

Welcome to Naval Health Clinic Lakehurst

Whether you're a new family PCSing to Annapolis and this is your new gaining location and/or recently had a newborn child, we need you to accomplish a few important steps before you enroll into TRICARE PRIME at Naval Health Clinic Lakehurst.

1. Please update your information in the Defense Enrollment Eligibility Reporting System (DEERS). If you are new to the area, you need to update your demographic information in DEERS. If you have a newborn child, you need to add him or her to DEERS. In order to complete this, you have a few options and they are listed below:
 - a. Contact DEERS at 1-800-538-9552
 - b. Register with milConnect @ www.dmdc.osd.mil
 - c. Contact our ID Card facility @ 732-323-4262/4283 to book an appointment

2. Once your information in DEERS has been updated, you'll need to register into the Composite Health Care System (CHCS). CHCS is a Department of Defense (DOD) standard automated system whose purpose is to support the administration and delivery of health care in Military Treatment Facilities (MTF). **Patient Registration** is very important into CHCS because it allows you to make appointments at our clinic. Each MTF must have an appointment system that is responsive to the health care needs of the entire MTF community and by registering into CHCS you will gain access to our appointment availability. Without registering into CHCS, you will not be able make an appointment. In order to make appointments you will need to visit our Patient Administration Department and check in at the Front Desk. This is also where you will turn in your medical records and/or have a new medical record developed in case of a newborn child.

3. Now, that steps 1 and 2 are completed you are ready to enroll into TRICARE PRIME at our clinic. You have a few options and they are as follows:
 - a. Visit www.tricare.mil and go to Enroll or Purchase a Plan
 - b. Select TRICARE PRIME
 - c. Scroll down the webpage and select Beneficiary Web Enrollment website, you must have a Command Access Card (CAC), DFAS (MyPay) Account or DOD Self-Service Logon (DS Logon) account
 - d. Log on and you will be directed to the DEERS Beneficiary Web Enrollment page where you will follow the directions to enroll into TRICARE PRIME at Naval Health Clinic Annapolis.
 - e. If you do not have a CAC card or other above listed account, you can call Health Net Federal Services directly at 1-877-874-2273 for enrollment assistance and in most cases they will enroll you over the phone.

4. Upon checking in to the clinic please remember to enroll in the Relay Health Program by asking one of the clinic staff members about getting signed up. This program will assist you with access to your lab and other test results, as well as questions about general health care concerns. You will have access to the clinic nurse via email for general questions, referral renewals, medication refills, as well nurse triage.

If you have questions regarding any of these procedures, please contact our Heather Stovall at 732-323-7098 and she will go over any concerns you may have. Again, welcome to Naval Health Clinic Lakehurst. We thank you for your service and we thank you for choosing us to deliver your health care needs.

***Please Note: Lakehurst Naval Health Clinic does not see dependents under the age of 16. These beneficiaries may be enrolled to a Network PCM or another MTF that sees pediatrics. Please contact TRICARE at the above number to enroll.