

Family Activity Book

FAMILY ACTIVITY BOOK TABLE OF CONTENTS

PREPARING FOR BABY.....PG. 1

BABY FACE.....PG. 2

BABY TOUCH.....PG. 3

BABY TALK.....PG. 4

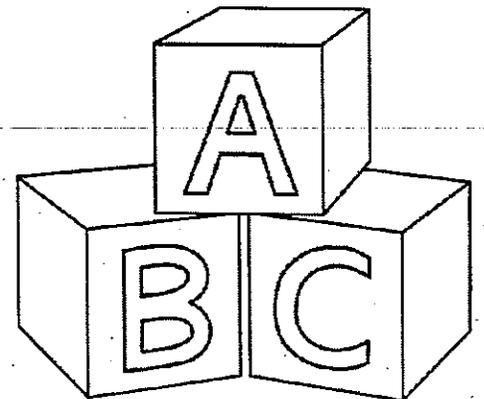
BABY FOOD.....PG. 6

BABY PARTY.....PG. 7

BABY HELPER.....PG. 8

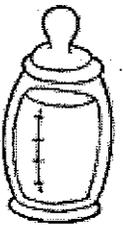
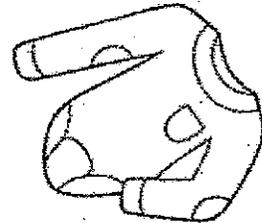
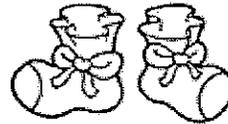
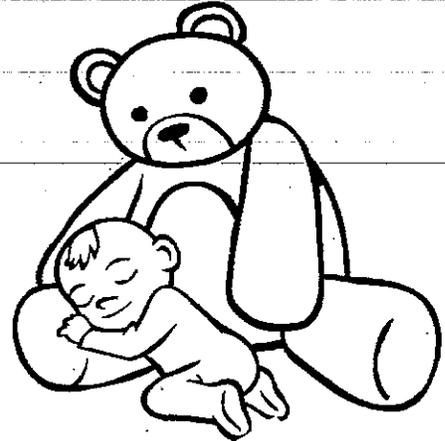
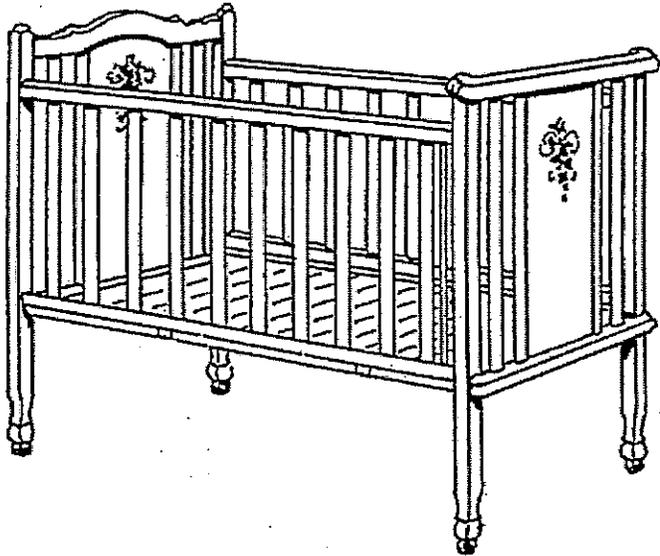
MY NEW FAMILY.....PG. 9

SUPER SIBLING CERTIFICATE.....PG. 10



PREPARING FOR BABY

Set up the baby's area.

