Welcome to Naval Hospital Camp Pendleton

Committed to

"Serving Those Who Serve"

Welcome Aboard Package

DEPARTMENT OF THE NAVY
NAVAL HOSPITAL
BOX 555191
CAMP PENDLETON, CA 92055-5191

IN REPLY REFER TO
1700

Welcome to Naval Hospital Camp Pendleton. We received a copy of your permanent change of station orders and are looking forward to you joining our staff. I am confident that you will enjoy your tour here. Your sponsor will assist you in getting settled.

The Naval Hospital and its Branch Health Clinics are located on the Marine Corps Base, with the hospital located near the main gate. The most convenient route for new arrivals is via Interstate 5. You will see directional signs to Camp Pendleton on the Interstate as you approach Oceanside, California. Once aboard Camp Pendleton, proceed through the gate and the hospital is on your right.

Please visit our website at www.cpen.med.navy.mil, which will provide you with all the Welcome Aboard information you will need for a smooth transfer. You will also be receiving a letter from your sponsor, who can assist you with any additional information you may need. In the event you are unable to contact your sponsor; please contact the Command Sponsor Program Coordinator at DSN: 365-1523 or COMM: (760)725-1523, or e-mail: usn.pendleton.navhospcampenca.list.sponsor@mail.mil.

We are looking forward to your arrival and excited for you to join the staff of the Navy's premier teaching hospital! Welcome aboard!

Sincerely,

L. P. MULLIGAN
Captain, Medical Corps
United States Navy
Commanding Officer

Welcome to Naval Hospital Camp Pendleton, I am the Family Readiness Officer (FRO) part of the Family Readiness Command Team that will assist your family.

Led by the Commanding Officer (CO), the Family Readiness Command Team is responsible for providing guidance and support to Sailors and their families in the area of family readiness. Members of the Family Readiness Command Team include: the CO, the Executive Officer, the Command Master Chief, the FRO, the Assistant FRO, the Ombudsman, Family Readiness Assistants and the Chaplain.

The FRO is a special staff officer for the CO who provides oversight and coordination of all aspects of the family readiness program for the Family Readiness Command Team, to include all official communications and events for all members of a Sailors family.

We have many years of military spouse experience and have experienced the ups and downs that come with being part of a Navy family. As a team, we look forward to providing assistance that you might need during your time at the new duty station.

You may contact me through the phone or e-mail, information included below.

Once again, I look forward to meeting you during the command orientation and/or during command functions.

Sincerely,

Raphael Sanchez

Raphael Sanchez
Command Family Readiness Officer
raphael.sanchez.civ@mail.mil
760-719-3101 Office

Ombudsman
760-421-9816 Command Cell

HISTORY OF NAVAL HOSPITAL CAMP PENDLETON

In March 1942, the Secretary of the Navy approved the purchase of Santa Margarita Ranch to be used as a Marine Corps Training Center. Marine Corps Base, Camp Pendleton is the Corps largest amphibious training base, occupying over 125,000 acres. The base is surrounded by the cities of San Clemente to the north, Oceanside to the south and Fallbrook to the east.

In 1942, Naval Hospital, Santa Margarita was built on the western shore of Lake O'Neill. The hospital served as the regional medical center for active duty personnel onboard Camp Pendleton. The original hospital consisted of 86 temporary, wood frame buildings, with a bed capacity of 600. The buildings were connected by a network of corridors, forming an H-Shaped complex. Distances between buildings were so great that Doctors, Nurses, and Corpsmen utilized bicycles to make rounds.

In August 1967, the Commandant of the Marine Corps authorized 90 acres of land to be utilized for the construction of a new, modern hospital complex. In May 1971, ground was broken and construction of the new hospital began. The first building to be completed and occupied in the complex was the Bachelor Enlisted Quarters (BEQ). The BEQ was named after HM2 Ray Hall. HM2 Hall was a Medal of Honor recipient who died protecting his patient from a grenade blast in Vietnam.

