

Subject: 221531Z JUL 11 INTERIM FLEET GUIDANCE FOR DEPLOYMENTS TO AFRICA//

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MSGID/GENADMIN,USMTF,2008/COMUSFLTFORCOM NORFOLK VA// SUBJ/INTERIM FLEET GUIDANCE FOR DEPLOYMENTS TO AFRICA// REF/A/MSGID:DOC/DIA DEFENSE INTEL

ASSESSMENT/28SEP2007/-/-// REF/B/MSGID:MSG/COMUSNAVEUR/141113ZMAY2010//

REF/C/DESC:DOC/US AFRICA COMMAND/14APR2010//

REF/D/MSGID:SECNAVINST/6120.3 CH-1/01DEC2009//

REF/E/MSGID:BUMEDINST/6230.15A/29SEP2006//

REF/F/MSGID:DOC/DODI 6490.03/11AUG2006// REF/G/MSGID:NCMI/NATIONAL CENTER MEDICAL INTEL/-// REF/H/MSGID:DOC/NEHC-TM PM 6250.1 2007/-// NARR/REF A IS THE DEFENSE

INTELLIGENCE AGENCY ARMED FORCES MEDICAL INTELLIGENCE ASSESSMENT: AFRICA:

ASSESSMENT OF MALARIA RISK, 28SEP07, DI-1812-1340-07. REF B IS FLEET FORCE

HEALTH PROTECTION GUIDANCE FOR DEPLOYMENTS TO AFRICA. REF C U.S. AFRICA COMMAND

MANUAL FORCE HEALTH PROTECTION PROCEDURES FOR DEPLOYMENT AND TRAVEL.

REF D IS PERIODIC ASSESSMENT FOR INDIVIDUAL MEDICAL READINESS. REF E IS

BUMEDINST FOR IMMUNIZATIONS AND CHEMOPROPHYLAXIS. REF F IS DODI 6490.03

DEPLOYMENT HEALTH. REF G IS NATIONAL CENTER FOR MEDICAL INTELLIGENCE BY

COUNTRY/REGION. REF H IS MALARIA PREVENTION AND CONTROL.// POC/USFF N1D11/CDR

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6871// GENTEXT/REMARKS/1. MALARIA IS A DANGEROUS AND POTENTIALLY LETHAL

BLOODBORNE PARASITIC DISEASE TRANSMITTED BY MOSQUITOES SEEN IN MANY PARTS OF THE

WORLD, ESPECIALLY ALL REGIONS AND COUNTRIES OF SUB-SAHARAN AFRICA. NEARLY 30

MEMBERS OF OUR NAVY TEAM HAVE CONTRACTED MALARIA IN AFRICA SINCE EARLY 2009, WITH

ONE CONFIRMED FATALITY. STRICT ADHERENCE TO PERSONAL PROTECTIVE MEASURES AND

COMPLETE CONFORMANCE WITH PROPHYLACTIC MEDICATION REGIMEN ARE ESSENTIAL TO REDUCE

THE RISK OF MALARIA TO NEGLIGIBLE LEVELS.