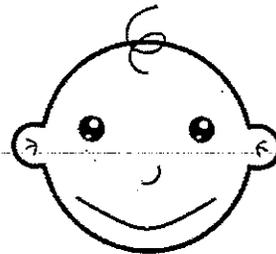
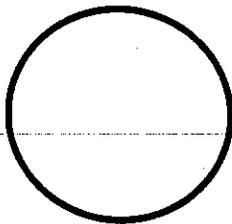
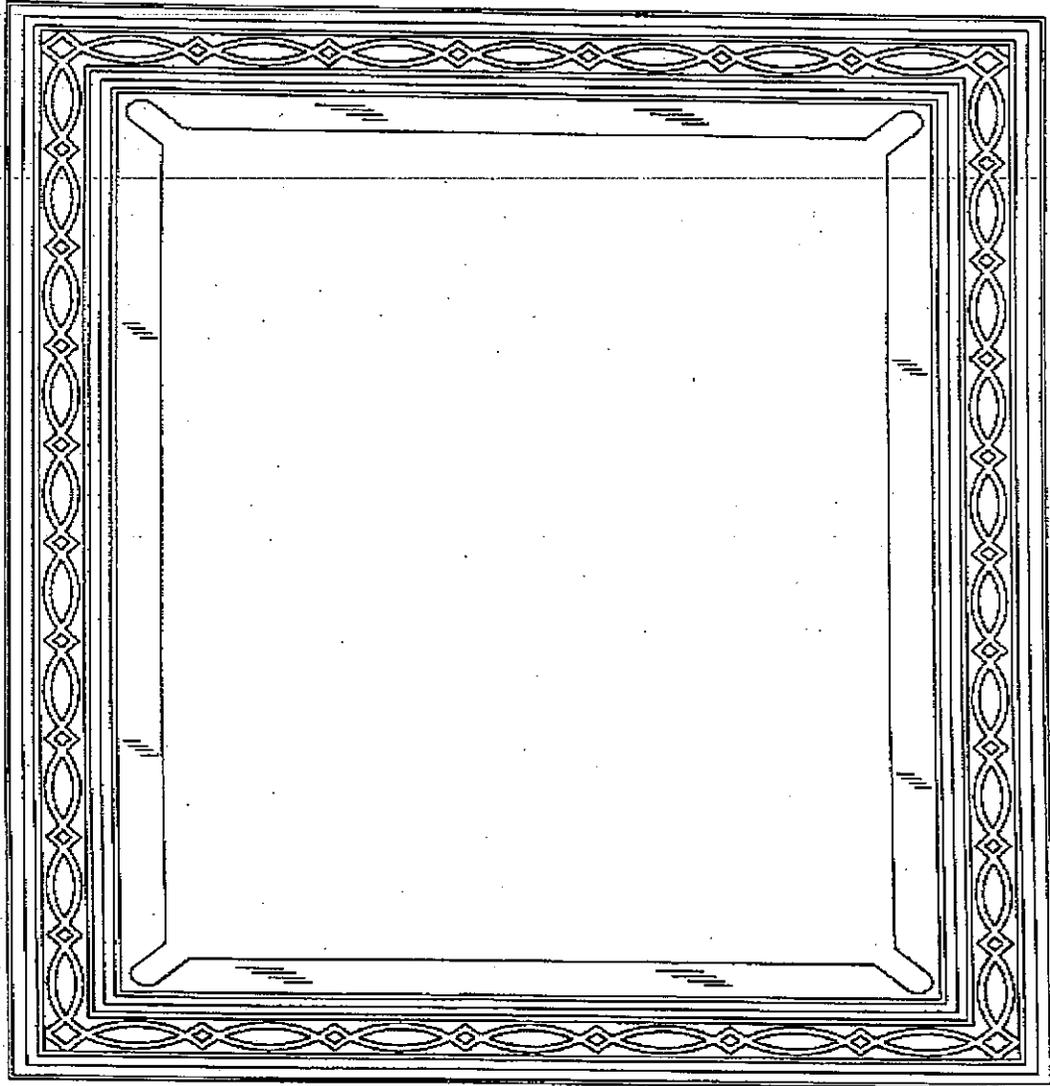


Gather baby toys and clothes

Choose a name for baby.
My favorites are:



Baby Face



Draw a picture in the frame of what your new baby might look like.
Create your own or use the model above.