On December 16, 1974, Naval Regional Medical Center, Camp Pendleton was dedicated & received its first patient. The old hospital was subsequently demolished after serving for more than 30 years. Naval Hospital Camp Pendleton is a medium-sized treatment facility consisting of eight floors in height with a sunken ground level. The hospital has the capacity to expand to approximately 118 beds in a contingency setting. The hospital is fully accredited by The Joint Commission on Accreditation of Healthcare Organizations (JC) and is a member of Tricare.

On March 19, 2009, construction of a new Navy hospital for Marine Corps Base Camp Pendleton was approved by the American Recovery and Reinvestment Act (ARRA) of 2009. The replacement of Naval Hospital Camp Pendleton was the largest American Recovery and Reinvestment Act project in the Department of the Navy. The replacement hospital is a 500,000-square-foot, four story building which started seeing patients during a two week transition from December 2-15, 2013. A Dedication/Ribbon Cutting Ceremony was held January 31, 2014 to officially open the facility.

The new multi-story replacement Naval Hospital is located on the South Mesa portion of the base in the vicinity of the Oceanside gate, Commissary and Exchange complex to allow easy access for patients. It provides the latest in inpatient and outpatient technology, and has the ability to remain fully operational after an earthquake.

WELCOME ABOARD TO THE WORLD'S FINEST NAVAL HOSPITAL

Congratulations on your orders to Naval Hospital Camp Pendleton located in beautiful Southern California!

We are pleased to present you with this Welcome Aboard Package to help with your transition to Naval Hospital Camp Pendleton in Oceanside, California. This package will introduce you to our command and brief you on the check-in process. You will join a distinguished and dedicated staff of Civilian and Military members who proudly serve the Nation every day by offering world class health care and advanced medical education to Active Duty and Retired members of all services and their dependents. We are happy to have you onboard and hope that every day you are inspired to serve at your fullest potential.

The Commanding Officer of Naval Hospital Camp Pendleton takes great pride in sharing with you the professional qualifications of the credentialed providers who deliver quality medical care to each of you and your families. Over 90% of our medical staff are board certified in their specialty as compared to only 82% of their civilian counter parts.

Naval Hospital Camp Pendleton is a 42 bed facility, overlooking the Pacific Ocean and is located approximately 1/2 mile from the main gate at Marine Corps Base, Camp Pendleton, California. The Base is located approximately 35 miles North of San Diego and 100 miles South of Los Angeles. We are a large base comprising of approximately 250 square miles of breathtaking scenery, abundant plant and wildlife, and a wide assortment of places to go and things to do.

We look forward to assisting you in your new Command and duty assignment!

Before you travel

Plan Your Move Wisely

Request a sponsor. You may e-mail usn.pendleton.navhospcampenca.list.sponsor@mail.mil or contact the Naval Hospital Camp Pendleton Command Sponsor Coordinator at (760)719- 3297 DSN 365-3297.

Important Telephone Numbers. Gather important telephone numbers that will be needed at your next duty station, such as your sponsor's Home/Work Number, Base information, etc.

Household Goods. Call the household goods office from your base for an appointment with a counselor to arrange for shipment of personal property.

Housing. Notify your landlord, rental agent or Housing Office of your move due to Permanent Change of Station (PCS). You may have to provide them a copy of your orders as a notification and to be eligible for the military clause in your lease.

Plan Ahead. Begin a calendar for your move. Set timelines to help you organize your things. Include items to remember: housing availability, school records of children, ID cards, change of address card, temporary lodging, etc.

Budgeting. Start budgeting for your move. Call your Finance Office or Personnel Service Detachment (PSD) to discuss your travel pay options.

Travel Arrangements. If you will be traveling by plane, train or automobile, make travel arrangements to include: dates, time of departures, auto-map, trip-tickets, etc.

This is, by no means, everything that you will have to remember, this just gives you a helping start.

