Parents are allowed and encouraged to visit the site.

Meals and snacks are well planned and nutritious.

A day care license is posted.

Each child has a space to store belongings.

Different kinds of space are available, including

Play, sleeping, and eating.

Be sure:

Menu is posted.

Obtained.

restraints are used and your written permission is

When your child is transported, proper child

includes immunization history.

A health form is required for your child which

includes details on hours of operation, fees,

responsibilities of parent and caregivers and

A contract is provided which outlines

monitored by the military. Residents of military housing who want

monitors in your home. The military will try to accommodate watch standers under some circumstances.

For a listing of current providers:

• Go to the nearest MWR Child Development Center (CDC)

• Fill out form requesting current listing of providers

• Show ID card

• Request form to be faxed to the Child Placement Programs

Office

List e-mailed to parent/guardian

Military Child Care Options

Child Development Homes (CDH)

Child Development Homes in military housing are regulated and monitored by the military. Residents of military housing who want to do child care in their own homes on a regular or full-time basis must pass a criminal background check; have fire, safety, and health inspections; complete mandatory training; and be monitored regularly. Evening, night, and weekend childcare for working parents is an option with Navy CDH providers.

Certification of Air Force, Army and Navy spouses (active duty or retired) is also available to those who reside off base. However, the Air Force program serves only spouses on the Peninsula and also requires their providers who reside off base to be state licensed in order to become Air Force certified.

Child Development Homes Coordinators:

Fort Eustis............................................................. 878-5584
Fort Monroe.......................................................... 788-2698
Fort Story.............................................................. 462-8930
Langley Air Force Base.............................................. 225-2610
Navy Mid-Atlantic Region Child Placement

Programs .............................................. (866) 628-9232
To become a Navy CDH provider.......................... 462-8930

Military Child Care Centers

Certified by the Department of Defense and regulated by the respective branches of the military:

• Include developmental programs

• May accept children from infant to kindergarten age

• May be accredited by the National Association for the Education of Young Children (NAEYC)

Navy centers may have drop-in care on a space-available basis

Dam Neck Annex.................................................. 492-8885
Fort Eustis ............................................................ 878-4000
Fort Monroe .......................................................... 788-5960
JEB Little Creek/ Fort Story at Fort Story ............... 422-7796
Langley AFB......................................................... 765-3558/3449
JEB Little Creek/ Fort Story ...................................... 462-7888
NAS Oceana .......................................................... 433-3164
Naval Station Norfolk ............................................ 444-3239
New Gosport, Portsmouth ...................................... 967-2676
Northwest Annex ............................................. 421-8266/8739
NWS Yorktown .................................................... 887-4733
Willoughby, Norfolk ............................................. 444-3008

24/7 Child Development Centers (CDC’s)

• Offers 24/7 care for shift workers; may be able to accommodate watch standers under some circumstances.

• Incorporates features of both a home and a child care center.

JEB Little Creek/ Fort Story

24/7 Child and Youth Center........................................ 462-4841
Navy Station Norfolk

24/7 Child and Youth Center (Bldg. A-2B)............. 444-7455
Naval Support Activity

24/7 Child and Youth Center (Hampton Blvd. )........ 444-7270
NMC Portsmouth

24/7 Child and Youth Center....................... 953-7050/444-3670

Military Before and After School Care

Child and Youth Programs (Youth Centers)

Fort Monroe (School-age Programs) ......................... 788-3595
Langley Youth Center ........................................... 764-2300
JEB Little Creek/ Fort Story ................................... 462-8718
JEB Little Creek/ Fort Story at Fort Story ............... 422-7714
NAS Oceana .......................................................... 433-3976
Naval Station Norfolk ............................................ 444-8259
Norfolk Naval Shipyard, Scott Center Annex .......... 396-2506/1990
Northwest Annex ............................................. 421-8258
NWS Yorktown .................................................... 887-4310

For more information on group home or youth programs, contact the Navy Mid-Atlantic Region Child Placement Programs at (866) 628-9232.
CIVILIAN CHILD CARE OPTIONS

Family Child Care in Civilian Homes

Family home care provider may care for up to five unrelated children plus his/her own children and not be licensed. Providers must be state-licensed if caring for 6 to 12 children. State licensed day care providers are regulated and monitored by the Regional Office, State Department of Social Services:

- Eastern (Virginia) Regional Office ................................................. 491-3990
  Website: www.dss.state.va.us
- The Planning Council/Children Services Division .................. 627-3993
  Toll Free .......................................................................................... 1-800-477-3993

