



## Puget Sound Family Medicine Residency

### **Naval Hospital Bremerton**

1 Boone Road, Code 03FP  
Bremerton, WA 98312  
(360) 475-4339 or -4379



### **4<sup>th</sup> YEAR MEDICAL STUDENT FAMILY MEDICINE ELECTIVE**

#### **Elective Goals and Objectives**

1. The student will learn a primary care approach to the diagnosis and management of common medical problems presenting in a family medicine practice setting.
2. The student will increase his/her understanding of the role of the family physician in general, and where appropriate, the military and operational roles of the Navy family physician.
3. The student will learn elements of a patient-centered communication (PCC) approach to working with patients presenting in a family medicine practice setting.
4. The student will gain experience in searching the literature to answer a patient-oriented question from an evidence-based medicine perspective.
5. Learn and have fun!

#### **Clinical Work**

**Family Medicine Clinic:** Students will spend at least 80 percent of your time seeing patients in physician offices. Students will also have the opportunity to rotate through procedural clinics, depending on availability (vasectomy, colposcopy, exercise treadmills, and minor procedures). Students will have access to the outpatient and inpatient electronic medical record. Your schedule will be pre-arranged before you arrive, so if you have any known conflicts before arriving, please let the student clerkship director know.

**Call/Shifts:** Students are expected to be on three night/weekend shifts during the rotation, shadowing the MOOD or working with one of the residents (wherever the best learning opportunities are: L&D, ER, ICU, Wards). After shift, you are released after inpatient rounds.

**In-Patient Week:** One week of the rotation will be spent with the inpatient family medicine team (One Team). Students will care for pediatric and adult medicine patients under the supervision of faculty and resident physicians. You will need to coordinate with the One Team R2 on preceding Friday for assignment.

#### **Additional requirements include:**

- 15-20 minute presentation at Morning Report on a patient case from outpatient or inpatient experience in Family Medicine, coordinated with the One Team senior resident (typically presented the week following your inpatient week – see Morning Report schedule).
- Complete observed outpatient visits with attending providers. Be proactive and seek this out – generally best early in a clinic day.
- Evidenced Based Medicine – present two clinical questions based on a patient encounter that is answered in a 1-2 page evidenced-based summary.
- Home visits - students will be assigned to make house calls with a visiting nurse for one half day during the rotation.
- Medical student didactics in various practice management topics.
- Attend resident morning report, academic half-day every other week, and Art of Medicine presentations.

## **Administrative Information**

**Housing:** Students will generally stay at the Navy Lodge on Naval Base Kitsap – Bangor, or the Gateway Inn at Naval Base Kitsap – PSNS.

**Transportation:** A car is necessary for transportation to the hospital from housing location. BUMED often requires students to share a car whenever possible.

**Uniform/Dress:** Military faculty and resident physicians wear the Navy uniform – either the Navy Working Uniform (NWU), khakis, or the uniform of the day. Students should bring a set of khakis or their service equivalent or may wear the Navy Working Uniform as an alternate on Fridays. Scrubs are provided for call nights, but you should bring a pair of sneakers or clogs for the delivery and operating rooms. White lab coats are required while wearing scrubs. If you plan on interviewing, please plan on bringing your Service Dress Blues.

**Fitness:** Fitness facility is located on the hospital compound. Larger facilities are located on Naval Base Kitsap - Bangor and Bremerton including swimming facilities.

**Meals:** An inexpensive option for breakfast and lunch is available at the hospital dining facility. A Subway sandwich shop is also available at the hospital. There are a number of good, inexpensive restaurants within a short drive of the hospital.

**Needed items:** Personal items, white coat (for when wearing scrubs) and diagnostic equipment (stethoscope, penlight, etc).

**Interviews:** All interviews are coordinated by the clerkship coordinator, Lina Mendiola. Please coordinate with her regarding seasonal uniform for interviews.

## **Points of Contact**

### **Medical Student and Residency Coordinator**

Ms. Lina Mendiola

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