Important Documents/Hand Carry

Carry your important papers (orders, ID cards, passports, traveler's checks, medical and dental records, service records, etc.) with you. Do not pack any of your important papers in your luggage or household goods.

Your New Command Address:

Naval Hospital Camp Pendleton

Attn: Rank and Full name

Box 555191

Camp Pendleton, CA 92055-5191

Quarterdeck phone: (760)725-1288/1289/1290

Directions to Naval Hospital Camp Pendleton from San Diego and Areas North and East of Camp Pendleton

Take Interstate 5 to the Camp Pendleton exit. After passing through the main gate of the Base, continue on Vandegrift Blvd. for 0.6 miles. Hospital is located on the right side of the road.

Traveling from San Diego International Airport to/from Camp Pendleton

San Diego Express Shuttle

24-hour service, 7 days a week, for more information call 1-800-900-RIDE (7433).

Amtrak Rail

1-800-872-7245 (Recording) Take local bus to Amtrak Station. The price is approximately $14.00 one way to or from Oceanside; $23.40 round trip including 10% military discount (prices may fluctuate depending on season).

United Service Organization (USO)

The USO is located in Terminal #2 of the San Diego Airport and is open from 0600

– 0000, 365 days a year. The USO is a non-profit, civilian operated organization with tremendous support and operates worldwide in more than 160 locations. The facility boasts of a television lounge and sitting area, video games, movies, transportation assistance (referral to shuttle services to Camp Pendleton), and directions as well as free coffee and refreshments. The USO assists with the transportation from the Airport to anywhere in Camp Pendleton. From Airport, pick up is at USO (Terminal #2) approximately $20.00 one way to anywhere aboard the base. Six pick up times Monday thru Sunday: 1000, 1200, 1600, 1930, 2300, 0030(Outside of USO) for more information call (619)296- 3192.

Traveling from Los Angeles International Airport to/from Camp Pendleton

Greyhound Bus Lines

Greyhound does not go directly to the airport from Oceanside. For Greyhound schedule call (213)629-8401 (Los Angeles), (760)722-1587 (Oceanside), (619)515-1100 (San Diego). To talk to a Greyhound representative call 1-800-231-2222.

Express Shuttle

From Los Angeles International Airport to the Greyhound Bus terminal in downtown Los Angeles. Tickets may be purchased from the Greyhound Bus terminal.

United Service Organization (USO)

The LAX USO offers information and referral services to active duty personnel, their family members and retirees. They have specific information on the times of day the buses and trains run to Camp Pendleton. For more information on services provided by LAX USO call (310) 645-3716.

Check-in Procedures

1. You must be in appropriate Dress Uniform.
2. If you arrive to Naval Hospital Camp Pendleton (NHCP) during normal business hours, Monday-Friday, 0730-1600, report to the NHCP Quarterdeck (760)725-1288/1289/1290), 1st floor lobby, to have your orders endorsed. Then proceed to Human Resources

Department, Room, 4th floor for further check-in procedures.

3. If you arrive on a weekend, holiday or after normal business hours, report to the NHCP Quarterdeck to have your orders endorsed and report to Human Resources Department on the next business day.
4. Ensure your ORIGINAL COPY set of orders are stamped by the NHCP Quarterdeck staff.
5. Please bring your military I.D. and your Medical and Dental record when reporting to Human Resources Department.

Command Orientation

You will be signed-up for Command Orientation through Staff Education and Training upon your check-in.

Registering Vehicles on Base

The base decal/pass is registered specifically to you for the specific vehicle reported and may not be given, sold, transferred, or placed on another vehicle. If lost, stolen, or mutilated, you must immediately report such incident to the Base Decal office.

Base decals are affixed to the lower left corner (driver's side, lower 5 inches) of the windshield so as not to interfere with vision. To obtain a base decal you must go to the Joint Reception Center (JRC) Bldg 130132. You must have a valid driver license, current vehicle registration, proof of insurance, and smog test (if vehicle is registered out-of-state).

