, account number) for each desired allotment (Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
12. IA has Battle Record in hand (Battle Record contains copies of documents listed 12a-12h).	<input type="radio"/> Yes <input checked="" type="radio"/> No		
a. IA orders.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
b. current contract with any extensions (not required for officers).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
c. current PG2 and SGLI	<input type="radio"/> Yes <input checked="" type="radio"/> No		
d. All PG4s to document qualifications, awards and ASVAB scores) (not required for officers).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
e. PG5 (not required for officers).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
f. Evaluations/FITREPS (document last 3 years) (officers may carry separately).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
g. Family Separation Allowance Form (DD 1561 revision NOV06) if member has eligible dependents.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
h. Advancement Worksheet (NETPDTC 1430/3) for next eligible advancement exam.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
13. If active duty IA assignment is to a combat zone, a duplicate <u>Battle Record</u> forwarded to Center of Excellence (ActiveDutyIA assigned to CONUS based unit AND all Mobilized Reserve IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
14. Security Clearance annotated and signed as verified on IA orders.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
a. Required Clearance (Secret unless otherwise specified).	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;">Secret</td> <td style="width: 50%; text-align: center;">Actual Clearance.</td> </tr> </table>	Secret	Actual Clearance.
Secret	Actual Clearance.		
b. Security Clearance annotated in JPAS.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
15. IA verified all evals/FITREPS for continuity and corrected any gaps in dates. IA has copies of last two evals/FITREPS.	<input type="radio"/> Yes <input checked="" type="radio"/> No		
16. Reserver Component IA has a detachment of individual eval/FITNESS report in Field Service Record (FSR) for this mobilization or ITDY assignment. (Active Duty IA on regular TEMADD (not ITDY) mark N/A - no detachment eval/FITREP required).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		
17. Active Duty IA has submitted eval/FITREP input for next regular periodic report at parent command (Mobilized Reserve IA AND Active Duty IA issued ITDY orders mark N/A -next periodic to be done by IA command).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A		

<b>D. PAY AND PERSONNEL (Continued)</b>	
18. Mobilized Reserve IA AND Active Duty IA issued ITDY orders have FSR in hand (Active Duty IA on TEMADD orders mark N/A - current serving personnel office retains FSR).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
19. IA has copy of current mortgage, lease or rental agreement in possession.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. Mobilized Reserve IA reviewed address on mobilization orders (Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. Mobilized Reserve IA provided Reserve Center with documents to correct address on mobilization orders (ActiveDuty IA or Mobilized Reserve IA with correct address on mobilization orders mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
20. IA's personal awards verified on Navy Department Awards Web Services (NDAWS).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. Parent command or NOSC has documents necessary to update personal awards.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
21. IA record reviewed by Educational Services Officer (ESO) for advancement exam eligibility during IA assignment.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. If eligible, ESO made arrangements for testing (early or late) or forwarding of advancement exam.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
22. Mobilized Reserve IA has documentation of one month's average utilities (Active Duty IA mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
23. IA has documentation for any special pay qualification(s) and entitlement(s).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
24. IA not entitled to BAH - orders provided to Personal Property Office for review of non-temporary storage.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
25. IA entitled to single BAH, BUT <u>instead</u> desires non-temporary storage, order writer contacted for authorization.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
26. IA has birth certificate or passport <u>IF specifically directed by orders to get a passport</u> .	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. If passport directed by orders, no-fee government passport application submitted.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. If passport not directed by orders, member aware of passport application process at personal expense.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
27. If Medical Corps, Dental Corps, Medical Service Corps, or Nurse Corps, IA has certified copies or proof of:	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. Current license/certificate.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. current BCLS, ACLS, PALS, etc.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
c. Current demographic information if Medical Corps.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
d. Internship.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
e. Residency.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
f. Board certifications.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
28. IA, <u>not traveling overseas</u> , has vehicle registration and insurance documentation, <u>IF orders authorize POV travel</u> .	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
29. IA has certification of full-time student enrollment from school registrar for college-age family member(s).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
30. IA travel arrangements have been made by parent command or NOSC via SATO to first destination - order accounting data (centrally billed account (CBA)) used for funding - NOT billed to IA's GTCC (mark NA only if first IA duty station is same geographic location - no air travel required).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
a. IA briefed on travel arrangements (mark NA only first IA duty station is in same geographic location).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. receiving command POC (identified within orders) notified of IA's arrival information.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
<b>E. TRAINING</b>	
1. IA completed online training (via NKO) and has printed completion certificates (1a - 1n) in possession.	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. CANSF-ATFP-OCONUS-1.0 ATFP Level I Awareness Training for Overseas Service Members (OCONUS)	Date Completed   _____
b. CANS-M16WS-1.0 M16 WEAPON SAFETY	Date Completed   _____

