



TRICARE Online ([www.tricareonline.com](http://www.tricareonline.com)) provides secure access to online features for DoD beneficiaries receiving care through a military hospital or clinic.

TRICARE Online allows you to:

- view, schedule, and cancel military hospital or clinic appointments for yourself or your authorized family members
- receive email and text message appointment reminders
- refill and check the status of your prescriptions at your military hospital or clinic
- view, download, or share your personal health data via the Blue Button
- access your patient centered medical home site to communicate with your health care team via secure messaging (RelayHealth)
- access the online health risk assessments

To access these features, please log into TOL using your CAC, Premium DS Logon, or DFAS *MyPay* account.

To learn more about DS Logon or obtain a DS Logon account, please visit the [DEERS DoD Self-Service Access Center](#). (link available on TRICARE Online website under the "About TOL" tab)

To access TRICARE benefits information, please visit [www.tricare.mil](http://www.tricare.mil).



## Appointments

Visit the Appointment Center to schedule, view, and cancel military hospital or clinic appointments. Set up and receive email and text message reminders. Act on behalf of yourself or your family members



## Blue Button

Use the Blue Button feature to securely view, download, print, or share your lab results, radiology results, medication profile, allergy profile, encounters, problem lists, immunizations, and vital signs.



## Rx Refill

Go to the Prescription (Rx) Refill section to refill your prescriptions for military hospital or clinic pick-up. Check your prescription status. Act on behalf of yourself or your family members.



## Secure Messaging

If you have questions for your provider or your required services are not accessible through the above access points, use the Secure Messaging Button to communicate securely with your Health Care Team.

