



# *Health Focus on Hepatitis A Outbreak on Oahu*



- **As of 17 Aug 2016, Hawaii has 206 confirmed cases of hepatitis A. All cases have been in adults.**
- **A reminder to practice good hand washing after using the bathroom and before and after eating. The Hep A virus is spread via fecal-oral route. Hep A is a contagious liver infection. The virus is found in the stool of people with the infection and is usually spread by consuming food or water contaminated with the virus.**
- **Not sure if you received the Hep A vaccine? Contact your Medical Home Port team through [www.relayhealth.com](http://www.relayhealth.com) and they can check your record or order a blood test to check. Starting in 2006, children routinely receive the Hep A vaccine as part of their vaccination series starting at 12 months of age. Parents are advised to ensure their child's immunization records are up to date. Although most service members receive this vaccine through routine requirements, they are reminded to review their immunization status to ensure protection.**
- **If you think you or your child were recently exposed to Hep A, talk to your health care provider. If not previously vaccinated, you may benefit from getting vaccine or immune globulin to help prevent becoming ill.**
- **The Hep A vaccine is available for beneficiaries enrolled to NHC Hawaii. For NHC Hawaii Immunization Clinics hours of operation visit: <http://go.usa.gov/xDgd4>.**
- **Fighting Hep A starts with you. For more information, read the Hawaii State Department of Health (DOH) information sheet or visit the Hawaii State DOH's Hepatitis A Outbreak 2016 page at <http://go.usa.gov/xDgPV>.**