DEPARTMENT OF THE NAVY
COMMANDER
NAVY REGION MID-ATLANTIC
1510 GILBERT STREET
NORFOLK VA 23511-2737

IN REPLY REFER TO:
COMNAVREGMIDLANTINST 1020.1E
008
23 AUG 2012

COMNAVREG MIDLANT INSTRUCTION 1020.1E

From: Commander, Navy Region Mid-Atlantic

Subj: UNIFORM POLICY AND REGULATIONS

Ref: (a) U.S. Navy Uniform Regulations, NAVPERS 15665I
(b) OPNAVINST 5100.12J
(c) NAVADMIN 366/11
(d) NAVADMIN 164/12

Encl: (1) Seasonal Chart - Basic Navy Uniforms
(2) Summer/Winter Uniform Shift Dates for Region States
(3) Guidance for Military Attire
(4) Guidance for Civilian Attire
(5) Guidance for Commuting in Uniform

1. Purpose. To prescribe Navy uniforms and promulgate uniform policy and regulations for Navy personnel ashore in the Commander, Navy Region Mid-Atlantic (COMNAVREG MIDLANT) area of responsibility (AOR), per references (a) - (d). This instruction is a general regulation. Violation is punishable under Article 92 of the Uniform Code of Military Justice (UCMJ).

2. Cancellation. COMNAVREGMIDLANTINST 1020.1D. This revision has been updated throughout and must be read in its entirety.

3. Background. Reference (a) is the basic directive governing the wearing of uniforms and civilian attire by Navy personnel. Commander, Navy Region Mid-Atlantic is responsible for prescribing uniforms for the season, day, or special occasions, which provide the greatest uniformity of appearance. As Regional Area Coordinator, COMNAVREG MIDLANT is assigned responsibility for controlling uniforms and the appearance of Navy personnel ashore within the states of Connecticut; Delaware; Maine; Maryland; Massachusetts; New Hampshire; New Jersey; New York; North Carolina; Pennsylvania; Rhode Island; Vermont; Virginia (less the Northern Virginia Area assigned to Commandant, Naval District (COMNAVDIST), Washington, DC); and West Virginia.

4. Information

a. Enclosure (1) provides a seasonal chart of Navy uniforms for summer and winter within the COMNAVREG MIDLANT AOR.

b. Enclosure (2) provides dates for seasonal uniform shifts for zones within the COMNAVREG MIDLANT AOR.

c. Enclosures (3) and (4) provide guidance in defining the proper wearing of military uniform and civilian attire for military personnel within the COMNAVREG MIDLANT AOR.

d. Enclosure (5) provides guidance for wear of working uniforms while commuting to and from work.

e. The senior naval officer assigned to a joint command within the AOR may prescribe the appropriate uniform for attached naval personnel using Table 6-6-1 (Table of Service Equivalent Uniforms) of reference (a).

f. Head gear, outerwear, footwear, and uniforms accessories in enclosure (1) shall be in accordance with reference (a).

5. General Regulations. As described in reference (a) and this directive, military personnel within the COMNAVREG MIDLANT AOR shall be in an authorized uniform or appropriate civilian attire and be neatly groomed. Retirees and dependents, when on board a military installation, shall present a socially acceptable appearance.

6. Action. Commanders, Commanding Officers (CO), and Officers In Charge (OIC) shall ensure compliance with uniform regulations and grooming standards as set forth in reference (a) and this directive. Pride in appearance is the mark of a responsible military member and a prime indicator of morale and discipline in a command.

7. Reference (a), in its entirety, may be found at: http://www.public.navy.mil/BUPERS-NPC/SUPPORT/UNIFORMS/Pages/default2.aspx.

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Distribution: Electronic only, via CNIC G2 Portal/Organization/ Mid-Atlantic Web site: https://g2.cnic.navy.mil/CNRMA/

DEFINITIONS

P = Prescribed Uniform - Prescribed for purposes of uniformity.

