

Herbal Smoking Blends: Spice *etc.* Defined

- **Mixtures of medicinal herbs sold as incense**
- **Smoked for marijuana-like effects (physical & mental)**
- **“High” can reportedly last up to 12 hours**
- **Effects include impairment of coordination & memory**
- **Many different ‘brands’ of these blends are marketed**
 - **Spice, Spice Gold, Dream, Genie, Spike, Chronic *etc.***
 - **Different ‘brands’ shown to contain different types of synthetic cannabinoids (marijuana-like compounds)**
 - **Due to nature and number of these compounds, not currently included in the DoD drug testing panel**

Herbal Smoking Blends: What Can Be Done

- **Armed Forces Medical Examiner System (AFMES) accepting urine and seized materials for research purposes only**
- **The “moving” target – underground chemists can & will continue to design new synthetics to:**
 - **Optimize mental & physical effects**
 - **Improve market by advertising lack of detectability**
- **OPNAVINST 5350.4D / SECNAVINST 5300.28D:**
 - **Prohibits use of controlled substance analogues, such as designer drugs, and includes consumption of substances for other than their intended use (intoxication / stupefaction) administrative actions**
 - **Violators subject to UCMJ Article 92 and adverse**