Motorcycles

Motorcycles

All Navy personnel that currently own or plan to own a motorcycle are required to report to the Command Motorcycle Safety Representative (MSR) during the check-in process.

Navy personnel wishing to ride a motorcycle either on or off base must have the following prior to operation:

- Valid motorcycle license or permit
- Valid state registration
- Valid insurance
- Proper Personal Protective Equipment (PPE) including DOT approved helmet, eye protection, sturdy over-the-ankle footwear, full-fingered gloves, long sleeves and long pants - Applicable safety training course(s)

For more information about motorcycle safety and requirements, please contact the Naval Hospital Camp Pendleton Safety Office at 760-725-1486 or the Base Motorcycle Safety Center at 760-725-2897.

Temporary Lodging

All personnel checking into Camp Pendleton are advised to make reservations for Temporary Lodging and/or Billeting up to 1 year in advance due to the large number of personnel incoming to and outgoing from Camp Pendleton. The summer months are extremely busy for PCS moves, so PLAN AHEAD! Temporary lodging expenses (TLE) at origin and destination are reimbursable for a total of 10 days. The base Ward Lodging will accept reservations up to a year in advance.

South Mesa Lodge.

All rooms have ocean views, next to the South Mesa Club. For reservations, call (760)763-7805/7806

Ward Lodging.

Bldg 1310, near Mainside Center & 13 area swimming pool. For reservations, call (760)725-5304

Del Mar Beach Cottages/Campsite.

For more information, call (760)725-2134/2313.

San Onofre Beach Cottages/Campsite.

For more information, call (760)763-SURF/SAND.

Lake O'Neill.

Recreational site to include RV/Tent Camping, walking distance from the Naval Hospital Camp Pendleton. For more information, call (760)725- 5611.

For off-base temporary lodging information, you may visit the official website of the Oceanside California Visitor Center, http://www.visitoceanside.org/Hotels-Oceanside- California.shtml, majority of the surrounding hotels and resorts offers military discounts.

If lodging on base is not available you must obtain a non-availability statement, from the Ward Lodging facility, which you submit when you file your travel claim. Reimbursement for off-base lodging may not exceed $142.00 per night (lodging ceiling is subject to change) in the San Diego

County area. For the updated Per Diem Rates, visit

http://www.defensetravel.dod.mil/site/perdiemCalc.cfm.

Relocation

To assist with your relocation, you may contact your local Relocation Assistance office for more specific guidance or the MCB Camp Pendleton Relocation Office at (760)725-5704/3802. You may also visit the following DoD websites:

http://www.militaryhomefront.dod.mil/moving - The "Plan my Move" feature provides Topic Narratives and Booklet Print Option. http://www.militaryonesource.com – Military OneSource: 1-800-342-9647, available 24/7

Rental and Housing Options

-Government Housing

Nearly 6,880 housing units are available for Camp Pendleton personnel. You may contact the Camp Pendleton Family Housing Office at (760)725-5995, DSN 365-5995 or e-mail pndlfamilyhousing@usmc.mil to receive more information in regards to the government housing. Waiting periods range from 1-16 months and may vary according to rank, family size and area requirements. Normally, personnel who wish to live in off- base housing will be permitted to do so. Service members enrolled in the Exceptional Family Member Program (EFMP) requesting priority housing are encouraged to contact the housing office. Per the MCO 1754.4A, all service members who have assigned category IV or V based on the needs of their exceptional family member are provided priority housing.

-Non-government Housing

The *Housing Referral Office (HRO)* is your contact for any problems you may encounter such as discrimination complaints, tenant/landlord disputes, or any questions or problems that pertains to off-base housing. They can also provide you a list of rentals with corresponding locator maps and give you information regarding the communities in which the rentals are located. All renters should carry renters insurance against fire, theft and other damages. The property owner's insurance will cover the property but not the renters' personal property. Also, you should ask about the Rental Partnership Program if planning to rent an apartment. Phone: (760)725-5995.