A = Alternate Uniform - Authorized in lieu of the prescribed uniform.

O = Optional Uniform - A uniform which is authorized but cannot be prescribed because it is not required by all personnel.

X = Working Uniform - Prescribed by competent authority for personnel engaged in work in administrative or non-administrative activity.

AUTHORIZED UNIFORMS

UNIFORM OF THE DAY

Officers and CPOs	Summer	Winter	Notes
Service Dress Blue	A	P	
Service Dress White	P		
Summer White	A		
Service Khaki	A	A	1/13
Enlisted E-1 - E-6			
Service Dress Blue	A	P	
Service Dress White	P		
Service Uniform (SU)	A	A	8

WORKING UNIFORMS

Officers and CPOs	Summer	Winter	Notes
Camouflage Utilities	X	X	2
Coveralls	O	O	3
Navy Working Uniform (NWU)	X	X	9
Flight Suits	X	X	14

Enlisted E-1 - E-6	Summer	Winter	Notes
Camouflage Utilities	X	X	2
Coveralls	O	O	3
Navy Working Uniform (NWU)	X	X	9
Flight Suits	X	X	14

Physical Training Uniform (PTU)

PT Shirt (short or long sleeve)	X	X	10/11
PT Shorts	X	X	10/11
PT Sweatshirt (w/Navy Logo)	X	X	10/11
PT Sweatpants (w/Navy Logo)	X	X	10/11

EVENING OFFICIAL (PROTOCOL) AND SOCIAL OCCASIONS

Male and Female Officers (0-4 and above)	Summer	Winter	Notes
Formal Dress (white tie) (male only)	P/O	P/O	4
Dinner Dress Blue Jacket		P	
Dinner Dress White Jacket	P		

Male and Female Officers (0-3 and below)	Summer	Winter	Notes
Formal Dress (white tie)	O		4
Dinner Dress Blue Jacket		O	5
Dinner Dress White Jacket	O		5
Dinner Dress Blue		P	5
Dinner Dress White	P		5

Male and Female Enlisted	Summer	Winter	Notes
Dinner Dress Blue Jacket		O	5
Dinner Dress White Jacket	O		5

Male and Female Enlisted	Summer	Winter	Notes
Dinner Dress Blue		P	6
Dinner Dress White	P		6

FORMAL MILITARY CEREMONIES

Officers and CPOs	Summer	Winter	Notes
Participants			
Full Dress Blue		P	7/12
Full Dress White	P		7/12
Non-Participants/Guests			
Service Dress Blue		P	7
Service Dress White	P		7
Summer White	A		

Enlisted E-1 - E-6	Summer	Winter	Notes
Participants			
Full Dress Blue		P	7
Full Dress White	P		7
Non-Participants/Guests			
Service Dress Blue		P	7
Service Dress White	P		7

NOTES

1. Worn in summer/winter for office work, watchstanding, liberty, or business ashore when prescribed as uniform of the day.

2. Limited to those authorized in Article 6802 of reference (a).

3. Navy Blue Coverall: The Navy blue coverall occasion for wear shall be limited to an underway uniform (i.e., from stationing and securing the sea and anchor detail/maneuvering Watch when leaving and entering port, respectively). Commanding Officers can authorize the wear of Navy blue coveralls ashore in environments that place an excessive amount of wear on working

uniforms. This policy does not alleviate the command's responsibility to procure coveralls for work in areas that are likely to permanently soil or prematurely destroy the uniform. The blue 100 percent cotton T-shirt (the T-shirt authorized for wear with the NWU) replaces the white T-shirt as the only authorized T-shirt worn with Navy blue coveralls.

4. Required for captains, flag officers, and other officers assigned to duty where required by protocol; otherwise, optional for all officers.

5. Dinner Dress Blue/White Jacket not required for Lieutenant and below (including enlisted), but may be purchased by all hands and worn at the individual's option. Dinner Dress Blue/White may be required in lieu of Formal and Dinner Dress Jacket Uniforms.

