

FREQUENTLY ASKED QUESTIONS

How do I schedule a screening or treatment appointment?

Contact your Command Drug and Alcohol Advisor (DAPA) if you are active duty Navy.

Your Command Drug and Alcohol Representative (CDAR) if active duty Coast Guard

Your Substance Abuse Coordinating Officer (SACO) if active duty Marine Corps.

Walk-ins are welcome but will be returned to their command to have their DAPA coordinate services.

Can Family Members or Military Retirees be provided screening and treatment services?

All family members and military retirees need to coordinate services through TRICARE and their primary healthcare provider for referrals to a civilian agency or with the Alcohol Treatment Department, Naval Hospital, Bremerton.

How do I enroll in the Aftercare Program once I complete treatment?

Contact our administrative support staff or your Command DAPA for enrollment.

How do I enroll for the PREVENT 2000 course?

Please contact the PREVENT coordinator at (360) 396-6067 for scheduling dates and times

How do I set up an OUTREACH training, education, or GMT for our command?

Contact the SARP, We will gladly work with you to meet your scheduling needs.

MISSION STATEMENT

Our mission is Force Health Protection. To promote, protect, restore the health of our Sailors and Marines, families, retirees and all others entrusted to our care.

VISION

We will be your first choice by delivering superior patient centered care.

GUIDING PRINCIPLES

We believe in: Navy Core Values- *HONOR, COURAGE and COMMITMENT*. People are our most important resource. We will promote teamwork through trust and respect. Success is judged by our patients and customers. Continuous improvement and patient centered care guide our business and clinical practices.

We Will:

- Take a customer service approach.
- Continuously simplify and refine processes.
- Promote initiative, teamwork, and partnership.
- Foster effective communication.
- Provide a safe, nurturing environment.
- Adhere to the highest professional ethics.

Through:

- Total Force Protection
- Comprehensive Healthcare
- People
- Informatics
- Facilities

Naval Hospital Oak Harbor Washington

Substance Abuse Rehabilitation Program



(360) 257-2394

DSN: 820-2394

FAX: (360) 257-2396

ASSESSMENT PROCESS:

The screening process calls for a Medical Officer, Clinical Psychologist, or Licensed Individual Practitioner (LIP) to confirm any diagnoses of “abuse” or “dependency” after a drug and alcohol counselor has completed the patient screening and made a preliminary assessment that suspects abuse or dependency.

TREATMENT PROCESS:

The treatment process starts once the screening assessment has been completed and the Medical Officer determines which treatment program will be best suited for the patient.

Types of Treatment Services:

- 1. IMPACT**-generally aimed at those patients with a first time substance related problem. Usually less than 20 hours of care, educational in nature.
- 2. Outpatient (OP)** - Generally aimed at early alcohol related problems where a pattern of abuse has occurred, but there appears to be no addiction problem. Aimed at risk reduction, responsible use of alcohol, which may include a choice for abstinence. Usually more than 20 but less than 50 hours in length, exclusive of pre-care.
- 3. Intensive Outpatient (IOP)** - a form of treatment aimed at severe abuse or alcohol dependence. This service is performed for our patients at Naval Hospital, Bremerton, Substance Abuse Rehabilitation Program (SARP). All NAS

Whidbey Island patients are assessed at SARP, Oak Harbor and placed in pre-care pending treatment at SARP Bremerton. This service is, as all programs, tailored to the individuals needs, and may last from 2-6 weeks, depending on patient’s progress.

4. Full Day Comprehensive Care
Designed to address severe abuse/addiction problems where medical management is not required. Patients entering care through SARP NAS Whidbey shall be admitted three days prior to transfer to Naval Hospital Whidbey Island for observation for withdrawal. They are then transferred to facilities that provide care for us at either Camp Pendleton or Point Loma, California under TAD Orders. Care usually lasts less than six weeks, again depending on individual needs and responses to care.

5. Detoxification - performed to relieve patients of the discomfort associated with acute alcohol withdrawal and any life threatening complications. All patients requiring detoxification, or treatment of any associated acute medical condition will be managed by a physician at the Naval Hospital, Oak Harbor.

6. Continuing Care - care which extends beyond “CORE” OP, IOP, Full Day Comprehensive Care. Designed to help returning patients bridge back into self supported recovery during the early months of recovery after treatment. Not aftercare- which is a legalistic aspect of the Navy Recovery Plan.

QUICK REFERENCE

Related Useful Resources

Naval Hospital General Information
(360) 257-9500

Navy Family Service Center
(360) 257-6289

Navy Chaplains
(360) 257-2414

Prevent 2000
(360) 396-6067

Alcoholics Anonymous
Al-anon
(360) 679-9941

Civilian Alcohol and Drug Treatment Ctrs
See Yellow Pages—“Alcoholism”

Social and Health Services:
Adult Abuse-(360) 240-4737
Child Abuse-(360) 679-6643
Developmental Disability (360) 240-4726
Support Enforcement-800729-7580

AFTER HOURS SERVICES

Any person requiring immediate clinical services for alcohol, drug or emotional problems may contact the Naval Hospital Emergency Room at any time of any day at (360) 257-9646 or in person for assistance.