



NMTSC FT. SAM HOUSTON

OMBUDSMAN MONTHLY

newsletter



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THE REAL THREAT OF ISIS

In October 2014, the Facebook account of an Air Force father and his teenage son were targeted by ISIS and besieged with threatening messages. At nearly the same time, ISIS sympathizer also hacked CENTCOM's social media accounts where they posted propaganda, various threats, and even the home or office addresses and emails of retired generals and DoD employees.

As our dependency and use of social media has risen in the last few years, groups like ISIS have also been using it to directly target US military members and their families around the world. Keep using social media to stay in touch with your friends and family, but take special care to **remove the public mention of any military affiliation**, including pictures that show uniforms and specific locations.

As recommended by the DoD, FBI, and DHS, **maximize the privacy settings of your social media accounts** and take extra steps to remove information that could make you or your family a target of groups like ISIS. Remind your family members about the importance of OPSEC to ensure that adversarial groups like ISIS cannot access sensitive information or compromise operations.

Remember to **never post or publicize critical information** such as deployment dates, security processes, or any other information that you would never want a group like ISIS to have in their hands. The threat of ISIS is real!

HOT LINKS !

- [JBSA Force Support Squadron](#)
- [JBSA Community Calendar](#)
- [Military Families in Transition](#)
- [New Spouse Orientation](#)
- [VITA/ELF](#)
- [Military OneSource](#)
- [Military Spouse Employment](#)

HELP FORM A FAMILY READINESS GROUP!

FRGs are an integral part of the military lifestyle since they serve the needs of individuals who share the common experience of military life, including deployments. FRGs perform the following critical functions:

- Prepare family members for deployments and homecoming.
- Provide family support during deployments or during times of personal, unit, or area crises.
- Help families adjust to challenges.
- Welcome/mentor families who are new to the Navy lifestyle.
- Coordinate social events such as holiday celebrations.

When families of service members, especially those who are deployed, know their resources and draw on the strength of new friends, they can enhance their coping skills and reduce deployment anxiety.

View and share the informational links below and encourage your spouse to help start an FRG. With your help, we can strengthen NMTSC and our Navy!

[FRG Handbook](#) and [FRG Instruction](#)

Ombudsman Questions?

Contact John Herman or Grace Foy
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