6. Jumper-style uniforms may be worn with miniature or large medals to form Dinner Dress Blue/White or Full Dress Blue/White.

7. Additional uniform items that are authorized for female Officers/CPO/E-1 - E-6: Slacks belted and unbelted.

8. The Service Uniform (SU) is intended for year-round wear and replaces the summer white and winter blue uniform. The SU is authorized to be worn for office work, watchstanding, liberty, or business ashore when prescribed as the uniform of the day.

9. The Navy Working Uniform (NWU) is intended for year-round wear, and shall be the standard working uniform ashore. The NWU is designed to accommodate male and female Sailors and to fulfill multi-functional/geographical uniform requirements at sea and ashore. It is also designed to minimize the requirement for various cold-weather gear, and to accommodate the personnel armor system for ground troops (PASGT). Appropriate authority may prescribe PASGT items for wear with the NWU. The term "appropriate authority" refers to Commanders, COs, and OICs. The NWU is designed to be worn in environments (at sea and ashore) that do not require special clothing (e.g., flight, flight deck, engine room, etc.). See enclosure (5) for additional manner of wearing guidance.

10. PTU Clothing. The only authorized exception to mandatory wear for group PT will be the authorization of a special T-shirt

for Chief Petty Officers and Chief Petty Officer Selectees, as directed by the master chief petty officer of the Navy.

11. The Navy blue sweat pants and shirt, with or without hood, displaying the Navy logo, and the uniform issued in basic training is currently the only winter option for unit/group physical training.

12. Refer to reference (a) for chief petty officer cutlass design and approved wear. http://www.public.navy.mil/BUPERS-NPC/SUPPORT/UNIFORMS/Pages/default2.aspx.

13. Refer to reference (a) for khaki overblouse for female officers and CPOs for authorized wear. http://www.public.navy.mil/BUPERS-NPC/SUPPORT/UNIFORMS/Pages/default2.aspx

14. The wear of flight suits is aligned with the NWU occasion for wear policies per reference (c), paragraphs 3 and 4. This policy applies to one-piece flight suits only.

a. Green flight suits will be the primary flight suit worn in CONUS.

b. Tan flight suits will only be worn in CONUS in hot weather environments (Fallon, EL Centro, China Lake, Lemoore, ETC.), as authorized by the TYCOM.

c. Manner of wear.

(1) Green flight suits will be worn with either black or NWU type I blue undershirts with the exception of Blue Angels (retain signature blue flight suits/yellow undershirt) and Naval Strike and Air Warfare Center (NSAWC) (retain light blue undershirt). Undershirts shall be 100 percent cotton, crew neck and plain front.

(2) Tan flight suits will be worn with brown, 100 percent cotton undershirts. Undershirts shall be crew neck and plain front.

(3) Flight suits insignia/patches. Insignia/patches shall be worn on flight suits as follows: The US flag patch shall be worn on the left arm shoulder approximately 1 inch below the seam. A weapons school patch (if authorized) shall be worn on the right shoulder only, approximately 1 inch below the seam and officer rank on the shoulders. Enlisted personnel do

not wear rank insignia on flight suits, but rank shall be indicated on the required nametag.

(4) Outer wear: Brown leather jacket. Green nomex jackets are only authorized on base and afloat.

(5) Head gear: Khaki garrison cap for officers and chiefs, black garrison cap for E1-E6. Ballcaps are not authorized for off-base wear.

(3) Since flight suits are not a liberty uniform, consumption of alcohol while off-base is not permitted.

Summer/Winter Uniform Shift Dates for COMNAVREG MIDLANT States

1. Due to the large area of the Mid-Atlantic Region, two zones have been established for the Summer and Winter Uniform Shifts. The zones are defined as follows:

a. Zone 1: Includes the states of North Carolina and Virginia.

b. Zone 2: Includes the states of Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, and West Virginia.

