



# GENERAL MILITARY TRAINING

The following presentations are available from the Health Promotions Department to aid in providing health related education to members of your command:

- Alcohol and Drug Abuse Awareness
- Injury Prevention
- Nutrition Management
- Physical Fitness
- Sexual Health Awareness
- Stress Management
- Suicide Awareness

Contact the Health Promotions Department and we will be happy to assist you in planning and promoting these very important and informative presentations.

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