

SCUTTLEBUTT

Naval Hospital Camp Lejeune
"We Build Strength Through Caring"

MAY 2011

U.S. Navy photo by Hospitalman Timothy Burchheit

Capt. Daniel Zinder, commanding officer, Naval Hospital Camp Lejeune; Martha Stewart; and Ensign Carl Chase, Facilities Department, prepare to plant Stewart's gift to NHCL—a Southern Magnolia tree and a plaque honoring military families during a dedication ceremony April 13.

Inside: Martha Stewart visits NHCL—Nurses Corps celebrates 103rd birthday

Building for our future



Fences, cranes, and bulldozers have invaded our campus! Some days it may feel like we are under siege, but construction on our new outpatient wing and emergency room is fully underway. It's a little painful while all of this is going on, but please realize there is value and meaning in our pain!

The new buildings and improved spaces will allow us

more freedom of movement as we continue realizing our vision to build strength through caring. All of the fences that are going to be up are up, and all the parking that is going to be fenced off

is fenced off. The new additional patient parking lot should be ready in July, so we will finally be able to get many cars off the grass.

We are putting weekly construction progress updates on the Intranet homepage. I encourage the entire staff to keep informed so we can help answer questions that our patients or friends around the base have as we build and renovate our hospital. And always, remember that no matter what amount of construction or renovation we have going on, the patient safety and the quality of care we provide can never be compromised. I rely on each and every staff member to provide the best possible care to all of our patients, every day.

Happy Mother's Day!

D. J. ZINDER
Captain, Medical Corps
United States Navy
Commanding Officer

Construction update

By Pat Alford

Organizational Growth and Development



It is hard to see now, but our hospital addition and renovation project is continuing to move along at a strong pace. Over 500 of the 634 auger-cast-piles, which form a critical component of the building foundation, are complete with the remainder to be completed in

mid-May. Once the foundation-building elements are finished, construction will begin on concrete beams as the building starts to literally come out of the ground.

In addition to the activities outside, the internal renovations will begin in Pastoral Care, Security and Operating Management offices. During this time, Pastoral Care and Security will be relocated to classroom A/B, and Operating Management will be relocated to classroom C for about six to eight weeks.

As we approach the end of May, a new parking area on the patient parking side of the facility will start to come together and the anticipated completion date is mid-summer.

Information regarding future moves associated with hospital renovations and construction will be available on the command Intranet, in Scuttlebutt, and/or on NHCL's Facebook page. Due to the dynamic nature of construction, notifications will be given as soon as they become available.

scut-tle-butt

n.

1. Slang for spoken communication; through the grapevine

2. Nautical

a. A drinking fountain on a ship; gathering place

b. A forum for NHCL staff to get 'insider info'

SCUTTLEBUTT



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U S. Navy Nurse Corps celebrates 103rd birthday

By Lt. Cmdr. Tim Drill
Multi-Service Ward

Happy birthday to you! Happy birthday to you! Happy birthday to the U.S. Navy Nurse Corps! Happy birthday to you! One hundred and three years after Congress approved legislation in support of a Nurse Corps on May 13, Navy Medicine continues to maximize the benefits of this diverse, empathetic health profession.



U.S. Navy photo by Hospitalman Timothy Buchheit

For the first Navy Nurses, called the “Sacred Twenty”, who pioneered what has become a corps of accomplished professionals, reliance on the basic fundamentals of patient care became the foundation of the corps they envisioned. The heritage of compassionate and heroic nurses who have served our warriors is a beautiful, yet daunting story of sacrifice and triumph.

Naval Hospital Camp Lejeune boasts a large thumbprint of nurses, 426 in all, to deliver the necessary patient treatment to all eligible Department of Defense (DoD) beneficiaries. From patient education, proactive healthcare, and discharge planning, NHCL nurses are closely entwined with high quality care. Abroad, whether responding to the mission of combat, or mobilizing for a humanitarian deployment to remote corners of the world, NHCL’s individual augmentee nurses rises up to meet and exceed the challenges, delivering required care, anytime, anywhere.

Today, an extensive pursuit to become a Master’s degree prepared nurse, Nurse Practitioner (NP), or Advanced Practice Nurse (APN) has caught the attention of the thousands of nurses looking for a challenging progression within the nursing profession. Though staffed exclusively by females in the early years, men



U.S. Navy photos

were accepted into the Navy Nurse Corps in 1965, and continue to increase their contributions to this patient centered care profession.