2. Summer Uniform Shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change to the summer uniforms at time 0001 the second Monday of the month of April.

b. Zone 2: Will change to the summer uniforms at time 0001 the last Monday of the month of April.

3. Winter Uniform Shift for the Mid-Atlantic Region will take effect as follows:

a. Zone 1: Will change to the winter uniforms at time 0001 the third Monday of the month of October.

b. Zone 2: Will change to the winter uniforms at time 0001 the first Monday of the month of October.

Note: See enclosure (1) for identification of primary, alternate, and optional uniforms for each season.

GUIDANCE FOR MILITARY ATTIRE

1. General Regulations for Wearing of Uniforms

a. The uniform of the day will be worn when personnel are not required to be in a working uniform. The uniform of the day is prescribed for watchstanding, liberty, and normal conduct of business off of military installations ashore. Whenever possible, personnel will be in the same uniform for purposes of consistency in appearance.

b. Service Dress uniforms, as appropriate for the season, are to be worn at all official functions where Formal Dress or Full Dress uniforms are not prescribed and the civilian equivalent is coat and tie.

c. Female personnel are authorized to wear slacks, belted or unbelted. Reference (a) specifies proper component match and maternity uniform guidance.

d. Naval aviators, pilots, flight officers, undergraduate Pilots, NFOs, flight surgeons, aerospace experimental psychologists, and aerospace psychologists may wear leather flight jackets with Service Khaki and Flight Suits. Additionally, enlisted air crewmen in flight status are authorized to be issued, and wear, leather flight jackets after completing qualifications and receiving aircrew wings. Eligible enlisted air crewmen, E-7 - E-9, are authorized to wear leather flight jackets with Service Khaki and Flight Suits. Eligible E-6 and below enlisted aircrewmen are authorized to wear leather flight jackets with SU and Flight Suits. The flight jacket will be worn in the same manner and fashion as prescribed for black jacket and working jacket.

e. Organizational Clothing. Organizational clothing is defined as any clothing that is issued to an individual by a naval activity on a loan basis. Organizational clothing is authorized for wear with working uniforms only when the actual performance of duties for which the organizational clothing is designed (Article 6801, reference (a), pertains). Organizational clothing is not authorized for wear outside of the fenced area of flight lines and pier. Exceptions by COs are permitted in the case of organized working parties, such as line handlers, loading

stores, tree-planting details, aircraft repairs, and disaster assistance. It should be noted that the CO's authority to permit the wearing of the organizational clothing begins with the start of the particular job and ends with the completion of the job.

(1) NWU GORE-TEX® Foul Weather Trouser for Sailors E-1 through O-10. Effective immediately, a matching NWU pattern GORE-TEX® foul weather trouser is authorized for wear as organizational clothing. The NWU GORE-TEX® foul weather trouser is intended for wear with the NWU parka during inclement weather conditions or during the performance of duties requiring protective clothing as directed by the CO. The NWU GORE-TEX® foul weather trouser is available through General Services Administration (GSA) Advantage-GSAADVANTAGE.GOV. The GSA contract number is GS07F5689R, and the part number is T1902. All requests must specify the print pattern as "Navy Digital Camouflage."

(2) Flight Suits. Flight suits may be worn by aircrew members and individuals engaged in flight or flight-related duties during that working day. This authorization does not include ground support, non-aircrew maintenance, or non-aircrew support personnel. Allowances for flight clothing and flight deck clothing are established by Commander, Naval Air Systems Command (COMNAVAIRSYSCOM), and published in NAVAIRSYSCOM Allowance Lists. Flight suits shall be clean and well kept. Sleeves will be worn full length with hook and pile (Velcro) sleeve cuffs closed or with a maximum of two outward rolls when not engaged in flight operations. All zippers will be closed and FOD flaps will be closed on pen pockets.

(3) Flight Suit Revised Occasion and Manner of Wear. Effective 20 July 2012, Flight Suit occasion for wear is aligned with the NWU occasion for wear policies as outlined in REF C, paragraphs 3 and 4. This policy applies to one-piece flight suit only.

