

# Seasonal and H1N1 Influenza Vaccine Information

*Current as of 22 Dec 2009*

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Naval Hospital Oak Harbor  
will be holding their first

## Seasonal Flu Vaccination Clinic for Family Members and Retirees

At the Naval Hospital in Oak Harbor  
Thursday afternoon, January 7<sup>th</sup>  
1:00 p.m. – 7:00 p.m. (1300-1900)  
on a walk-in basis

*If you still would like to receive the H1N1 Flu Vaccine:*

It is still available through local pharmacies out in town (including Island Drug, Linds in Freeland, Rite-Aid, Save-on Pharmacy at Albertson's and Walgreen's). Pharmacies may be offering the vaccine for free or for a small administration fee. Call ahead or check their websites.

The Island County and Skagit County Health Departments are offering the H1N1 flu vaccine at no cost. To make an appointment with the Island County Health Department call (360) 679-7351. Skagit County Health Department can be reached at (360) 419-3313.

\*The Naval Hospital did NOT receive any of the recalled H1N1 flu vaccine.

**Island County Public Health and Skagit County Public Health removed all restrictions on administering the H1N1 influenza vaccine in our area. Local supplies now permit offering the vaccine to any who wish to receive it.**

For the most Up-To-Date Information  
Call the NASWI INFORMATION LINE: 279-1080

**Pharmacies that have H1N1 influenza vaccine available:** (May be an administration fee at some pharmacies which is usually around \$15- call ahead or check their websites)

- **Island Drug** - both Oak Harbor and Clinton stores (and La Conner) — vaccines administered during ALL normal store hours, NO appointment necessary
- **Linds Freeland Pharmacy**
- **Rite Aid** - Oak Harbor
- **Save-On Pharmacy - Albertson's**, Oak Harbor
- **Walgreen's Store** - Oak Harbor

**Island County Health Department:** The health department is now scheduling vaccine clinics at various health department sites to dispense H1N1 vaccine by appointment only (phone (360) 679-7351). Clinic locations and times:

Coupeville – Nursing Annex (see campus map) 410 N. Main

Time: *Every Thurs, starting 3 Dec., Noon to 4:00 pm*

Oak Harbor – N. Whidbey Family Resource Center (Whidbey & Regatta)

Time: *Every Friday, starting 4 Dec., Noon to 4:00 pm*

More information is available at

[http://www.islandcounty.net/health/H1N1\\_Update.htm](http://www.islandcounty.net/health/H1N1_Update.htm)

If you receive your medical care out in town, check with your provider/clinic as many of the clinics in Island and Skagit County also have H1N1 influenza vaccine available to their patients:

- Freeland Clinic
- Island Women's Health
- Naval Hospital Oak Harbor
- North Whidbey Community Clinic
- Pediatric Associates of Whidbey Island
- South Whidbey Community Clinic
- South Whidbey Pediatrics
- Whidbey Community Physicians (O.H., Freeland & Langley Offices)
- Whidbey General Hospital

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