<b>E. TRAINING (Continued)</b>	
c. CANS-M9SP-1.0 M9 SERVICE PISTOL TRAINING	Date Completed <input type="text"/>
d. CPD-GMT07-013 FY07 General Military Training Unit 1.3 Operations Security	Date Completed <input type="text"/>
e. CPD-GMT07-022 FY06 General Military Training Unit 2.2 Anger Management and Suicide Awareness	Date Completed <input type="text"/>
f. CPD-GMT07-032 FY06 GMT Unit 3.2 Fraternalization & Sexual Harassment	Date Completed <input type="text"/>
g. CPD-GMT07-033 FY06 GMT Unit 3.3 Sexual Assault	Date Completed <input type="text"/>
h. DOD-IAA-V2.0 DOD Information Assurance Awareness	Date Completed <input type="text"/>
i. JKDDC-TIP-1 Trafficking in Persons Basic Awareness Training	Date Completed <input type="text"/>
j. JOB-Level B Level B - Code of Conduct (SERE 100)	Date Completed <input type="text"/>
k. NPDC-CWI-1 COLD WEATHER INJURIES	Date Completed <input type="text"/>
l. NPDC-HWI-1 HOT WEATHER INJURIES	Date Completed <input type="text"/>
m. NPDC-SAEDA-1 SAEDA BRIEFING	Date Completed <input type="text"/>
n. NPDC-USAV-1 UNITED STATES ARMY VALUES	Date Completed <input type="text"/>
2. IA has PT gear in possession (mark a and b NA if traveling to NMPS Norfolk).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. Navy T-Shirt (IA traveling to NMPS Norfolk first will be issued gear - mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
b. Navy Shorts (IA traveling to NMPS Norfolk first will be issued gear - mark N/A).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
c. Navy Sweatsuit (pants and shirt).	<input type="radio"/> Yes <input checked="" type="radio"/> No
d. Running Shoes.	<input type="radio"/> Yes <input checked="" type="radio"/> No
<b>F. PERSONAL AFFAIRS RELATED</b>	
1. IA's family has been provided the IA Family Handbook.	<input type="radio"/> Yes <input checked="" type="radio"/> No
2. IA's family has been provided contact information for Command IA Coordinator and Ombudsman.	<input type="radio"/> Yes <input checked="" type="radio"/> No
3. IA's family has member's complete name, rank, SSN and command name for emergency purposes.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
4. IA has documentation to support continued enrollment in Exceptional Family Member (EFM) programs.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
5. IA has copy of current Family Care Certificate (required for single parents and dual military parents only).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
6. IA verified dependent DEERS enrollment and ID Cards, arrangements made if ID card(s) expire during deployment.	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
7. Fleet and Family Support Center Pre-deployment Brief Completed.	<input type="radio"/> Yes <input checked="" type="radio"/> No
<b>G. LEGAL</b>	
1. IA counseled regarding importance of a will (although a will is not required, it is highly recommended).	<input type="radio"/> Yes <input checked="" type="radio"/> No
a. Page 2 updated to reflect location of current valid will (mark N/A only if IA elects no will).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
2. IA has of current power(s) of attorney in possession (mark N/A only if IA elects NO power of attorney(s)).	<input type="radio"/> Yes <input checked="" type="radio"/> No <input type="radio"/> N/A
3. Mobilized Reserve IA has pre-mobilization legal briefing scheduled.	<input type="radio"/> Yes <input checked="" type="radio"/> No