(a) OCCASION FOR WEAR: Green Flight Suits will be the primary flight suit worn in CONUS. Tan Flight Suits will only be worn in CONUS in hot weather environments (Fallon. El Centro, China Lake, Lemoore, etc.) as authorized by the TYCOM.

(b) Manner of Wear. Green Flight Suits will be worn with either black or NWU Type I blue undershirts with the exception of Blue Angels (retain signature blue flight suits/yellow undershirt) and Naval Strike and Air Warfare Center (retain light blue undershirt). Undershirts shall be worn 100 percent cotton, crew neck and plain front. Tan Flight Suits will be worn with brown, 100 percent cotton undershirts. Undershirts shall be crew neck and plain front. Flight suits insignia/patches shall be worn on flight suits as follows: The US flag patch shall be worn on the left arm shoulder approximately 1 inch below the seam. A weapons school patch (if authorized) shall be worn on the right shoulder only, approximately 1 inch below the seam and officer rank on the shoulders. Enlisted personnel don not wear rank insignia on flight suits, but rank shall be indicated on the required nametag. Brown leather jacket is authorized with the flight suit. Green NOMEX jackets are only authorized on base and afloat. Head Gear: Khaki Garrison Cap for officers and Chiefs, Black Garrison Cap for E1-E6. Ballcaps are not authorized for off-base wear. Since flight suits are not a liberty uniform, consumption of alcohol while off-base is not permitted.

(4) Flight Suit Footwear. Standard issue black leather flight boots or flight approved black, brown, or tan boots with matching laces. Brown boots may be worn by E-7 and above, ONLY. Flight boots are to be clean, well shined, and in good repair. Lace shoes from inside out through all eyelets and tie. Socks will be either 100 percent cotton, 100 percent wool, or special use socks, as approved by NAVAIRSYSCOM. Socks shall be sage green or white with no visible stripes or logos. This footwear is only authorized in flight suits, as indicated in paragraph 6803, of reference (a).

f. Coveralls may have sleeves rolled with the inside out, forming a roll approximately 3 inches wide, and terminating at a point approximately 2 inches above the elbow. Coveralls will not be unzipped and sleeves tied around the waist at any time.

g. All military clothing items will be clearly and legibly marked to confirm ownership, as prescribed in Chapters 7 and 8 of reference (a). Uniforms that are torn, frayed, ripped, excessively dirty or faded, or mutilated will not be worn, and should be discarded.

h. Navy and Command Ball Cap. Per reference (a), ball caps are not authorized for wear with the Navy Working Uniform (NWU)/ Camouflage Utility Uniform (CUU) with the following exceptions:

(1) When underway onboard U.S. Navy vessels, ball caps may be authorized for wear with the NWU/CUU only by Bridge Watch Teams and Command Training Teams at the discretion of the CO.

(2) Ashore, ball caps may be worn with the NWU and CUU by Command Training Teams during field exercises held in restricted areas to provide visual identification of supervisors, controllers, and safety observers. This policy modification is allowed during the prescribed window of training/evolution. Wearing of ball caps is not authorized during transit to and from exercise events, or in the vicinity of the command area.

Note: Hard hats are not part of the Navy uniform, but may be prescribed by commanders and COs for safety wear in hazardous areas, i.e., shipyards, IMAs, suspended load areas, etc. Hard hats will be replaced by the prescribed cover for the uniform worn when departing these areas.

i. Navy personnel are authorized to wear protective clothing with the uniform, on base or off base, while operating and riding as a passenger on any two-wheeled or three-wheeled vehicle, and while proceeding to and from its parking area to a duty station. Refer to reference (b) for motorcycle protective clothing requirements.