2. EFFECTIVE IMMEDIATELY, COMMANDERS WILL ENSURE ALL, RPT ALL, SAILORS DEPLOYING INTO MALARIA-ENDEMIC REGIONS OF AFRICA:

A. RECEIVE TRAINING IN THE PREVENTION OF MALARIA

B. BE PROVIDED THE PROPER PERSONAL PROTECTIVE EQUIPMENT

C. ARE FULLY COMPLIANT WITH THE PRESCRIBED CHEMOPROPHYLAXIS

(MEDICATION) REGIMEN. THIS REQUIREMENT APPLIES TO ALL PERSONNEL TRAVELING TO

AFRICOM VIA PCS, TAD, OR IA ORDERS. MALARIA ENDEMIC REGIONS OF AFRICA ARE

IDENTIFIED IN REFERENCE (A) AND INCLUDE THE FOLLOWING COUNTRIES IN SUB-SAHARAN

AFRICA: ANGOLA, BENIN, BOTSWANA, BURKINA FASO, BURUNDI, CAMEROON, CAPE VERDE,

CENTRAL AFRICAN REPUBLIC, CHAD, COTE D'IVOIRE, DEMOCRATIC REPUBLIC OF THE CONGO,

DJIBOUTI, EQUATORIAL GUINEA, ERITREA, ETHIOPIA, GABON, GAMBIA, GHANA, GUINEA,

GUINEA-BISS AU, KENYA, LIBERIA, MADAGASCAR, MALI, MALAWI, MAURITANIA, MOZAMBIQUE,

NAMIBIA, NIGER, NIGERIA, REPUBLIC OF THE CONGO, RWANDA, SAO TOME & PRINCIPE,

SENEGAL, SIERRA LEONE, SOMALIA, SOUTH AFRICA (EASTERN BORDER REGION ONLY), SUDAN,

SOUTHERN SUDAN, SWAZILAND, TANZANIA, TOGO, UGANDA, ZAMBIA, AND ZIMBABWE. PREVENTION OF INSECT BITES WHICH CAUSE MALARIA IS THE KEY TO PREVENTION.

3. PRE-DEPLOYMENT REQUIREMENTS:

A. COMMANDERS SHALL ENSURE THAT A HEALTH THREAT BRIEFING IS PROVIDED TO EVERY DEPLOYING SERVICE MEMBER PRIOR TO DEPLOYMENT. COURSE AVAILABILITY ON NAVY E-LEARNING, NMCPHC-MPC 1.0 "MALARIA PREVENTION AND CONTROL".

B. INDIVIDUAL MEDICAL SCREENING SHALL BE CONDUCTED BY MEDICAL PERSONNEL TO ENSURE DEPLOYMENT MEDICAL RECORD IS CURRENT, ENSURE SERVICE MEMBER IS MEDICALLY PREPARED AND ALL IMMUNIZATIONS ARE CURRENT IN ACCORDANCE WITH REFERENCES (B) THROUGH (F).

C. COMMANDERS SHALL ENSURE THAT ALL SAILORS ARE PREPARED WITH THE FOLLOWING SET OF PERSONAL PROTECTIVE EQUIPMENT (PPE): A MINIMUM OF TWO SETS OF PERMETHRIN TREATED UNIFORMS (EG., NWU, BDU, OR DCU), TWO SETS OF PERMETHRIN TREATED CIVILIAN CLOTHES (LONG SLEEVED SHIRTS AND LONG PANTS FOR TRAVEL AND LIBERTY), A SUPPLY OF DEET FOR THE DURATION OF THE TRAVEL, A PERMETHRIN TREATED BEDNET, AND THAT MALARIA CHEMOPROPHYLAXIS MEDICATION IS PRESCRIBED, SUPPLIED, AND TAKEN AS MEDICALLY DIRECTED. AMPLIFICATION OF THESE REQUIREMENTS FOLLOWS:

(1) UNIFORM/CIVILIAN CLOTHES SHALL BE TREATED WITH PERMETHRIN. TREATED UNIFORMS SHALL BE MARKED WITH THE REQUIRED MARKINGS DOCUMENTING THE TREATMENT FOR INSPECTION PURPOSES ON ARRIVAL IN THEATER. PERMETHRIN SHALL BE APPLIED TO THE UNIFORMS BY ONE OF THE THREE METHODS THAT FOLLOW:

(A) BULK TREATMENT OF UNIFORMS/CLOTHING BY A PREVENTIVE MEDICINE TECHNICIAN CERTIFIED IN PROVIDING PESTICIDE APPLICATION (CATEGORY-8). THIS METHOD LASTS THROUGH 50 LAUNDERINGS AND CAN BE PROVIDED BY LOCAL NAVY ENVIRONMENTAL PREVENTIVE MEDICINE UNITS.

(B) USE OF THE PERMETHRIN IDA KIT (NSN 6840-01-345- 0237), A FIELD KIT IN WHICH THE UNIFORM IS TREATED IN PLASTIC BAGS CONTAINING PERMETHRIN SOLUTION, AND LASTS FOR 50 LAUNDERINGS.

(C) FOR INDIVIDUAL TREATMENT, USE OF AEROSOL PERMETHRIN SPRAY (6 OUNCE CANS/NSN 6840-01-278-1336). THIS METHOD PROVIDES PROTECTION FOR ABOUT 5 WEEKS/5 LAUNDERINGS. PROVIDE AT LEAST 4 CANS OF PERMETHRIN SPRAY TO TREAT 2 PAIRS OF UNIFORMS AND TWO SETS OF CIVILIAN CLOTHES PER SERVICE MEMBER. DO NOT TREAT UNDERWEAR/ T-SHIRTS, SOCKS AND COVERS WITH PERMETHRIN. PROVIDE ADDITIONAL CANS IF NECESSARY TO RE-TREAT UNIFORMS DURING DEPLOYMENT. PER LABEL INSTRUCTIONS (FEDERAL LAW), CANS MUST NOT BE USED IN ENCLOSED SPACES.