-DoD Automated Housing Referral Network (AHRN) – Visit www.ahrn.com or ask your local housing office to learn about this DoD program that is currently available for most installations. The program allows military members and families to:

Search listings and pictures of available rentals near military installations

Find out about shared rentals

List their own properties for rent to other military families

List their homes for sale by owner (FSBO) to other military members

Contact installation housing offices

-Rental/Purchase Options

Unfurnished apartments in the surrounding cities average $850-$1100 for a one- bedroom unit, $1250-$1400 for a two-bedroom unit, and $1350 plus above for a 3- bedroom place. Security deposits often equal one month's rent. Individual family home rentals average $1700-$2500 per month. A recent survey has revealed that the average cost of a single family home in San Diego County ranges from $500,000- $750,000.

Household Goods

-Arranging Household Goods Shipments

Set up an appointment with your transportation office as soon as you have a copy of your PCS orders. The earlier you call or visit your transportation office, the greater your chances of moving on the date you desire. The counselors will explain all your PCS move entitlements in detail. Your first decision is whether to have the government move you or whether to move yourself. There are pros and cons to each type of move. Your counselor will answer all of your questions. If you choose a government move, they will book your shipment and let you know the exact dates the movers will come. If you choose to move yourself, the counselor can assist with recommendation and tips how to do a personal move.

-Delivery of Household Goods Shipment

It is your responsibility to contact the transportation office as soon as you arrive at your new duty station. Let them know how you can be contacted, phone, mobile phone and e-mail. If you

already have new quarters, they will help arrange delivery of your personal property shipments. Otherwise they will arrange for temporary storage until you have permanent housing.

-MCB Camp Pendleton Household Goods/Transportation Office (inbound): Phone (760)725-8177 (DSN) 365-8177 Fax (760)725-8765

Household Goods – Shipping Pets

Pet Vaccinations

The California Department of Health Services requires all dogs over four months old to have a certificate of current rabies vaccination stating the type, manufacturer and lot number of rabies vaccine used and date of administration. All cities and counties in California have dog control ordinances. It is strongly recommended that cats be rabies immunized, especially if they have access to outdoors. Cats, pet birds and pet rabbits must be healthy on admittance into the state. Parakeets may not be brought into the state for the purpose of sale. Pet ferrets are prohibited in California.

Prohibited Dog Breeds

Pit Bulls, Rottweiler's, candid/wolf hybrids, or any canine breed with dominant traits of aggression present an unreasonable risk to the health and safety of personnel in family housing areas. Consequently, full or mixed breeds of Pit Bulls, Rottweiler's and candid/wolf hybrids are prohibited aboard Marine Corps installations. In the absence of formal breed identification (e.g., certification by a civilian organization such as the American Kennel Club) a determination of "majority breed" will be made by a Veterinary Corps Officer (VCO) or a civilian veterinarian.

Pet Licensing

If moving/living on base, you have 30 days to register your pet. Registration fee for one year is $10.00, $15.00 for two years, and $20.00 for three years for all altered pets. For all unaltered pets registration fees are: $25.00 per year, $40.00 for two years, and $50.00 for three years. Temporary tags are $5.00 each for all pets (valid for six months). Unaltered cats must remain indoors. When walking dogs, a leash is mandatory. Personnel living off base must register their pets (dogs and cats) with the local Humane Society.

Base Veterinary Services: Phone (760)725-3439

California Pet Laws

For San Diego County pet laws, visit http://www.sddac.com. For

Orange County pet laws, visit

http://egov.ocgov.com/ocgov/Info%20OC/Departments%20&%20Agencies/OC%20Animal%20Care

For all other counties, please contact your animal care provider for pet licensing

information.

Education

To help you find the right school for your children, you may contact the School Liaison Officer at (760)763-7385/7386/7387 for more information.