j. The Navy Knit Watch Cap. When authorized by appropriate authority - a unit commander, commanding officer, or officer in charge - the Navy Knit Watch Cap may be worn during cold weather conditions on military reservations, per reference (a). Military reservations include exchanges, commissaries, and other military facilities outside of the installation fence line. It will be worn diagonally from the base of the back of the neck, across the ears, and on the forehead. Rank/rate insignia is not authorized to be worn on the knit watch cap. The knit watch cap is not authorized for wear during transit between home and work.

k. Service Dress Blue is authorized year-round for travel and for social occasions where the appropriate civilian attire is coat and tie.

l. Unit identification marks shall be worn by male and female enlisted personnel, E-6 and below, on jumper style uniforms, in accordance with Article 9225 of reference (a).

m. Uniform Policy for Periods of Travel

(1) When traveling in uniform on leave, TAD, transfer, etc., the Service Dress Blue uniform may be worn during any season of the year.

(2) If traveling within a geographic area, either the Service Uniform of the Day of the area or Service Dress Blue will be worn as a travel uniform.

(3) If traveling between geographic areas, either the uniform of the day, as prescribed for the destination, or Service Dress Blue shall be worn as the travel uniform for the entire trip.

n. Jackets and windbreakers shall be worn zipped at least three-quarters of the way up the front of the jacket. The collar button shall be buttoned back when not in use.

o. Reefer or Overcoat (blue) shall be worn with all buttons buttoned with exception of the collar button. The collar button may be buttoned in inclement weather.

p. All-weather coats shall be worn with all buttons buttoned with exception of collar button. The collar button may be buttoned in inclement weather.

q. Camouflage Utility Uniforms may be worn by those activities designated in article 6802 of reference (a). The camouflage utility shirt is to be worn outside the waistband of the utility trousers. Sleeves may be rolled-up with the inside out, forming a roll approximately 3 inches wide, and terminating at a point approximately 2 inches above the elbow. For guidance on the sleeve roll-up on the NWU, refer to reference (a) as the rolling-up of the sleeve for this uniform is unique to the CUU. The CUU wear policy will remain the same as the NWU.

r. The Desert Camouflage Utility Uniforms may be worn by Sailors currently training and preparing for deployment into the NAVCENT and other AORs, as appropriate.

s. Navy Working Uniform

(1) All units shall wear the NWU as the primary working uniform. (Navy coveralls will remain authorized for shipboard wear.) Only those situations that require organizational clothing due to safety or excessive wear shall be authorized for organization clothing issue and wear, and organizational clothing wear rules will apply.

(2) The NWU is designed to be a permanent press, wash and wear uniform. In order to maximize the service life and maintain optimal performance, follow the wash and care instructions indicated on each NWU uniform article. A hand iron, set on low heat, may be used to individually press the uniform as necessary to provide a neat appearance. Creating creases in the NWU is not authorized. The use of starch, sizing, and any process that involves dry cleaning or a steam press is not authorized, as it will adversely affect the permanent press treatment and durability of the uniform.

(3) All uniform clothing articles not currently containing a name tape will be stenciled in permanent ink in a location inside the article and not within sight. Of particular interest, should be the parka, parka liner, and cover.

(4) The rolling-up of sleeves is authorized year-round for all NWUs and CUUs. However, in formation all hands shall have sleeves in the same position for uniformity.

(5) The NWU has many pockets for versatility and should be used properly without items protruding from the pocket enabling the pocket flaps to close properly. At no time should hands be in the pockets extended beyond the time required to place items in, or retrieve items from, the pockets.

(6) Commanding officers are directed to limit the authorization of unbloused trousers, and this will not be authorized for general wearing of the NWU. Consideration should only be given in those situations that are considered safety related. In addition, for extreme environmental conditions, commanding officer can authorize removal of NWU and CUU blouse's outside the immediate worksite as long as all evolutions use ORM to determine mitigation of safety and health risks. General

removal of NWU and CUU in normal conditions are authorized only at the immediate worksite or office space.

