



TYPHOON INSTRUCTIONS FOR OBSTETRICS PATIENTS

The Typhoon Season is from June through November. During a Typhoon it may be extremely difficult and dangerous for you to travel to the hospital if labor begins.

****Therefore, if you are 37 weeks or greater in gestational age or have been told to come in for other medical indications, we strongly urge you to come to the hospital once Tropical Cyclone Condition 1-Caution (TCCOR 1-C) is announced.**

Due to limited space in the Naval Hospital, you may bring **only ONE adult** with you (*no children or pets due to safety concerns*). Cots and/or air mattresses will be provided in large community rooms. If you need medical care during this time, you will need to report to labor and delivery. If you do not need medical care, we will continue to provide you with shelter until cleared to return home.

We recommend that you bring the following:

- Sleeping bag and pillow
- Appropriate, comfortable clothing and closed-toe shoes
- Linens and towels for personal use
- Toiletries (toothbrush, toothpaste, hairbrush, soap, shampoo, etc . . .)
- Medications
- Snacks and beverages in sealable containers
- Entertainment (playing cards, puzzles, games, books)
- Ipad/ipod/laptop/ CD player-with headphones
- Money for meals in the galley: \$3.45 for breakfast, \$5.55 for lunch and \$4.85 for dinner.

When reporting to the hospital, you should check in at the information desk.

If you choose to remain at home during the typhoon and you experience a medical emergency, please call 911 (off base: 911-1911, from cell phone: 098-911-1911). Please be aware emergency transportation during a typhoon will not be a regular ambulance, but in a heavy tactical truck or humvee. It may be dangerous, and it may be quite difficult for the drivers to find your house if you live off base- ***transportation to the hospital may be heavily delayed***, or even impossible. For your safety and that of the transportation crew, we recommend you come in to the hospital for shelter.