

School Age Children (SAC) 2012-2013 Influenza Programs

School Name	Date	Clinic Time
Mokapu El	16-Oct	0830-1200
Barbers Point El	19-Oct	0800-1100
Pearl Harbor Kai	26-Oct	0800-1100
Kailua Inter	30-Oct	0800-1200
Solomon El	1-Nov	0800-1230
Hickam El	8-Nov	0830-1145
Moanalua Middle	9-Nov	0815-1115
Wheeler El	14-Nov	0815-1100
Iroquois El	15-Nov	0800-1230
Mokulele El	15-Nov	0815-1115
Shafter El	16-Nov	0800-1100
Hale Kula El	27-Nov	0800-1200
Navy Hale Keiki	29-Nov	0830-1030



<http://flu.hawaii.gov/SFAS.html> or call 2-1-1.

Beneficiaries Schedule

EXCHANGES		
DATES	TIME	LOCATION
4 Oct	9:00AM- 2:00PM	Pearl Harbor NEX
5 Oct	9:00AM- 2:00PM	Pearl Harbor NEX
13 Oct	9:00AM- 2:00PM	Schofield PX
20 Oct	9:00AM- 2:00PM	K Bay MCX
25 Oct	9:00AM- 2:00PM	Fort Shafter
27 Oct	9:00AM- 2:00PM	Hickam BX

Beneficiary Locations

Kaneohe Bay

M,T,W & F 0730-1130; 1300-1530
TH: 0730-1130;1300-1400

Makalapa Clinic

M-F: 0730-1630

Closed 1st THURS of every month 1145-1400

Shipyard Clinic (Bldg 1750)

M-TH: 0730-1100 & 1300-1500
FRI: 0730-1100

TAMC Immunization Clinic

T: 1300-1500, W & F: 0900-1130

Schofield Barracks

M-TH: 0730-1130, F: 0900-1130
M, W, F: 1300-1500, T & TH: 1300-1400

Hickam MDG

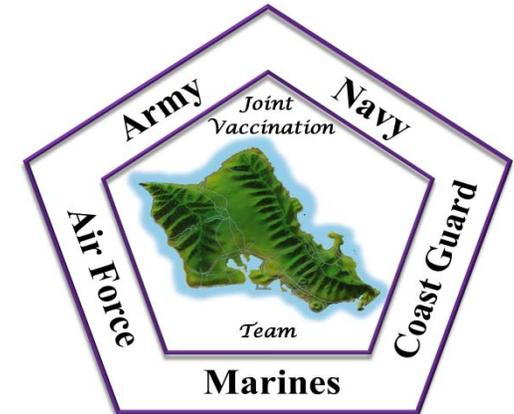
M & F 0800-1145 & 1300-1600
TUES & THURS 0730-1145 & 1300-1600
W 0730-1145 & 1300-1400

Closed the 3rd THURS of every month

2012 – 2013

Joint Vaccination Team

Influenza Vaccination Information



Oahu Joint Services Phone: 433-1FLU

Who should get the Flu Vaccine?



- All people **6 months of age and older** should get flu vaccine.
- Vaccination is especially important for people at higher risk of severe influenza and their close contacts, including healthcare personnel and close contacts of children younger than 6 months.
- Get the vaccine as soon as it is available. This should provide protection if the flu season comes early.



There are two types of Flu vaccine offered by Tricare:

- *Live, attenuated influenza (LIAV)*
- **Inactivated influenza (TIV)**

Healthy, non-pregnant persons aged 2 to 49 years can receive either vaccine for the 2012-2013 season. Persons with high-risk conditions or 50 years of age or older should receive the Inactivated influenza (TIV).



There are some people who should not get the vaccine.

- Anyone who has ever had a serious allergic reaction to eggs, another vaccine component, or to a previous dose of influenza vaccine.
- People who are moderately or severely ill should usually wait until they recover before getting the flu vaccine. People with a mild illness can usually get the vaccine.



1. Avoid close contact with people who are sick. When you are sick keep your distance from others to protect them from getting sick too.
2. Stay at home when you are sick if possible, this will aid in reducing transmission of your illness.
3. Cover your mouth and nose with a tissue when coughing or sneezing and dispose of it in a trash receptacle.
4. Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
5. Germs are often spread when a person touches things contaminated and then touches his or her eyes, nose, or mouth.
6. Other good habits is to get plenty of sleep, engage in physical activity, drink plenty of water and eat a balance meal to help you stay healthy.
7. If you contract the flu, there are medications that are available to help. Your provider will be happy to discuss this with you if necessary.