(7) Command unit patches are authorized on the right breast pocket. Each command may authorize only one command selected patch, will remain consistent and uniform for all assigned, and will not exceed 3 to 3 and one-half inches in length/width/diameter. The patch should be conservative in nature and not detract from the appearance of the uniform.

(8) The 9-inch, rough-side-out leather safety boot that is authorized ashore is not a care-free boot. This boot must be properly maintained with an appropriate brush to maintain the proper appearance of the boot and reduce the matting of the leather material.

(9) The NWU is authorized to be worn at all facilities on military installations and annexes to include the NEX; the Commissary; a Fleet and Family Service Center; Medical and Dental Annexes; and the facilities included in these compounds, while commuting to/from work and home via POV or public transportation, and on government/military contracted flights to or from OCONUS locations. Off-base working-parties, including community relations (COMREL) projects, may be authorized by Commanders to wear the NWU. The NWU is not a liberty uniform.

(10) Navy Working Uniform Type I Parka. Effective 20 July, optional wear of nametapes on the left shoulder pocket flap of the NUW Type I Parka is authorized. Effective 1 October 2013, name tapes on the left shoulder pocket flap of the NWU Type I Parka will be mandatory.

(a) DESCRIPTION. The wearer's last name will be embroidered on the matching pattern NWU fabric strip. Nametapes worn by E1-E6 personnel will be silver in color. Nametapes worn by E7 and above personnel will gold.

(b) MANNER OF WEAR. Name tapes shall be sewn centered and flush on the pocket flap on the left sleeve, one fourth of an inch above the bottom of the flap.

(11) COMNAVREG MIDLANT Security Wear of the CUU. Wear of organization CUUs for COMNAVREG MIDLANT Security personnel is no longer authorized.

u. Uniform Sweaters. When wearing a uniform sweater over other uniform shirts, the shirt will not be exposed below the sweater waistband.

v. Military Smartness. Smoking, eating, and/or drinking beverages by personnel in uniform while transiting as a pedestrian are prohibited with the following exceptions: eating, and/or drinking beverages are permitted in the immediate vicinity of vending machine stands. Smoking is authorized only in authorized smoking areas. Pockets on uniforms are for versatility and should be used properly without items protruding from the pocket. At no time should hands be in the pockets extended beyond the time required to place items in or retrieve items from the pockets.

w. Use of Portable Communication Devices. Communication devices, e.g., cell phones, *Blackberries*, pagers, etc., are authorized for use and wear while in uniform (to include walking) in the manner prescribed as follows:

(1) Communication devices shall be conservative in color and design, and shall not distract from the appearance of the uniform.

(2) Only one communication device is authorized for wear and can only be worn on the belt of working and service uniforms aft of the elbow.

(3) Wearing of communication devices on service dress uniforms is not authorized.

(4) Communication devices will not be visible from the front, nor will they be worn in such a manner as to impede the normal wear and appearance of the uniform (e.g., sagging, bunching, bulging, protruding, etc.).

(5) Whenever there is a concern for operational security, the authorized use of communication devices shall be at the CO's discretion.

(6) The use of portable communication devices shall not interfere with the rendering of military courtesies and honors nor violate local, State, and Federal laws.

(7) When not being worn on the uniform and in use, communication devices will be placed at the side of the leg and in the appropriate hand when rendering salutes, greetings, and other military courtesies/honors.

(8) The use of an earpiece, *Bluetooth*® Technology, headsets, or hands-free device while in uniform, indoors or outdoors, is prohibited unless specifically authorized for the execution of official duties (e.g., NSW, security personnel, detailers, etc.).

(9) As outlined in reference (b) page 17 section 7(f) with regards to Cell Phones, Texting, and Driver Distractions, all motor vehicle operators on Navy installations and operators of government-owned and leased vehicles (including rental cars while on temporary additional duty) on and off Navy installations shall not use cell phones or other hand-held electronic devices unless the vehicle is safely parked. Additionally, the wearing of any portable headphones, earphones, or other listening devices (i.e., Bluetooth Technology headset or earpiece) while operating a motor vehicle is prohibited. Military and civilian personnel who operate PMVs off base shall comply with host nations, State, and local laws. All personnel are encouraged to refrain from any activity that may be a distraction while driving and lead to traffic mishaps (e.g., eating, text messaging, adjusting the radio or compact disc players, shaving, applying make-up, reading maps, newspapers, magazines, books, etc.).

