

Information Sheet for your Summary of Care Mental/Behavioral Health

1. Active Duty and Family members with chronic medical conditions, special needs or medical board will need a summary of care from the treating specialist or Primary Care Manager.

The summary of care will need to include the following:

- a. Patient's name
- b. Age
- c. Diagnosis
- d. Prognosis
 - (1) If the person is expected to make full recovery.
 - (2) Will patient require or benefit from day patient or inpatient services?
- e. Medications
 - (1) If the medications can be substituted.
 - (2) What medications have been tried in the past that did not work?
 - (3) Name of current medication
- f. Treatment Plan
 - (1) Whether the person will need follow-up care and how often.
 - (2) The type of provider needed to provide the care.
 - (a) If a specialist is required, please identify the kind of specialist, i.e. Licensed Clinical Social Worker, Psychologist, Psychiatrist, Developmental Pediatrician, etc. If Subspecialty is required, how often?
 - (3). Any tests or treatment needed to care for the person, i.e. blood test, behavioral modification.
 - (4). Does patient require close monitoring?
- g. Recommendation for PCS orders to overseas, isolated duty or sea duty?