

Deployment Health

Deployment Health includes activities before, during, and after deployments. Ensuring that Sailors and Marines are medically prepared to deploy, minimize hazardous exposures during deployments, and receive exceptional treatment for deployment-related health concerns is the responsibility of each individual service member, commanding officers, and health care professionals. Deployment Health is a process that screens, identifies, and treats members efficiently and effectively.

1. Pre Deployment Health Assessment (PreDHA) The PreDHA is a program mandated by the Assistant Secretary of Defense for Health Affairs that was designed to identify and address health concerns, with specific emphasis on mental health, which may have developed over time since deployment. The PreDHA provides an initial health assessment by a provider using the electronic DD Form 2795 during the redeployment phase which is usually 30 days prior to deployment.
2. Post Deployment Health Assessment (PDHA) The PDHA is a program mandated by the Assistant Secretary of Defense for Health Affairs that was designed to identify and address health concerns, with specific emphasis on mental health, which may have developed over time since deployment. The PDHA provides a second health assessment by a provider using the electronic DD Form 2796; it is completed 30 days prior to leaving the theatre.
3. Post Deployment Health Reassessment (PDHRA) The PDHRA is a program mandated by the Assistant Secretary of Defense for Health Affairs that was designed to identify and address health concerns, with specific emphasis on mental health, which may have developed over time since deployment. The PDHRA provides for a second health assessment by a provider using the electronic DD Form 2900 during the 3 to 6 month time period following deployment return.
4. Automated Neuropsychological Assessment Metrics (ANAM) The ANAM is a screening tool that is most useful in providing a cognitive performance measurement to which future cognitive test performance can be compared. The assessment consists of a series of 11 computer-based modules and takes approximately 30 minutes to complete. The baseline ANAM, obtained prior to deployment, may aid in detecting mild Traumatic Brain Injury during and after deployment. In most instances, the ANAM baseline testing will generate results that do not require medical evaluation.