GUIDANCE FOR CIVILIAN ATTIRE

1. The following guidance concerning the wearing of civilian attire has been established:

a. Officers and enlisted personnel are permitted to have civilian clothing aboard ship and at naval activities ashore. Such clothing may be worn while leaving or returning to ships or stations while awaiting transportation after permission to leave the ship has been given, while on authorized leave of absence, liberty, or in any off-duty status ashore.

b. When civilian clothing is worn, naval personnel shall ensure their dress and personal appearance is appropriate for the occasion and will not bring discredit upon the naval service. Civilian attire will be in good taste, clean, in good repair, and pressed. Profanity, pornography, or advocation of drug usage on clothing is not allowed. Clothing may not be sexually provocative, suggestive, or depict racial comments, vulgarities, or display offensive language. Current styles and fashions are authorized as long as they provide a respectable appearance. Undergarments will at no time be exposed. Tank top shirts and white undershirts (including "tie-dyed") worn as outer garments, cut-off shorts, and shower sandals are appropriate civilian attire only for occasions such as picnics, athletic events, PT, and other daytime activities of an extremely casual nature. When engaged in PT, a shirt will be worn at all times. The above items will not otherwise be worn within the confines of military installations and/or facilities.

c. As an administrative measure, individual commands may suspend the privilege to wear civilian clothing to and from the command in cases of individuals who fail to wear civilian clothing as outlined in this instruction or who fail to maintain proper and adequate uniforms.

d. Only those articles of the military uniform which do not present a unique marking or a distinct naval appearance, such as shoes, socks, gloves, and underwear, may be worn with civilian attire by military personnel. Bridge coats, overcoats, sage green flight jackets, foul weather jackets, and other organizational clothing are not authorized for wear with civilian attire. The only authorized exception to this rule is for the PT uniform, which may be worn individually with civilian attire.

e. Dependents are granted access to military installations upon application by the sponsoring military member and are accorded the privilege of using facilities provided for service personnel. While on board, dependents are required to conform to the dress code outlined in this instruction. All personnel, whether active duty, dependents or retirees, are required to comply with the civilian dress requirements i.e., for military neatly groom and present a socially acceptable appearance. Retirees and dependents, when on board military installations or annexes thereof, shall present a socially acceptable appearance. Those not meeting these standards may be denied access to the facilities.

COMMUTING

1. Commuting in the Navy Working Uniform and Flight Suit. Per references (c) and (d), the following guidance concerning the wear of the NWU TYPE I, II, and III uniforms and Flight Suits while commuting has been established:

a. General. The prescribing authority has authorized NWU I, II, and III uniforms/Flight Suits for commuting to and from work by means of private vehicle or public commuter transportation, to include all travel aboard DoD-owned/controlled aircraft.

b. Authorized Wear and Stops. NWU TYPE I, II, and III uniforms/Flight Suits are authorized for commuting and all normal tasks and associated stops (e.g., stops at child care, gas stations, off-base shopping, banking, DMV, and dining) before, during, and after the workday.

c. Unauthorized Wear and Stops. Since NWUs/Flight Suits are NOT a liberty uniform, consumption of alcohol while off base in NWUs is NOT permitted. Wear on official commercial travel (e.g., airlines, railways, bus) is prohibited. Personnel who appear in civilian court will be in professional attire. Under NO circumstances is the NWU/Flight Suits authorized for court appearances. Wearing the NWU is NOT authorized at formal off-base official Navy or Government functions, e.g., Sailor of the Year events, official ceremonies, and awards banquets.