NHCL’s largest groups of nurses are associated with hospital inpatient or outpatient care; however, great populations of nurses worldwide deliver their care in schools, hospice settings, administrative positions, research, volunteerism, administration, and as staff of educational institutions.

As the Navy Nurse Corps commemorates its 103rd anniversary, a week of celebrating National Nurses Week, from May 6 - 12, will take place throughout NHCL. A National Nurses Day breakfast will be held on Friday, followed by successive days of yoga sessions; an educational lunch and learn; and, a ceremonial cake cutting in honor of Florence Nightingale, the founder of modern nursing, are scheduled to honor current and former members of the Nurse Corps.



Congratulations Navy Nurse Corps, for your achievements!

OPERATION EASTER BASKET

Naval Hospital Camp Lejeune’s Hospital Corpsman 2nd Class Chris Hansen, intensive care unit, and Chief Hospital Corpsman Mary Weiss-Brandenburg, nursing services, donated their leisure time to enrich the Easter experience for our deployed men and women on April 2. The 5th annual Operation Easter Basket, put on by the Salvation Army, packed 187 mail-ready boxes full of donated items that included everything from food and games to personal hygiene necessities. Great job, NHCL staff!



Photo courtesy of The Salvation Army

First Lady visits Camp Lejeune; Martha Stewart honors military families at NHCL

By Anna Hancock
Public Affairs Office

*F*irst Lady Michelle Obama, Dr. Jill Biden and Martha Stewart kicked off a national tour to generate support and awareness for *Joining Forces* at Marine Corps Base Camp Lejeune with an event-filled day on April 13. Their visit to the base concluded with a dedication ceremony by Stewart at Naval Hospital Camp Lejeune.

U.S. Marine Corps photo by Cpl. Jonathan Wright



U.S. Marine Corps photo by Cpl. Jonathan Wright



U.S. Marine Corps photo by Cpl. Jonathan Wright



U.S. Navy photo by Hospitalman Timothy Buchheit



U.S. Marine Corps photo by Cpl. Jonathan Wright

At a rally held earlier that morning, First Lady Obama explained that *Joining Forces* is a national initiative focusing on America's service members and their families. Obama noted how Marine Corps Base Camp Lejeune and the Jacksonville community serves as a model for military support and positive community involvement to the rest of the nation, and was an obvious choice to launch their national campaign.

Later that afternoon, Stewart, an Emmy Award-winning television series host, joined Navy Capt. Daniel Zinder, commanding officer, NHCL, and Marine Corps Col. Daniel Lecce, commanding officer, Marine Corps Base Camp Lejeune in recognizing active duty NHCL staff for their hard work and commitment to serving their country and taking care of military families, and the military families' babies born at NHCL.

Stewart donated a Southern Magnolia tree and an engraved plaque to the hospital. A production crew was present to film the dedication and tree planting along with a small crowd of NHCL staff, Family Readiness Group family members and hospital leadership.

The dedication ceremony began with Stewart introducing Zinder and Lecce to the crowd then gifting the tree to Zinder. Stewart remarked that choosing NHCL to dedicate the tree to growing military families was most appropriate. She recognized that out of the approximate 100,000 babies born each year in the United States, about 2,000 babies are delivered at NHCL, placing NHCL among the hospitals with the highest birth rates in the country.

"I brought you a gift! Since you're doing this massive restoration at the hospital, I thought you can use this grand Magnolia...in honor of Mother's Day and the babies born here at the Naval Hospital," said Stewart. "You are familiar with Magnolia trees, aren't you?"

Full-grown, a Magnolia tree can reach approximately 90 feet in height with large, dark green leaves and white fragrant flowers. Stewart's vision is for the babies born in 2011 to return to the Naval Hospital and visit the tree as it flourishes, to remind the children of Stewart's increasing gratitude to military children's many sacrifices

for this country. She empathized with military children, who she noted often grow up with only one parent present while the other serves this country somewhere away from home.

Stewart began the tree planting demonstration with the help from the commanding officers and two active duty Navy NHCL staff: Ensign Carl Chase, Facilities Department and Hospital Corpsman 1st Class Rene Baptiste, Biomedical Department.

Zinder and Lecce used dirt compost pre-mixed by Stewart to plant the tree. Stewart jumped in shortly after, by watering the tree and patting the soil, while explaining the proper techniques of planting Magnolia trees. She then remarked on the Navy and Marine Corps exemplary job in always working together – to plant the tree, during military operations, and in the hospital setting.

The demonstration concluded with the presentation of an engraved plaque from Stewart to the Naval Hospital that states, "A gift to babies born at Camp Lejeune in 2011. April 13, 2011."

