

# ULTRASOUND GUIDANCE

## WHAT IS AN ULTRASOUND

An ultrasound is a procedure that uses sound waves to create an image of various organs and tissues within the body.

## WHAT TO EXPECT

When you come to the ultrasound department for your exam you will be brought into a dark room and usually asked to lie on a bed. The room needs to be low-lit in order for the technologist/radiologist to view the monitor. The body part that is being examined will need to be exposed to the technologist. The technologist will place some gel over the area of concern and then place a probe (camera) over the area. The patient may be asked to breath in various ways to help the technologist get the best images possible. After the technologist has all of the images needed the exam will be concluded.

## HOW TO PREPARE

- Please arrive 15 minutes prior to your scheduled appointment time.
- **Abdominal Ultrasound** - Nothing to eat or drink for at least 6 hours prior to your scheduled appointment time.
- **Pelvic Ultrasound** - Need to drink 32 ounces of fluids one hour prior to your scheduled appointment time without emptying your bladder. You will need to have a FULL bladder for this procedure.
- **Thyroid, Breast and Testicular Ultrasounds** - No Prep
- **Carotid, Upper and Lower extremity DVT work-up** - No Prep
- **Renal** - Need to have a full bladder for procedure

If you have any questions regarding your scheduled procedure please call **(910) 450-3428**.