(2) PROPER WEAR OF UNIFORM/CIVILIAN CLOTHES AS PPE IS CRITICAL TO THEIR EFFECTIVENESS IN PREVENTING MOSQUITO BITES.

COMMANDERS SHALL ENSURE TRAINING FOR ALL DEPLOYING SERVICE MEMBERS TO WEAR UNIFORM SLEEVES DOWN AND BUTTONED AND HAVE UNIFORM TROUSERS BLOUSED. CIVILIAN CLOTHES FOR LIBERTY SHALL BE LONG SLEEVES AND PANTS.

(3) PERSONAL INSECT REPELLENT: COMMANDERS SHALL PROVIDE ALL DEPLOYING SAILORS ONE TUBE OF INSECT REPELLENT PERSONAL APPLICATION (DEET) LOTION, NSN 6840-01-284-3982 PER WEEK OF ANTICIPATED EXPOSURE. NOTE: COMMERCIAL OFF THE SHELF INSECT REPELLENTS ARE NOT, RPT NOT, AUTHORIZED.

(4) BEDNETS: COMMANDERS SHALL PROVIDE BEDNETS TREATED WITH PERMETHRIN TO ALL SAILORS DEPLOYING ASHORE IN MALARIA ENDEMIC REGIONS OF AFRICA REGARDLESS OF PLANNED BILLETING ENVIRONMENT. ALL SAILORS SHALL BE BRIEFED ON THE USE OF THIS PPE COUNTERMEASURE.

(5) ALL SAILORS SHALL BE MEDICALLY SCREENED BY UNIT MEDICAL, IA PROCESSING, AND/OR SUPPORTING MEDICAL FACILITY.

MALARIA CHEMOPROPHYLAXIS SHALL BE PROVIDED TO COVER THE PREDEPLOYMENT LOADING DOSES, DOSES FOR THE ENTIRE TRAVEL/DEPLOYMENT PERIOD, AND DOSES FOR THE POST TRAVEL/DEPLOYMENT PERIOD. SAILORS WHO HAVE HAD PRIOR REACTIONS TO THE PREFERRED MEDICATION AGENT OR HAVE MEDICAL RISK FACTORS OR WORK IN CERTAIN OCCUPATIONS OR ENVIRONMENTS, MUST BE IDENTIFIED AND PROVIDED WITH AN EFFECTIVE ALTERNATIVE DRUG REGIMEN BY MEDICAL PERSONNEL.

4. DEPLOYMENT REQUIREMENTS:

A. COMMANDERS SHALL ASSUME MALARIA IS PRESENT IN ALL AREAS OF SUB-SAHARAN AFRICA IAW REFERENCE (A) AND SHALL ENSURE THAT SAILORS ARE FULLY COMPLIANT WITH PREVENTION MEASURES DESCRIBED BELOW. IF AFLOAT (IN PORT), ACTIVITY OUTSIDE THE SKIN OF THE SHIP SHALL BE MINIMIZED AS APPLICABLE WITHOUT SACRIFICING MISSION OR FORCE PROTECTION POSTURE. ENSURE THAT PROPER PPE IS EMPLOYED AT ALL TIMES.

B. PERSONNEL PROTECTIVE EQUIPMENT (PPE) REQUIRED (THE FIRST LINE OF DEFENSE AGAINST MALARIA):

(1) PERSONNEL DEPLOYED INTO MALARIA-ENDEMIC REGIONS OF AFRICA SHALL WEAR TREATED UNIFORMS. CIVILIAN CLOTHING MUST ALSO BE PERMETHRIN TREATED AND MUST BE MADE WITH AT LEAST 50% COTTON BASE.

CLOTHING GUIDANCE IS PROVIDED PARA 3.

(2) FLIGHT SUITS (NOMEX), SUMMER WHITES, DRESS WHITES/BLUES CANNOT BE TREATED WITH PERMETHRIN. WHEN THESE UNIFORMS ARE REQUIRED FOR OFFICIAL FUNCTIONS OR SPECIFIC MISSIONS AN EXCEPTION TO POLICY SHALL BE REQUESTED FROM NAVAF.