Baby Touch

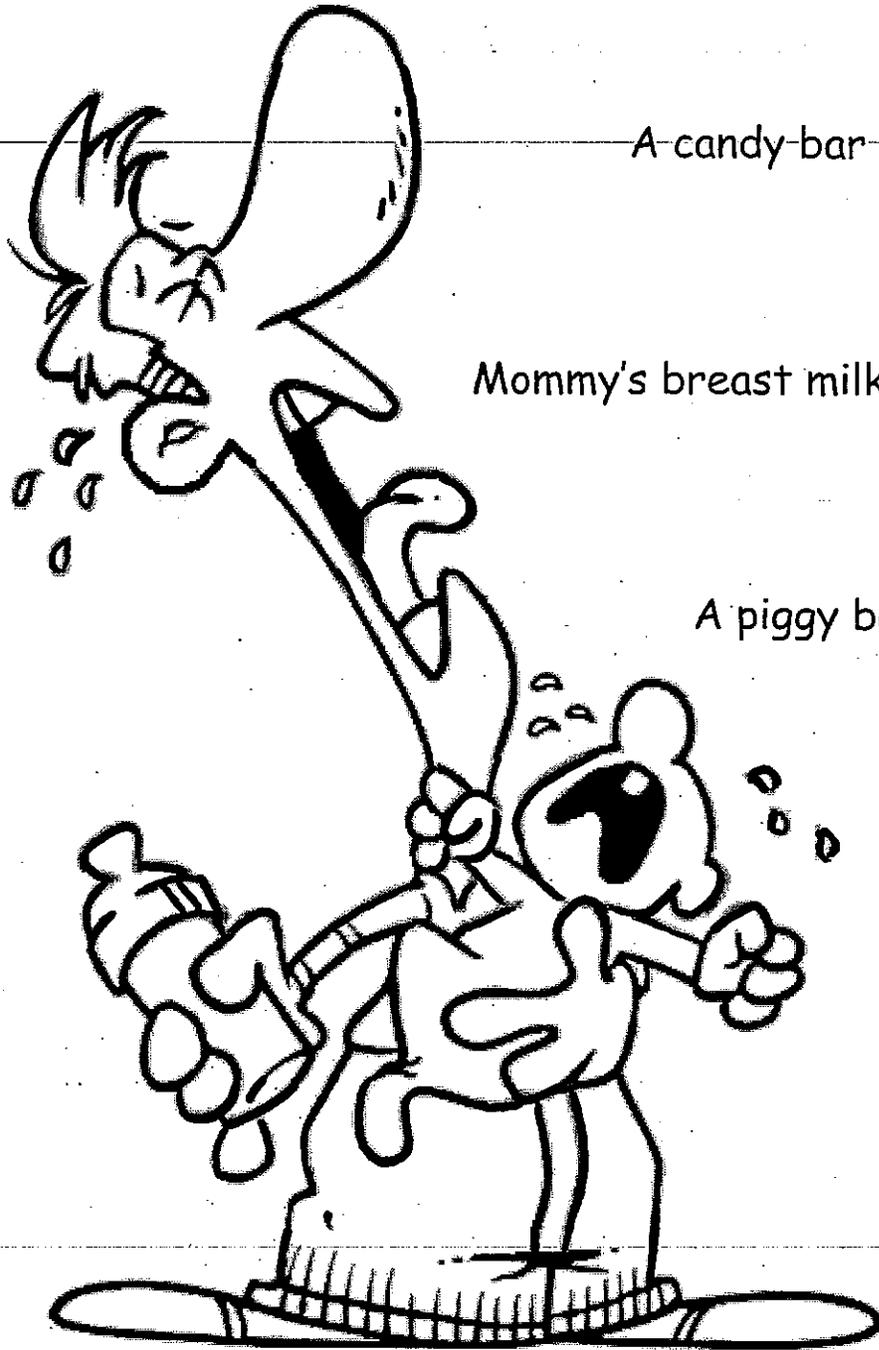
BABY HANDLING DIRECTION:

Wash your hands.
Have an adult with you.
Hold the baby's head carefully.
Always be gentle!



Practice the instructions above with your favorite doll or stuffed animal.

