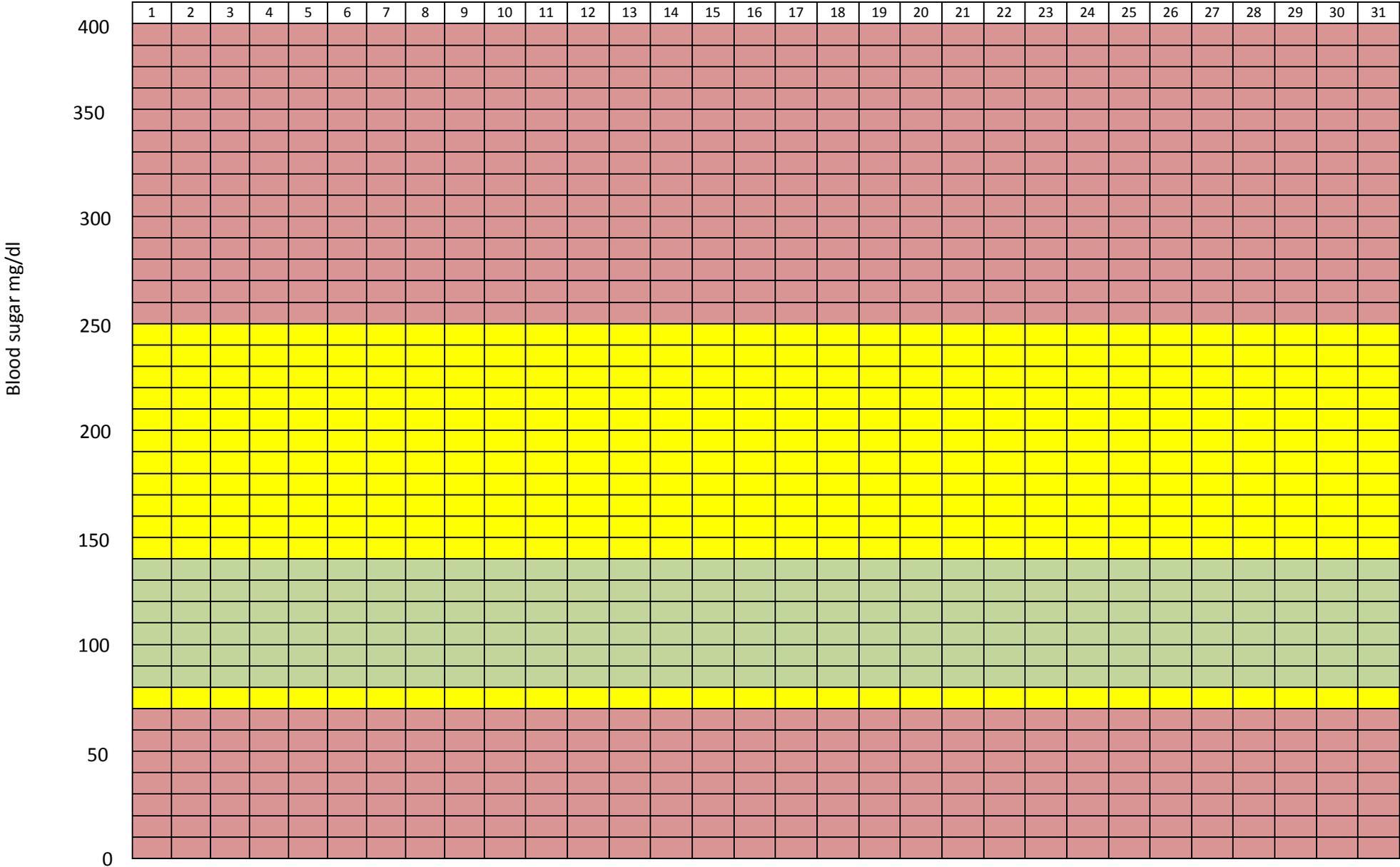


My Blood Sugar Results for the Month of _____



Red, yellow and green zones are established by patient and provider.
Use "X" to mark your blood sugar level if tested before meals. Use "O" to mark your blood sugar level if tested after meals.