



## Post Deployment Health Assessment (PDHA)

The PDHA is a program mandated by the Assistant Secretary of Defense for Health Affairs that was designed to identify and address health concerns, with specific emphasis on mental health, which may have developed over time since deployment. The PDHA provides for a second health assessment by a provider using the electronic DD Form 2796 during the 30 day time period following deployment return. "Service members **who have completed a deployment on or after 20 March 2004** are required to have a completed PDHA documented in their medical record and the Electronic Deployment Health Assessment (EDHA) database via the Navy Environmental Health Center (NEHC) (see MARADMIN 283/06)."

### Below are the instructions on how to access the EDHA Database:

1. Website: <https://data.nmcphc.med.navy.mil/EDHA/login.aspx>
  2. Enter your login ID and password if you have used the database in the past, **if you have used the database before your login ID is your social security number**. If you can't remember your password, click on "Forgot my password" after you put in your log in ID and reset your password.
  3. If you have never used the website before click on "**New user**". If you are a new user, please complete the registration form.
- The passphrase is: **Devildog09!** (cap sensitive). This is not the password.
4. Click on "**new Survey**."
  5. Click on "**DD2796-Post Deployment Health Assessment**." This is the third choice of surveys.
  6. Complete the survey, then hit "**save**" at the top of the page (it looks like a floppy disc). If you save it successfully, 1 box will open that says "see your healthcare provider".
  7. Please call 703-784-1733 for a provider appointment at Mainside's Deployment Health Center to have the survey certified by a provider. Your survey will not be considered complete unless a provider signs off on it.

\*If you have any questions, please contact the Post Deployment Health Re-Assessment Coordinator (PDHRA) nurse at 703-784-1733.