Baby Talk



A candy bar

A clean diaper

Mommy's breast milk

A big hug

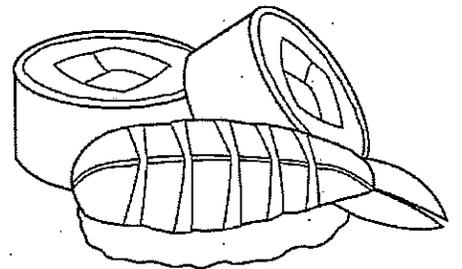
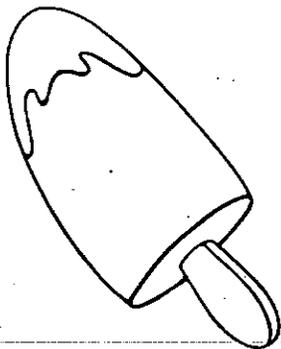
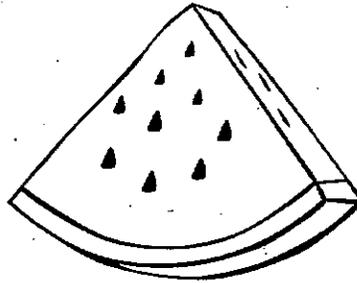
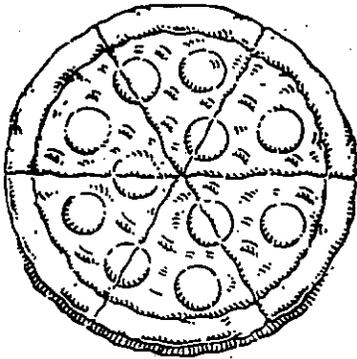
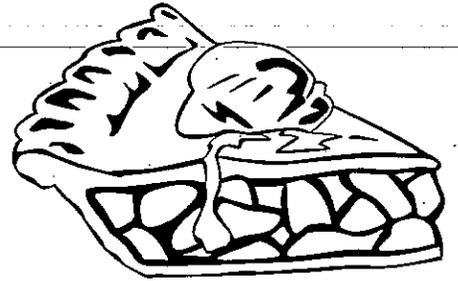
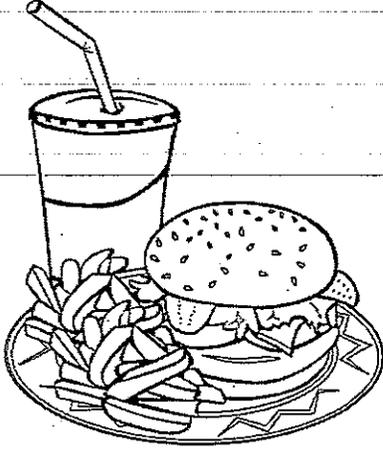
A piggy back ride

A nap

A new video game

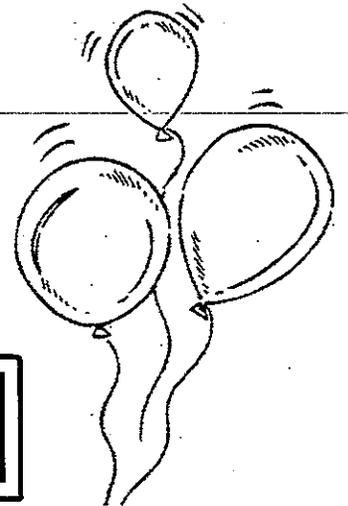
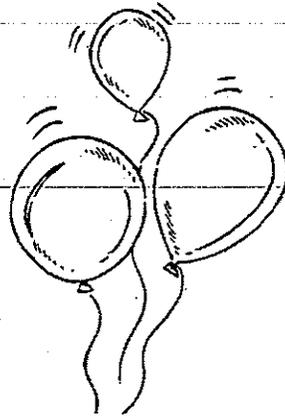
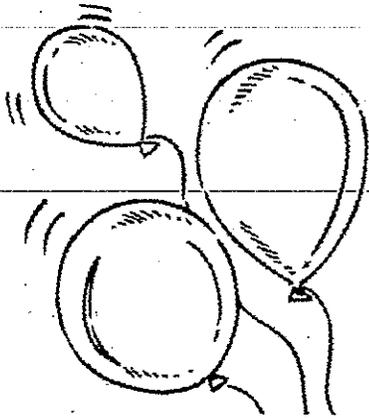
From the list above, circle what the baby wants and cross out what the baby does not want.

Baby Food



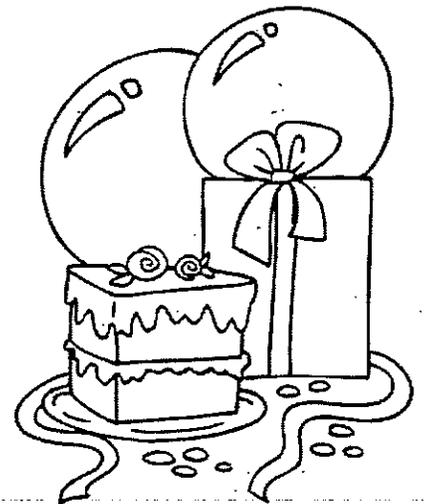
From the pictures above, circle the two foods that babies eat
and cross out the foods they cannot eat.

Baby Party



W E L C O M E

H O M E



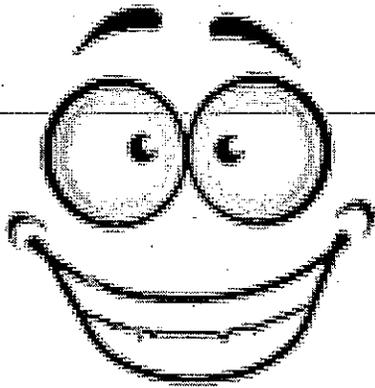
Help make a "Welcome Home" banner for your new baby and hang it above the front door.