The commanding officers then presented Stewart with their respective command coins; thanking Stewart for her kind gesture.

"NHCL staff is a mix of about active duty Sailors, civil service employees, contract personnel and Red Cross volunteers who carry out Navy Medicine's mission to provide quality care to all Sailors, Marines and their families no matter where they serve around the world, every day," noted Zinder after the ceremony concluded. "Our Sailors serve in positions from doctors and corpsman, to biomedical technicians and facilities maintenance, and we pride ourselves in our great Navy medicine support to the military community."

Stewart supported Zinder's comments and commended the efforts of the hospital staff in taking care of their own.

"I think the community is lucky to have the Naval Hospital here. The hospital is very valuable. I met some of the doctors and families and they were great," explained Stewart. "I hope that the children and families appreciate [the gift] for years to come."

The "Martha Stewart Presents" primetime Mother's Day special edition is scheduled to air May 8 at 8:00 p.m on the Hallmark Channel.

"...the community is lucky to have the Naval Hospital here," said Stewart.

HOSPITAL ROUNDS

Congressman Jones visits NHCL



U.S. Navy photo by Hospitalman Timothy Buchheit

Congressman Walter B. Jones (R—N.C.) is greeted by Capt. Daniel Zinder, commanding officer, Naval Hospital Camp Lejeune April 18. Jones visited NHCL to learn about the hospital's new initiatives, including an update on the ongoing construction and renovation projects; Welcome Back—MEDEVAC; and the new Marine and Sailor Concussion and Recovery Center. Jones represents North Carolina's 3rd district in the U.S. House of Representatives.

Buy your Nurses' Ball tickets!



When: May 13, 2011 at 6:15 p.m.

Where: Paradise Point Officers' Club

The ball will culminate with a cake cutting ceremony by the most senior and junior Nurse Corps officers in attendance.

Nipper represents NHCL at national symposium



Lt. Angela Nipper, New River Family Medicine Clinic, Naval Hospital Camp Lejeune, was selected to present her collaborative research with Capt. Ashlyn King, Marine Corps School of Infantry, and Cmdr. Dixie Aune, Marine Corps Recruit Depot Parris Island, at the Sea Service Leadership Association's Joint Women's Leadership Symposium on March 15 and 16 in San Diego. Presentation topics included women's health initiatives and preventative care as it relates to preparing the active duty female war fighter.

It's good to get caught!

The Caught in the Act program is designed to recognize and reward staff and volunteers who demonstrate outstanding customer and patient relations. Any staff member or volunteer observing a fellow staff member or volunteer demonstrating one of our ten Standards of Excellence can complete a Caught in the Act form on the Command Intranet and return it to the Patient Relations staff. Each person Caught in the Act will receive a pen and Certificate of Excellence, and one randomly selected name will receive a gift of appreciation. The monthly winner will be featured in the Command's Daily News, and their photograph will be posted on the Caught in the Act Bulletin Board, outside the Lighthouse Café.

NHCL wins third-consecutive Surgeon General Gold Star Award

By Anna Hancock
Public Affairs Office

Naval Hospital Camp Lejeune's Health Promotion and Wellness Department was awarded the Navy Surgeon General's Health Promotion and Wellness Blue H Award Gold Star for calendar year 2010 at the Armed Forces Public Health Conference on March 21. Health promotions staff attending the conference with the goals of obtaining a Health Promotion Director certification or recertification accepted the honor on behalf of the department.

The Blue H Award is an annual award sponsored by the Navy Surgeon General and managed by the Navy and Marine Corps Public Health Center. It encourages and rewards the promotion of health in Navy and Marine Corps organizations. NHCL won the Medical category which recognizes excellence in clinical primary prevention, community health promotion and medical staff health in Navy medical organizations.

More than 200 military treatment facilities, fleet commands and Semper Fit programs submitted packages for award consideration and many were awarded a Bronze Anchor, Silver Eagle or Gold Star.

For the Gold Award, commands have to meet at least 50% of the points required in each category and the commands' total scores have to reach at least 80% of the total points within the Gold Award-winning range.

"The judging criteria to win an award increases each year, but NHCL Health Promotions Department won the Gold Star 3 years in a row," said Jim Askins, health promotions department head. "The award measures the successes and outcomes of health promotions programs, so essentially it assures us that we're on the right track."