Family home care providers may or may not be certified/licensed:
- Child & Family Connection (Williamsburg)............................(757) 229-7940
  Website: www.pfccee.org
- Virginia Independent Child Care Homes ........................................ 468-2643

Approved day care homes may be regulated by individual cities. Call your local Social Services Agency for additional information:
- Chesapeake .............................................................................. 382-2000
- Hampton .................................................................................. 727-1800
- James City County ................................................................. (757) 259-3100
- Newport News Childcare Infoline ........................................ 926-6349
- Norfolk (Does not make referrals) ........................................... 664-6000
- Portsmouth (Does not make referrals) ..................................... 405-1800
- Suffolk ....................................................................................... 514-7450/923-3000

Virginia Beach ............................................................................. 437-3200
Williamsburg ............................................................................. (757) 220-6161
York County/Poquoson ............................................................ 890-3787

YMCA

- Armed Services YMCA ................................................................. 464-9404
  Website: www.asymcahr.org

The YMCA on the Southside offers school-age child care. Child Watch is for members, Toddler Care, and pre-schools. For specific information, visit their website: www.ymcahr.org/programs/childcare.

Civilian Child Care Centers

Developmental Programs
- May have before and after school programs, including transportation services
- May accept children as young as 6 weeks old
- May be accredited by the National Association for the Education of Young Children (NAEYC)

Local Child Care: The Planning Council/Children Services Division .................. 627-3993
  Toll Free .......................................................................................... 1-800-477-3993

Information Services Division of The Planning Council/211 Virginia ........................................ 625-4543

Church-Sponsored Child Care Centers

- Option of being licensed or exempted but must apply for an exemption; self certification but no monitoring by the state
- May accept infants to kindergarten age children

Sick-Child Care

Rainbow Station/The Get Well Place ........................................... 426-6490

Respite Care

Occasional care for special needs children may be offered by some family home care providers or obtained through one of the following agencies:

Children’s Corner Child Development Center (day care for special needs children) ..................... 898-7505

Virginia Beach ............................................................................. 437-3200
Williamsburg ............................................................................. (757) 220-6161
York County/Poquoson ............................................................ 890-3787

Bertha Snyder’s Children’s Care (United Way) .......... 852-9797

Virginia Navy Enlisted Parents Club via NACCRRA ............................. 800-424-2246
  Website: http://www.nacccra.org/militaryprograms/navyefmp/

Check local schools and/or city Parks & Recreation Offices for programs offered:
- Boys & Girls Clubs of Southeast Virginia (after school care only) Admin, Office ............................................ 853-5632
  Website: www.bgcserva.org
- Hampton Parks & Recreation/School Age Program .................. 727-1055
- Newport News Parks & Recreation ........................................... 926-1400
- Norfolk Parks & Recreation ....................................................... 441-1035
- Portsmouth Parks & Recreation ................................................. 293-8481
- Suffolk Parks & Recreation .......................................................... 514-7250
- Virginia Beach Parks & Recreation ............................................ 285-0400

York County/Champions Medallion School Partnerships (K-5 main number) .................................. (800) 350-5034

Other Resources:

Army Family Child Care

- Website: https://www.armyfcr.com/index02.cfm
- Child Care Aware/Child Care Subsidy Hotline .................... 1-800-424-2246
  or Website: www.nacccra.org/militaryprograms

Early Childhood Education Department/Technical & Career Education Center, Virginia Beach ...... 648-5850 Ext. 85890

SitterCity Corporate Program ..................................................... 1-888-748-2489
  Website: www.sittercity.com
  DoD funded (FREE) memberships for Active Duty, Reserve and Guard (Air Force, Army, Marines & Navy)

Virginia Child Care Resource & Referral Network ...................................................... 1-866-543-7852
  Website: www.vachildcare.org

Parents’ Roles and Responsibilities

- Sign a contract with the provider that defines the hours and days care will be provided, transportation arrangements, who is authorized to pick up your child, fees, payment schedules, emergency procedures, dispensing of medicine, and substitute care arrangements.
- Make sure there’s adequate adult supervision per child.
- Talk to your child about the child care environment and provide positive input and feedback.
- Visit the provider with your child and introduce your child to the workers and other children.
- Allow plenty of time each morning for your child to prepare for the day.
- Always remember to say good-bye and reassure your child you will return.
- Arrive on time to drop off and pick up your child. A late parent creates stress not only for the provider, but also for the child.
- Have a positive attitude about your child care arrangements. Your attitude will carry over to your child.
- Pay for child care on time and in full.

The information in this brochure is provided for informational purposes only and does not constitute an endorsement by the Fleet & Family Support Centers or the Department of the Navy.