



Measles Information

California is currently experiencing a Measles outbreak with a confirmed case in Fresno County. If you have traveled to an area where there are confirmed cases of measles and you are concerned about exposure, Naval Hospital Lemoore in coordination with the Kings County Department of Public Health is available to assist.

Measles is HIGHLY contagious. Anyone who is not protected against measles is at risk of getting the disease.

The signs of measles generally appear about 7 to 14 days after a person is infected.

Early symptoms include:

- High fever, cough, runny nose, red and watery eyes.

Later symptoms include:

- Two or three days after symptoms begin, tiny white spots may appear inside the mouth
- Three to five days after symptoms begin, a rash breaks out. The rash begins as flat red spots that appear on the face at the hairline and spread downward to the neck, trunk, arms, legs, and feet. Small raised bumps may also appear on top of the flat red spots. The spots may become joined together as they spread from the head to the rest of the body. When the rash appears, a person's fever may spike to more than 104° Fahrenheit.

1. Anyone showing signs or symptoms of Measles should **STAY AT HOME**.
2. Patients with symptoms should contact their Medical Home Port Blue or Gold Team at (559) 998-0889 to consult with our clinic staff. Patients enrolled to Hornet Health Clinic can call (559) 998- 4800.
3. Patients with questions about potential exposure can also call the Kings County Department of Public Health Measles Call Center at (559) 600-7193.
4. Patients can verify their immunization status by calling the Immunization Clinic at (559) 998-4258.

The best prevention measure for measles is to get vaccinated! Vaccinations are available in the Immunization Clinic at the Main Hospital for those enrolled to Blue and Gold Teams. Active Duty members enrolled to the Hornet Health Clinic can receive immunizations at the Hornet Health Clinic.

The Naval Hospital Lemoore Preventive Medicine Department is working closely with Community Public Health Departments, the California Department of Public Health, and the Centers for Disease Control and Prevention (CDC). For more information please visit the CDC website at: <http://www.cdc.gov/measles/index.html>