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## AMPLIFICATION OF THE MINIMAL STANDARDS OF FITNESS FOR DEPLOYMENT TO THE CENTCOM AOR

1. This document is a information only copy of the Personnel Policy Guidance Tab A (with only minor sentence changes) that accompanies USCINCENT Individual Protection And Individual/Unit Deployment Policy, Modification 7, paragraph 15.G. It provides amplification of the minimal standards of fitness for deployment to the CENTCOM AOR, including a list of medical conditions that should usually be sufficient basis to deny medical clearance for or to disapprove deployment of a civilian employee, volunteer, or contractor's employee. The list of conditions is not comprehensive; there are many more conditions that could be cause to deny medical clearance for deployment. Possession of one or more of the conditions listed in this chapter does not automatically mean that the individual may not deploy. Rather, it imposes the requirement to obtain a knowledgeable physician's opinion as to the deployable status of the individual. "Medical conditions" as used here also includes those health conditions usually referred to as dental, oral, psychological and/or emotional conditions. (Uniformed service members will be evaluated for fitness according to service regulations and policies, in addition to the guidance in the parent PPG Modification (MOD). The services' parent regulations are as follows. Army: AR 40-501, Standards of Medical Fitness, February 2004; Air Force: AFI 48-123, 22 MAY 2001, Medical Examinations And Standards; Navy: NAVMED P- 117, The Manual of the Medical Department; Marine Corps: NAVMED P-117, article 15-5; Coast Guard: Medical Manual, COMDTINST M6000.1 B.)

2. The medical authority evaluating a member for deployment must bear in mind the following facts:

- Medical care in theater is not as robust and amply available as that in the continental U.S. If maintaining an individual's health requires frequent or intense medical management and/or specialist care or ancillary services, they should not deploy.
- The individual must take all required medications and medical supplies with him or her. Replacements must be available in the theater formulary.
- Medical maintenance support for personal medical devices (e.g., TENS, CPAP) is not available. Common household electrical current (110VAC) is not universally or consistently available.
- In addition to the individual's duties, the environmental conditions include extremes of temperature, physiologic demand (water, mineral, salt, and heat management), and poor air quality (especially particulates), while the operating conditions impose extremes of diet (to include fat, salt, and caloric levels), discomfort, sleep deprivation, emotional stress, and circadian disruption. If maintaining an individual's health requires avoidance of these extremes or excursions, she/he should not deploy.

3. The above rules and facts should allow the evaluating medical authority to make qualified judgments as to whether a condition should be approved. Any medical condition that markedly impairs an individual's daily function is potential grounds for disapproval. Evaluation of functional capacity to determine fitness in conditions of physiologic demand is encouraged as needed to make a decision, such as graded exercise testing when there is coronary artery disease or significant risk thereof. The evaluating care provider should pay special attention to cardiovascular, pulmonary, orthopedic, neurological, endocrine, dermatological, psychological, visual, and auditory conditions which may present a hazard to the individual or others and/or preclude performing the related functional requirements in the deployed setting. Also, the amount of medications being taken and their suitability and availability in the theater environment must be considered.

4. Nothing in this guidance document should be construed as authorizing use of defense health program or military health system resources for such evaluations where it is not elsewhere previously authorized. Generally, defense health program or military health system resources are not authorized for the purpose of pre-deployment or travel medicine evaluations for contractors' employees. Local command legal and resource management authorities should be consulted for questions on this matter.

