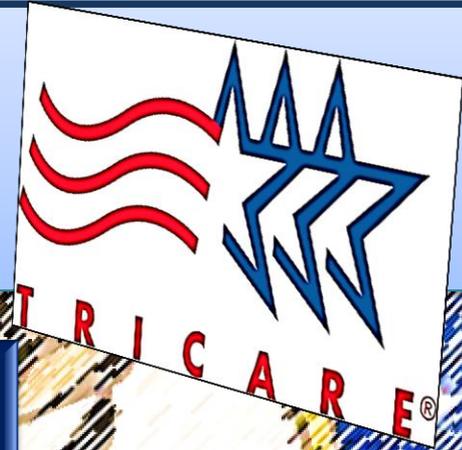


# Manage your Healthcare Online!

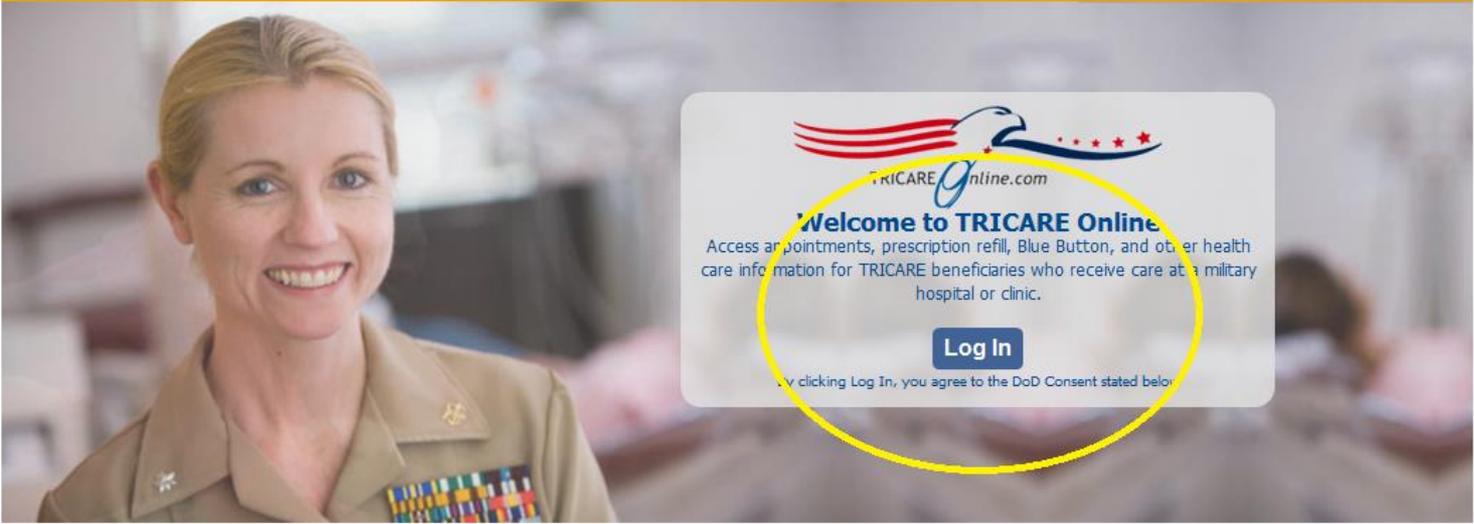


TRICAREONLINE.COM

*Securely View Lab and  
Radiology Results*

*Refill Medications*

*Securely Message your  
Provider*



**Visit [tricare.mil](http://tricare.mil) for information on**

- Eligibility
- Costs
- Plans
- Enrollment

**TRICARE®**

**TRICARE Online Announcements**

- ▶ [How to Change your PCM](#)
- ▶ [Grant Family Members Access to Your TOL Account](#)

**Warning Notice and Consent to Monitor**

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG-authorized use only.

By using this IS you consent to the following conditions:

- The USG routinely monitors communications occurring on this IS, and any device attached to this IS, for purposes including, but not limited to, penetration testing, COMSEC monitoring, network defense, quality control, and employee misconduct, law enforcement, and counterintelligence investigations.



Help Center

Access TRICARE Online using one of the methods below

DS LOGON Department of Defense Self-Service

DS Logon Username

DS Logon Password

Forgot DS Logon Username?

Forgot DS Logon Password?

Login

CAC Common Access Card



Login

DFAS myPay PIN Defense Finance and Accounting Service

MyPay Login Id

MyPay Password

Forgot DFAS MyPay Login Id?

Forgot DFAS MyPay Password?

Login

Need a DS LOGON?

Have a DS LOGON activation letter?

Need to upgrade your DS LOGON?

Need to manage your logon profile settings?