(3) COMMANDERS SHALL ENSURE DEET IS APPLIED TO EXPOSED SKIN. DEPLOYING SAILORS SHALL USE REQUIRED DEET LOTION, NSN 6840-01-284-3982 OR 6840-01-584-8393. THIS FORMULATION NORMALLY PROTECTS AGAINST BITING INSECTS FOR 6-12 HOURS PER APPLICATION, BUT EFFECTIVENESS MAY BE SHORTENED IN HOT HUMID CLIMATES OR DURING HEAVY RAINS OR OTHER WET ENVIRONMENTS.

(4) COMMANDERS SHALL ENSURE ALL SAILORS SLEEP UNDER THE REQUIRED PERMETHRIN TREATED BED NETS DURING TRAVEL/DEPLOYMENT ASHORE IN MALARIA-ENDEMIC REGIONS OF AFRICA EXCEPT WHEN MEMBERS ARE STAYING IN EMBASSY APPROVED COMMERCIAL LODGINGS OR MILITARY QUARTERS. COMMANDERS SHALL CONDUCT REFRESHER TRAINING ON THE USE OF THE BEDNETS AS NECESSARY.

C. COMMANDERS SHALL PROVIDE MALARIA CHEMOPROPHYLAXIS DURING DEPLOYMENT TO MALARIA-ENDEMIC REGIONS OF AFRICA TO INCLUDE, WHEN INDICATED, POST-EXPOSURE PRIMAQUINE PROPHYLAXIS (WHICH SHOULD BEGIN ON THE DAY OF DEPARTURE FROM THE REGION). SEE POST DEPLOYMENT PARA 5.

(1) COMMANDERS SHALL ENSURE THAT MALARIA DRUG REGIMEN IS STARTED PRIOR TO DEPLOYMENT, PER MEDICAL GUIDANCE, AND THAT THE DEPLOYER REMAINS FULLY COMPLIANT DURING DEPLOYMENT TO MALARIA- ENDEMIC REGIONS OF AFRICA. COMMANDERS ARE DIRECTED TO ENSURE A CERTIFIABLE PROCESS TO EXECUTE "DIRECTLY OBSERVED THERAPY (DOT)" FOR ALL PERSONNEL ON MALARIA DRUG REGIMENS. THE CHAIN OF COMMAND (COC) SHALL CARRY OUT THIS METHOD, WITH MEDICAL OR SUPERVISORY PERSONNEL DIRECTLY OBSERVING MEMBERS TAKING PERIODIC MALARIA DRUG DOSE ON SCHEDULE, AND KEEP LOGS DOCUMENTING COMPLIANCE. PERSONNEL SHALL BE MONITORED FOR SIDE EFFECTS. IF THEY ARE UNABLE TO TOLERATE THE PRESCRIBED ANTI-MALARIAL THEY SHALL BE REFERRED TO MEDICAL PERSONNEL IMMEDIATELY FOR CONSIDERATION FOR ALTERNATE DRUG OPTION. A SAILOR SHALL NOT STOP TAKING A MEDICATION WITHOUT FIRST CONSULTING HIS OR HER COC OR DEPLOYED MEDICAL PERSONNEL. REDEPLOYMENT OF SAILORS WHO ARE UNABLE TO TOLERATE THE MALARIA DRUG REGIMEN IS MANDATORY.

(2) UNIT COMMANDERS AND SUPPORTING MEDICAL PERSONNEL SHALL IMMEDIATELY REPORT ANY SUSPECTED MALARIA CASE VIA OPREP-3, UNIT SITREP AND STANDARD MEDICAL EVENT REPORTING VIA THE NAVY DISEASE REPORTING SYSTEM (NDRS).

5. POST DEPLOYMENT REQUIREMENTS: COMMANDERS SHALL ENSURE COMPLIANCE WITH TERMINAL (POST DEPLOYMENT) MALARIA PROPHYLAXIS PER MEDICAL REGIMEN.