5. The general guidance from the parent personnel policy guidance document section 15.G applies:

a. All personnel (uniformed service members, government civilian employees, volunteers, and contractor employees) deploying to theater must be medically and psychologically fit for deployment. Fitness specifically includes the ability to accomplish the tasks and duties unique to a particular operation, and ability to tolerate the environmental and operational conditions of the deployed location.

b. Personnel who have existing medical conditions may deploy if all of the following conditions are met:

(1) The condition(s) is/are not of such a nature that an unexpected worsening is likely to have a medically grave outcome.

(2) The condition(s) is/are stable; that is, currently under medical care, and reasonably anticipated by the pre-deployment medical evaluator not to worsen during the deployment under available care in theater, in light of physical, physiological, psychological and nutritional impacts and effects of the duties and location.

(3) Any required ongoing health care or medications must be immediately available in-theater within the military health system, and have no special handling, storage or other requirements (e.g., cold chain, electrical power required).

(4) No need for duty limitations or accommodation is imposed by the medical condition. (The nature of the accommodation must be considered. The theater (Component/JTF) surgeon is the appropriate authority to evaluate the suitability of the individual vis-a-vis needed limitations in theater.)

6. Documented medical conditions usually precluding medical clearance: A list of all possible diagnoses and their severity that can prevent deployment would be too expansive to note in this document. However, the following conditions, in general, should be considered deployment limiting. The medical evaluator must carefully consider whether the individual's medical condition can be adversely impacted by the deployment site climate, altitude, the nature of available food and housing, the access to medical, behavioral health, dental, and surgical services, etc. Usually, medical clearance to deploy for persons with any of the following documented medical conditions should be granted only after consultation with theater medical authority. The theater medical authority can determine if adequate treatment facilities and specialist support is available at the duty station.

a. Conditions resulting in inability to wear personal protective equipment, including protective mask, ballistic helmet, body armor, and chemical/biological protective garments, regardless of the nature of the condition that causes the inability.

b. Conditions which prohibit required theater immunizations (other than smallpox & anthrax per current guidance) or medications (such as antimalarials and other chemoprophylactic antibiotics).

c. Conditions or current medical treatment or medications that contraindicate or preclude the use of chemical and biological protective agents and antidotes, including oximes (2-PAM chloride), pyridostigmine bromide, atropine or granisetron.

d. Diabetes mellitus, Type I or II, on pharmacological therapy.

e. Symptomatic coronary artery disease, or with myocardial infarction within one year prior to deployment, or within six months of coronary artery bypass graft, coronary artery angioplasty, or stenting.

f. Dysrhythmias or arrhythmias, either symptomatic or requiring medical or electrophysiologic control.

g. Uncontrolled hypertension

h. Heart failure, current

- i. Automatic implantable cardiac defibrillator
- j. Malignancy newly-diagnosed or under current treatment
- k. Dental and oral conditions requiring or likely to require urgent dental care within six months' time: active orthodontic care; conditions requiring endodontic care; uncontrolled periodontal disease; conditions requiring prosthodontic care; conditions with immediate restorative dentistry needs; conditions with a current requirement for oral and maxillofacial surgery.
- l. New-onset (less than one year) seizure disorder, or seizure within one year prior to deployment.
- m. History of heat stroke
- n. Meniere's disease or other vertiginous/motion sickness disorder, unless well controlled on medications available in theater
- o. Recurrent syncope
- p. Ataxias
- q. New diagnosis (less than one year) of mood disorder, thought disorder, anxiety, somatoform, or dissociative disorder, or personality disorder with mood or thought manifestations.
- r. HIV antibody positivity, confirmed, with the presence of progressive clinical illness or immunological deficiency. (Host Nation requirements for notification of HIV-positive personnel in country will be observed.) The theater surgeon should be consulted in all instances of HIV seropositivity before medical clearance for deployment.
- s. Unrepaired hernia
- t. Tracheostomy or aphonia
- u. Renolithiasis, current
- v. Active tuberculosis
- w. Pregnancy
- x. Unclosed surgical defect, such as external fixator placement
- y. Requirement for medical devices using AC power