Register

Activate

Upgrade

Manage



### Additional TOL Account Information

Additional information is required to complete the process to create your TRICARE Online account. The demographic information you are viewing is provided by DEERS. After logging into TOL, go to your My Profile page for further information on updating this information.

**1. Identification**

<b>Name</b> XXXXXX XXXXXX	<b>Date of Birth</b> xx/xx/xxxx	<b>Sponsor ID</b> SSN: ***-**-xxxx	<b>Personal ID</b> SSN: ***-**-xxxx
------------------------------	------------------------------------	---------------------------------------	--

\* Primary Email

\* Confirm Primary Email

\* Service Affiliation

**2. Location Information**

Select TRICARE Region where you are located to generate a list of available Military Treatment Facilities (MTFs). Select the name of your primary MTF from the dropdown list provided.

\* TRICARE Region

\* MTF



Use [TRICARE's MTF Locator](#) to find your MTF's address, phone number, directions, hours, website link, and other helpful information.

**3. Medical Disclaimer and Agreement**

TRICARE Online (the "Service") is a World Wide Web-based health information and communication service provided by the Department of Defense and contains information from various content providers such as Healthwise, Inc., the National Cancer Institute, and the National Institutes of Health. As used in the TRICARE Online Medical Disclaimer and Agreement ("Agreement"), "We", "Us", or "Our" refers to TRICARE Online. "You" or "User(s)" refers to users of this Service.

Below is the TRICARE Online end-user medical disclaimer and agreement. Here, you will find important information regarding TRICARE Online, the terms of user registration and use of this Service.

The terms and conditions of this medical disclaimer and agreement may change from time to time. Such modifications will take effect immediately upon

I accept the terms of the Medical Disclaimer \*

\* Required Fields



### Additional TOL Account Information

Additional information is required to complete the process to create your TRICARE Online account. The demographic information you are viewing is provided by DEERS. After logging into TOL, go to your My Profile page for further information on updating this information.

#### 1. Identification

Name	Date of Birth	Sponsor ID SSN: **-**-****	Personal ID SSN: **-**-****
* Primary Email	XXXXXXXXXX		
* Confirm Primary Email	XXXXXXXXXX		
* Service Affiliation	U. S. N.	WEST	

#### 2. Location Information

Select TRICARE Region where you are located to get the nearest Military Treatment Facilities (MTFs). Select the name of your primary MTF from the dropdown list provided.

\* TRICARE Region: Region ID - West

\* MTF: NH Oak Harbor



NAVAL  
HOSPITAL OAK  
HARBOR

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\* Required Fields

Submit



Today's Date: Thursday 19 Jun 2014

**Active TOL Account Successfully Created**

Thank you for submitting your profile information on TRICARE Online (TOL). The TOL system is processing your account.

**Please close and restart your browser before attempting to login.**



Personal Data - Privacy Act 1974 (PL 93-579)

For Official Use Only (FOUO)

TRICARE Online (TOL) is a Department of Defense (DoD) computer system. Use of this site is governed by multiple DoD policies and terms summarized in the TRICARE Online Security Policy. Many of these policies are designed to protect the privacy of your personal information. We encourage you to review these policies.

*Once you restart your browser follow  
the 2 and 3<sup>rd</sup> slide once more and you  
will be able to access [tricareonline.com](https://www.tricareonline.com).*



Last Login: 30 Apr 2014 16:49  
 Today's Date: Thursday 19 Jun 2014

**Welcome to TRICARE Online, DAVID**  
 Your Military Treatment Facility is NH Oak Harbor  
 Your primary care manager is OH OP FORCES GROUP  
 Your family sponsor is DAVID GOEMAERE  
 No family members found

[Need Help? Contact Us](#)



**Appointment Center**

Schedule, view, and cancel military hospital appointments. Set up and receive email reminders. Act on behalf of yourself and your family members.

*Link does not currently work to schedule appointments at NHOH*



**Blue Button**

Securely view, download, print, or share your lab results, radiology results, medication profile, allergy profile, encounters, problem lists, immunizations, and vital signs.



**Rx Refill**

Refill your prescriptions for military hospital or clinic pick-up. Check your prescription status. Act on behalf of yourself and your family members.

- [TRICARE 4 U \(WPS\)](#)
- [TRICARE North \(Healthnet\)](#)
- [TRICARE South \(Humana\)](#)
- [TRICARE West \(United Health\)](#)
- [TRICARE Overseas \(International SOS\)](#)
- [TRICARE for Guard and Reserve \(TRICARE Reserve Select \(TRS\)\)](#)
- [TRICARE Beneficiary Web Enrollment](#)
- [Manage Your DS Logon Account](#)
- [Update Your Address](#)
- [TRICARE Dental Benefits \(MetLife\)](#)
- [milConnect](#)



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