

Disease Management

What is Disease Management?

Disease Management is a systematic approach with the purpose of improving the quality of life for individuals by preventing or minimizing the impact of a disease or chronic condition. It is an approach of enhancing quality of life, postponing the development of complications, and consistently improving health outcomes for all the beneficiary population in the Military Health System.

Who is the Naval Health Clinic Annapolis Case Manager?

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What Does the Disease Manager Do?

- Monitor, track, and increase awareness of diseases targeting Asthma, Diabetes, Breast, Cervical, and Colorectal Cancer Screening.
- Assist in the improvement and development of patient education, patient self-care management tools and other services for individuals with multiple chronic diseases
- Network with the Health Care Team to assist the patient with health care needs
- Improve feedback and reporting to stakeholders, including patients, the healthcare team, and Command leadership on goals achieved and initiatives
- Utilize data systems and established metrics to monitor and track initiatives, prevention efforts and wellness progress
- Assist patients throughout the medical referral process
- Notify and provide information to eligible beneficiaries of health screenings
- Support strategies to promote wellness and reduce preventable diseases among all beneficiaries