For on/off base colleges for you or your dependent(s), you may contact the Joint Education Center at (760)725-6660/6414. They offer a full-range of testing program, such as the Defense Activity for Non-Traditional Education Support (DANTES) Program, College Level Examination Program (CLEP), ACT, and SAT certification examinations.

For spouse education, training and careers, contact the Family Member Employment Assistance Program at (760)725-4737 DSN (312)365-4737. The Career Advancement Accounts (CAA) is being offered to qualifying spouses of active duty service members. It is a program to help military spouses fund their education. The Department of Labor and Defense (DoL) and (DoD) have teamed up to help spouses gain training in fields that have high demand, easily transferable employment opportunities. The program provides qualified spouses with up to $3,000 per year for two years to help pay for education in five specific job-related fields: Education, Information Technology, Health care, Financial Services, and Skilled Trades. Call Military OneSource at 1-800-342-9647 for more information.

Employment Opportunities

Spouses and family members may gain employment both on and off base. You may contact MCCS One Source at 1-800-433-6868 or visit http://www.mccscp.com/ for

more information. For employment aboard the Naval Hospital Camp Pendleton, contact the Human Resources Office at (760)725-1279/0082 or visit https://cpen.med.navy.mil/.

Child Care

-Eligibility

In order for children to be enrolled in any of the Child Development Centers onboard Camp Pendleton, they must have all required immunizations up to date and have all the necessary paper work completed and on file at the center.

-Cost

There is an annual registration fee of $50.00 per child. Camp Pendleton CDCs prorate payments to the 1st and 15th of the month. Weekly fees for full-time care are based on 12 hours of care per day. Fees include walking children to and from school and are based on total family income. You may contact the Resource and Referral Office at (760)725-9723 or visit http://www.mccscp.com/familycare

Exceptional Family Member Program

The Exceptional family Member Program (EFMP) is mandatory for all family members who have been identified with a special medical or educational need. Enrolling in the EFMP ensures that the family member's medical needs will be considered during the assignment coordination process. You may contact (760)725-5363 or visit http://www.mccscp.com/home/Family-Services/efmp.aspx. For the Naval Hospital Camp Pendleton EFMP representative, contact (760)719-3356.

Command Family Readiness/Ombudsman/Command Support Team

Family Readiness Officers

Your Command Family Readiness Program Will:

• Communicate official Command information

• Facilitate two-way communications between the Command, Sailors, and families

• Provide information through resource referrals

• Provide readiness and deployment support to all members of a Sailors' family, those that they were born into, sworn into and married into.

Command Family Readiness Components and Functions Consist Of:

Family Readiness Command Team

Led by the Commanding Officer (CO), the Family Readiness Command Team is responsible for providing

guidance and support to Sailors and their families in the area of family readiness. Members of the Family Readiness Command Team include: the CO, the Executive Officer (XO), the Command Master Chief (CMDCM), the Family Readiness Officer (FRO), the Assistant Family Readiness Officer, the Ombudsman, Family Readiness Assistants and the Chaplain.

Family Readiness Officer (FRO): The Family Readiness Officer is a special staff officer for the Commanding Officer who provides oversight and coordination of all aspects of the family readiness program for the Family Readiness Command Team, to include all official communications and events for all members of a Sailors family.

Assistant Family Readiness Officer: Assists the FRO in carrying out the Command's family readiness mission. The Assistant FRO acts as the FRO during periods of absence, leave or TAD of the actual FRO.

The Command Ombudsman is the spouse of an enlisted or officer of the Command who provides insight from the families to the Family Readiness Command Team regarding the effectiveness of the overall Command Family Readiness Program.

Family Readiness Assistants are members of the Command, designated per Directorate, who assists the FRO in the execution of the Command Family Readiness Program, and provides information and referral services, and feedback from unit families.