Baby Helper



Fill in the stars with things you
can do to be a Super Sibling

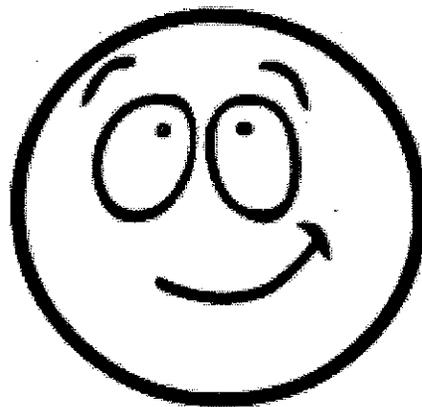
Feelings



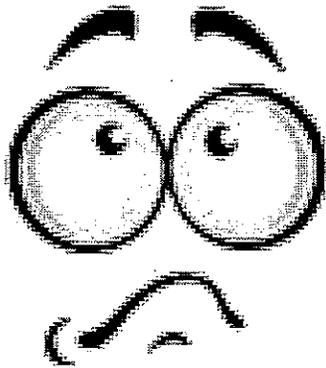
EXCITED



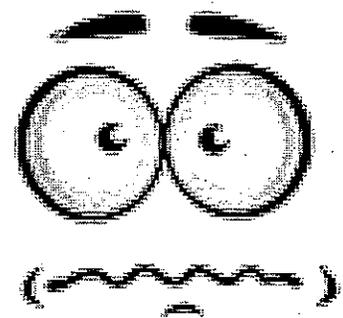
MAD



HAPPY



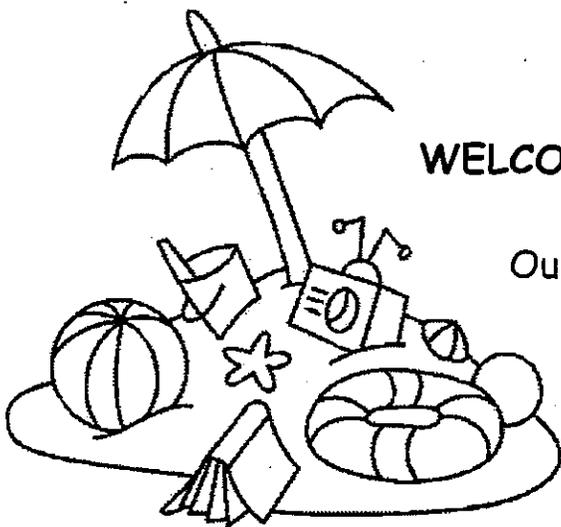
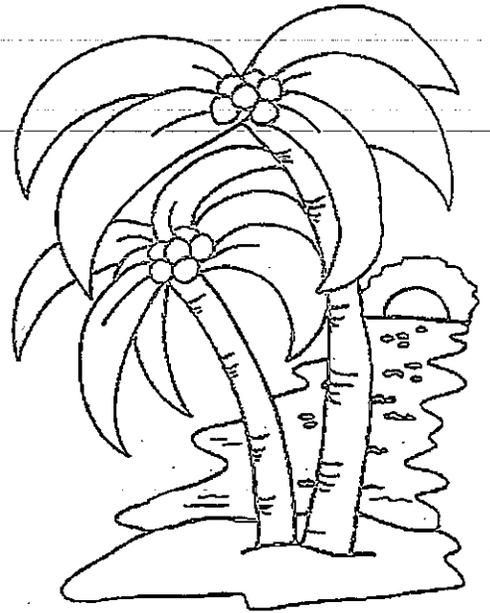
SAD



SCARED

Tell your parents how you're feeling about having a new baby.

My New Family



WELCOME TO THE FAMILY, WE LOVE YOU!

Our baby's name is: _____

Dates of Birth: _____

Time of Birth: _____

Weight: _____ lbs. _____ oz.

Length: _____ in.

Eye Color: _____ Hair Color: _____

What I like best about my new baby is _____.

My first thought when I saw my new baby was _____.

I can't wait to teach my new baby how to _____.

Draw a picture of your family at the beach or paste a photo.
Fill in the blanks when your new baby is born

