



WHO WE ARE

Designated the Department of Defense (DoD) Deployment Health Research Center, Naval Health Research Center (NHRC) optimizes the operational health and readiness of our armed forces by conducting research and development to inform DoD policy and practice.

Our research, development, testing, and evaluation spans the spectrum from physical readiness to joint medical planning, to wounded warrior recovery and behavioral health needs, all focusing on the health, readiness, and well-being of our nation's military members and their families. We focus on research that is operationally relevant driven by fleet requirements. Our core research areas include Deployment and Operational Health Readiness, Medical Informatics, and Military Population Health.

OUR TEAM OF EXPERTS

NHRC's team includes the nation's top researchers and scientists. We are composed of a mix of active duty service members, federal civil service employees, and contractors who are dedicated to our vision of being the DoD's premier operational health research center.

We are one of eight laboratories affiliated with the Naval Medical Research Center in Silver Spring, Maryland, within the U.S. Navy Bureau of Medicine and Surgery. Together, we support military mission readiness with research and

development delivering high-value, high-impact solutions to the health and readiness challenges our military population faces on the battlefield, at sea, on foreign shores, and at home.

STRATEGICALLY LOCATED

We are strategically located aboard Naval Base Point Loma in San Diego, California, with access to more than 95,000 uniformed service members, world-class universities, industry leaders, Naval Hospital Camp Pendleton, Naval Medical Center San Diego, and Navy Medicine West. Housed in 24 historic 1940s military barracks buildings, San Diego has become the ideal location in proximity to a variety of potential research populations.

A RICH HISTORY

NHRC was established in June 1959 as the U.S. Navy Medical Neuropsychiatric Research Unit (NPRU). The first formal longitudinal research study started in spring 1960. In 1974, by authority of the Chief of Naval Operations, NPRU was re-designated as NHRC, with the mission to study medical and psychological aspects of health and performance. Today, NHRC's cutting-edge research and development is used to optimize the operational health and readiness of the nation's armed forces.