Serve as the primary communications link between the families and the command, and the channel of official information from the command to the families. Disseminate timely and critical information, regularly, via telephone and e-mail. Supply information about and referrals to military and civilian support organizations like, Fleet and Family Support Centers, American Red Cross, Navy and Marine Corps Relief Society, Chaplains, medical facilities, and legal assistance offices. These organizations are valuable resources in obtaining assistance for command family members. Provide support to family members seeking professional assistance and refer them for counseling. Family Readiness Officers, in their official role, are not counselors or social workers. They act as an advocate for the command families by using knowledge of the system, help access the appropriate level of the chain of command for intervention, and forward suitable requests or grievances while

exercising confidentiality.

Support command-sponsored groups and activities and advertise support group

activities, as permitted by the command. You can contact a CST member by phone or e-mail utilizing the

information below. A CST representative will generally get back to you by the next business day.

Command Support Team Contact Information

Command Family Readiness Officer:
Mr. Raphael Sanchez; raphael.sanchez.civ@mail.mil; **(760) 719 3101**

Command Assistant Family Readiness Officer:
LT Keiza Edmonson; keiza.s.edmonson.mil@mail.mil; **(760) 725-1442**

Ombudsman Cell (760) 421 9816

Other Resources

Naval Hospital Camp Pendleton: https://cpen.med.navy.mil/. Military

Homefront: http://www.militaryhomefront.dod.mil/

Military OneSource: 1-800-342-9647 or visit http://www.militaryonesource.com/ Camp Pendleton

Marine Corps Community Services: http://www.mccscp.com/ Travel With Kids:

www.travelwithkids.com

Military Teens on the Move: www.dod.mil/mtom

PCS America: www.pcsamerica.net

Information about the local area

City of Oceanside: www.ci.oceanside.ca.us

City of San Diego: www.sandiegan.com; www.sdinsider.com

North County San Diego: www.sandiegonorth.com; www.nctimes.com

Information about apartments and housing

www.apartmentguide.com

www.springstreet.com www.ahrn.com

Job information

www.usajobs.opm.gov www.caljobs.ca.gov

https://chart.donhr.navy.mil/index.asp

www.spb.ca.gov

www.hotjobs.com www.edd.cahwnet.gov

www.dol.gov/vets/welcome.html www.ajb.dni.us

Financial information

www.experian.com www.equifax.com

www.transunion.com www.navyfcu.org

www.nmcrs.org/budg-couns.html www.dfas.mil

www.militarymoney.com www.tsp.gov

Local schools

Oceanside Unified School District: www.oside.k12.ca.us Carlsbad Unified

School District: www.carlsbadusd.k12.ca.us Escondido Union School

District: www.eusd4kids.org

San Marcos Unified School District: www.smusd.org

Temecula Valley Unified School District: www.tvusd.k12.ca.us

Vista Unified School District: www.vusd.k12.ca.us

Fallbrook Union Elementary School District: www.fuesd.k12.ca.us

Fallbrook Union High School District: www.fuhsd.net

Murrieta Unified School District: www.murrieta.k12.ca.us

Local colleges

California State University San Marcos: www.csusm.edu

Central Michigan University: www.cmich.edu

Central Texas College: www.ctcd.edu

Embry Riddle Aeronautical College: www.embryriddle.edu

National University: www.nu.edu

Park University: www.park.edu

San Diego State University: www.sdsu.edu University of California,

San Diego: www.ucsd.edu Palomar Community College:

www.palomar.edu

Mira Costa Community College: www.miracosta.edu

Fun in the Sun

www.mwrtoday.com
www.sandiegorestaurants.com
www.sandiegoreader.com www.localhikes.com
www.theglobe.com www.signonsandiego.com
www.sandiego.about.com www.sandiego.org
www.sandiego.gov www.balboapark.org

We hope you find all this information more than helpful during your relocation to Camp Pendleton. We look forward to your arrival. If you have any further questions, please feel free to contact the Naval Hospital Camp Pendleton Command Sponsor Coordinator at (760)719-3297 DSN 365-3297 or e-mail:

usn.pendleton.navhospcampenca.list.sponsor@mail.mil.

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To Train, to Deploy and
to Deliver Quality Health Care