

14 March 2014

BLUE H Criterion: MINIMUM MANDATORY WEBLINKS FOR A MEDICAL-HP-WEBPAGE:

- TMA/Tricare Benefits Healthy Living tab: <http://www.tricare.mil/HealthyLiving/>
 - Military One Source: <http://www.militaryonesource.mil/>
- Heart Health (NHLBI): <http://www.nhlbi.nih.gov/health/public/heart/>
- Weight Information Network (NIH): <http://win.niddk.nih.gov/>
- Nutrition.gov: <http://www.nutrition.gov>
- Navy Operational Fitness and Fueling (NOFFS): <http://www.navyfitness.org/fitness/noffs/>
 - The President's Fitness Challenge: <https://www.presidentschallenge.org/informed/news.shtml>
- NCI Tobacco: www.betobaccofree.gov
- UCanQuit2.org: <http://www.ucanquit2.org/>
- National Suicide Prevention Helpline: <http://www.suicidepreventionlifeline.org/>
- That Guy: <http://www.thatguy.com/>
- CDC Healthy Living: <http://www.cdc.gov/HealthyLiving/>
- Navy and Marine Corps Public Health Center Wounded Ill and Injured Resources: <http://www.med.navy.mil/sites/nmcphc/wounded-ill-and-injured/Pages/wii.aspx>
- Navy and Marine Corps Public Health Center Health Promotion <http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/default.aspx>
 - Tobacco Free Living/Tobacco Cessation: <http://www.med.navy.mil/sites/nmcphc/health-promotion/tobacco-free-living/Pages/tobacco-free-living.aspx>
 - Psychological and Emotional Well-Being: <http://www.med.navy.mil/sites/nmcphc/health-promotion/psychological-emotional-wellbeing/Pages/psychological-emotional-wellbeing.aspx>
 - Reproductive and Sexual Health: <http://www.med.navy.mil/sites/nmcphc/health-promotion/reproductive-sexual-health/Pages/reproductive-and-sexual-health.aspx>

- Injury and Violence Free Living: <http://www.med.navy.mil/sites/nmcphc/health-promotion/injury-violence-free-living/Pages/injury-violence-free-living.aspx>
- Preventing Drug Abuse and Excessive Alcohol Use: <http://www.med.navy.mil/sites/nmcphc/health-promotion/preventing-drug-alcohol-abuse/Pages/preventing-drug-alcohol-abuse.aspx>

- Ship Shape Weight Management Program:
<http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/shipshape.aspx>

 - Healthy Eating: <http://www.med.navy.mil/sites/nmcphc/health-promotion/healthy-eating/Pages/healthy-eating.aspx>
 - Active Living: <http://www.med.navy.mil/sites/nmcphc/health-promotion/active-living/Pages/active-living.aspx>