6. RESPONSIBILITIES FOR MALARIAL MEASURES FOR TRAVEL TO OR THROUGH COUNTRIES LISTED IN PARA 2.

A. FOR UNITS. COMMANDING OFFICERS ARE RESPONSIBLE FOR ACCOMPLISHING ALL PRE-DEPLOYMENT, DEPLOYED AND POST-DEPLOYMENT MALARIA MEASURES. COMMANDERS WILL UTILIZE A MALARIA PRE-DEPLOYMENT MEASURES CHECKLIST TO BE COMPLETED WITH THE EXPEDITIONARY SCREENING CHECKLIST, NAVPERS 1300/22 (05-2011) FOR ALL SAILORS TRAVELING TO AFRICA. PRIOR TO EVERY SAILOR TRAVELING TO AFRICA, THE COMMANDING OFFICER MUST CERTIFY COMPLIANCE WITH THIS MESSAGE TO USFF, NAVAF FLEET SURGEON, AND THE RECEIVING COMMAND IN AFRICOM.

B. FOR INDIVIDUAL AUGMENTEES (IA) AND TEMPORARY DUTY (TDY) PERSONNEL DEPLOYING FROM CONUS:

(1) U.S. FLEET FORCES COMMAND (USFF) N1 WILL ENSURE ALL IA AND TDY PERSONNEL DEPLOYING TO AFRICA FROM CONUS INCLUDE AN INTERMEDIATE STOP ON THEIR ORDERS TO ONE OF FOUR NAVY AND MARINE CORPS MOBILIZATION PROCESSING SITES (NMPS); NORFOLK, SAN DIEGO, PORT HUENEME, OR GULFPORT.

(2) NMPS, AS THE EXECUTIVE AGENT FOR ECRC, WILL PREPARE IA DEPLOYING SAILORS IN COMPLIANCE WITH ALL PRE-DEPLOYMENT MALARIA PREVENTION MEASURES AS DESCRIBED THROUGHOUT THE ENTIRETY OF PARAGRAPH 3.

(3) ECRC WILL MONITOR COMPLETION OF MALARIAL MEASURES AND COMMUNICATE THAT COMPLETION TO THE SAILOR'S COMMANDING OFFICER IN ORDER TO INFORM THE CERTIFICATION TO USFF, NAVAF SURGEON, AND THE NAVAF MISSION COMMANDER, BY THE SAILOR'S COMMANDING OFFICER.

(4) SENIOR NAVY MEMBERS PRESENT WILL ENFORCE MALARIAL PREVENTION MEASURES IN THE FIELD.

C. FOR TEMPORARY DUTY (TDY) TRAVELING FROM OCONUS AND NAVAF RESERVE COMPONENT (ACTIVE DUTY FOR TRAINING (ADT) OR ANNUAL TRAINING (AT) PERSONNEL:

(1) PARENT COMMAND OF PERSONNEL WILL ENSURE ALL TDY PERSONNEL TRAVELING TO AFRICA FROM OCONUS AND ALL NAVAF RESERVE COMPONENT PERSONNEL (ADT/AT) INCLUDE AN INTERMEDIATE STOP ON THEIR ORDERS TO NAVAF/USFF APPROVED PROCESSING SITE (NAPLES, ROTA, SIGONELLA, CONUS NMPS).

(2) NAVAF WILL CERTIFY PERSONNEL TRAVELING TO AFRICA ARE IN COMPLIANCE WITH ALL PRE-DEPLOYMENT MALARIA PREVENTION MEASURES AS DESCRIBED THROUGHOUT THE ENTIRETY OF PARAGRAPHS 2, 3, AND 4.

(3) SENIOR NAVY MEMBER PRESENT WILL ENFORCE MALARIA PREVENTION MEASURES IN THE FIELD.

(4) PARENT COMMANDS WILL ENSURE COMPLIANCE WITH POST- DEPLOYMENT MEASURES AS DESCRIBED ABOVE.

7. ADDITIONAL INFORMATION. FOR FURTHER GUIDANCE REFER TO THE NAVAF FORCE HEALTH PROTECTION GUIDANCE FOR AFRICA, REFERENCE (B) AND THE AFRICOM DEPLOYMENT MANUAL, REFERENCE (C). DETAILED HEALTH RISK INFORMATION IS AVAILABLE AT REFERENCES (G) AND (H) AND PREVENTIVE MEASURES BY COUNTRY ARE AVAILABLE FROM NAVY ENVIRONMENTAL PREVENTIVE MEDICINE UNIT-2 AT ([HTTP://WWW.MED.NAVY.MIL/SITES/NMCP/LINICS/NEPMU2/PAGES/FORCEHEALTHPROTECTIONBYCOUNTRY](http://www.med.navy.mil/sites/nmcp/linics/NEPMU2/PAGES/FORCEHEALTHPROTECTIONBYCOUNTRY)).

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