

Ship Shape



Weight Management Class

All Aboard!

It's time to get on board with your weight loss goals. Join us for an eight week, comprehensive, weight management program, guaranteed to set your course for a healthier you!



Where:

Support Site & Capodichino locations

When:

New sessions starting soon, call now to sign up.

Call Health Promotions at 629-6315/6445 to sign up today!