Some of the health topics assessed include alcohol and drug abuse prevention; injury prevention; nutrition; physical



Cmdr. Jennifer Reed, director, Reserve Force Health and Readiness; Jim Askins, director, Health Promotion and Wellness Department; and Capt. Bruce A Cohen, commanding officer, Navy and Marine Corps Public Health Center pose holding NHCL's Blue H Award Gold Star banner and streamer at a ceremony March 21.

fitness; sexual health; psychological health like stress management and suicide prevention; tobacco cessation; and weight management.

"This year we focused on incorporating the branch clinics," said Askins, when recollecting the efforts of the HP team in maintaining the award-winning standards. "We also focused on coordinating our monthly health-related themes with the national themes then we tied our awareness, education and events together."

As Askins explained, "Their evaluation shows us where we are at with our HP programs and helps us target the areas we need to work on. Ultimately our goal is to help support lifestyle changes and improve the health and well-being of Sailors, Marines and civilians and I'm confident that we are doing so every day."

Jim Askins, Health Promotion and Wellness Department contributed to this article.

Word on the Street: Leadership

By Almotis Austin
Manpower Management

For my leaders interview project in the Civilian Career Leadership Development Program, I chose to interview the Director of Public Health, Naval Hospital Camp Lejeune, Glenee Smith. Smith has been in the civil service for more than 28 years. As a mentor, role-model and leader at the Naval Hospital, she outlined the following characteristics of leadership.



U.S. Navy photo by Hospitalman Timothy Buchheit

Q: What are the types of personal attributes a person must pose to be a successful leader?

A: One must be ambitious, honest, loyal, dedicated to serve, 100% committed to the mission, compassionate and fair. Be an 'Owner', not a 'Renter' in the workforce. As Rear Adm. Bob Kiser, former commander of Navy Medicine East, says, "Be willing to be a part of something greater than yourself." I love the Naval Hospital and Camp Lejeune area and take great pride in serving the people here.

Recognizing NHCL staff at home and abroad



Ensign Shaun Hutsen, administrative officer for the Director of Administration, (Left) poses with the Director of Administration Cmdr. Matthew Case, during a promotion ceremony on April 4. Ensign Hutsen was promoted from Hospital Corpsman 2nd Class.

Hospital Corpsman 3rd Class Glenn Tunacao, NHCL individual augmentee assigned to the Landstuhl Regional Medical Center, (Right), accepts a Blue Jacket of the Quarter plaque from Army Maj. Patrick Marlow for the first quarter award.

Congratulations Hutsen and Tunacao!



U.S. Navy photos

OPERATION URGENT RESPONSE

By Anna Hancock
Public Affairs Office

Naval Hospital Camp Lejeune took part in a full-scale exercise designed to test the response and recovery efforts to an all-hazards event with Marine Corps Base Camp Lejeune (MCB) and Marine Corps Air Station New River (MCAS) on March 24.

The staff prepared to receive more than 30 role-playing patients, all of whom were triaged outside the Emergency Room doors, in response to a simulated aircraft mishap at MCAS New River and a simulated suspicious package incident at MCB Camp Lejeune.

Prior to the drill, NHCL adopted North Carolina's state standard patient tracking and triage system called, SMART Triage Tags. The hospital also designed a web-based, patient tracking board that enabled all three role-playing emergency operations centers to view the patients' progress in the MEDEVAC system and patient movement throughout the hospital system with real-time updates. The goals were to ensure that these new systems enabled the quick and thorough treatment to handle a significant patient case load.

The twist during the drill came in when NHCL staff was activated to an actual wild fire and suspicious package event.

In the Sandy Run training area of Marine Corps Base Camp Lejeune, a large wild fire ignited, obliging MCB officials to request that NHCL man the MCB Emergency Operations Center with a medical liaison. With the drill in high gear, uninterrupted, NHCL's incident commander continued the drill operations, while NHCL's emergency manager provided support to the real-life code. Both operations continued without a hitch.



A Naval Hospital Camp Lejeune triage team evaluates a simulated Marine casualty during Operation Urgent Response, an all-hazards, full-scale exercise between MCB Lejeune, MCAS New River and NHCL on March 24.

During the drill, 29 simulated patients were transported to the hospital, which were treated, released or admitted. Communication between NHCL's Emergency Operation Center, the incident commander, and medical personnel remained open and constant.

"The hospital crew pulled together as a team and their actions were impressive," said NHCL Emergency Manager Mark Starnes. "Drills are difficult, but when you throw in actual emergencies, you then test 'actions under fire'. Overall, we did a great job!"

Mark Starnes, emergency manager contributed to this article.