

Educational & Developmental Intervention Services (EDIS)

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What we offer:

- Free developmental screening and evaluation for children under age 3
- Comprehensive developmental screening at well-child visits with Pediatrics at the Hospital
- Therapeutic intervention for children under 3 who have delays in gross motor, fine motor, self-help, social-emotional, cognition, and/or communication skills
- Services delivered at the EDIS clinic, family home, or at the child's daycare
- Resources for parents and children
- Rotating theme-based community playgroups
- Monthly newsletter

Our staff:

- **Dr. Nancy Barber**, Program Manager and Psychologist
- **Jeff Mullins**, Early Intervention Specialist
- **Cheryl Fishman**, Physical Therapist
- **Jenelle Vella-Burton**, Occupational Therapist
- **Jessica Kavanaugh**, Speech Language Pathologist
- **Conchita Cuvillo**, Secretary

Contact us:

The EDIS Clinic is located in Building 1741 in Las Palmeras Housing at the corner of Alicante and Pontevedra
Phone: 727-4029

Summer-Time Activities in Spain!

Summer vacation is right around the corner, so the EDIS team wanted to share some kid-friendly community activities to add to your summer fun this year. Between the Naval base community and the Spanish community, there are options for all ages and interests. Make the most of the sunny weather and free time while keeping boredom to a minimum. Base Activities:

1. **Library Story Time**—Every Tuesday from 11:30-12:00 and 2:30-3:00. Story time includes reading, crafts/activities, and/or special guests. Feel free to

bring a lunch or snack.

2. **Swim Lessons** are offered at the aquatics center. Prices based on the number of children participating. Contact the Aquatics Center at 727-2129 for details.



3. **Kid Music classes** are held on base on Wednesday morn-



ings. This class is a great way to introduce your child to music and social interaction. Sign up at the Liberty Center.

4. **EDIS Play groups** take place once a month. The groups are designed to provide age appropriate developmental activities in a fun and social environment. All children 0-3 and their siblings are invited. Please check for flyers on base and the Rota Q & A page for details.

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EDIS Playgroup...at the Beach!

EDIS will be hosting a fun playgroup at Admirals Beach on June, 22 from 10:00am-11:30am. All children 0-3 and their siblings are welcome to join us for this exciting play group. Feel free to bring your child's favorite beach

toys. Activities will include age appropriate sand and water toys, sun shelter and lite snacks. Play groups are a great way to meet other families, develop your child's social skills, and expose them to developmentally stimulating activities.

So, please, come on out!

Remember to bring sun-tan lotion. Sun umbrellas & hats are handy too!

Let us know that you will be coming by contacting Jeff at 727-4029 or at jeff.m.mullins.ctr@mail.mil

Summer-time Activities (cont.)

5. Mommy Madness takes place every Monday and Wednesday from 10:15-11:00 at the gym. This class is designed to give parents a chance to exercise with your child (0-5 welcome).
6. Base run/walks are offered free of charge each month. This is a fun opportunity to include the whole family in a community activity. After the race, enjoy some refreshments and get to know other families on base.

Activities in Town (Rota/El Puerto)

1. Baby Swimming lessons for infants 4 months-3 years. These classes will be held in July during the morning or evening at Hotel Pinomar in El Puerto. For more information check the website: laurapeist-matronatacion.com
2. La Granja Escuela is a farm and education center in Arcos de la Frontera that offers a variety of

family friendly, hands-on activities with the farm's plants and animals. Check out the website at granjaescuela.net or call them at 956 725 950.



3. Zoobotanica in Jerez is a fun way to get outside with your child and teach them about animals and plants from around the world. For more information and directions, visit the website zoobotanico-jerez.com.
4. El Rancho Cortesano is a bee farm and vegetarian restaurant that offers tours for people of all ages. A great way to spend the day outside and learn something new about the local bee farm.
5. If you love cheese and animals, check out El Bucarito in Rota. Learn how to make cheese and taste it too! See birds of prey, goats, donkeys & more animals up close on their organic farm. Pre-bookings required. <http://elbucarito.es>

Don't forget about the base housing pool, local beaches and parks in the area. Happy exploring!

Planting the Seed

Summer is a great time to get your hands dirty....and let your kids get a little dirty too. Gardening is a fun and educational experience for your entire family. Not only does playing in the garden offer a variety of sensory experiences, it teaches your kids about plants, insects, the planet and our food source. Touching the dirt, making mud pies, playing in the water, and digging are just a few sensory opportunities offered by including your kids in this activity.

If you have a yard, the options are endless. You can plant a small vegetable garden or add a touch of color to your garden with some annual flowers.



If you don't have a garden, let your child help pick out some colorful pottery at your local shop or gypsy market and plant a variety of flowers and veggies. Gardening is an activity that can last the

entire summer. Track the height of the flowers or how tall the vegetables are growing. Talk about colors and name different insects.

Now grab your shovels, a bag of dirt, some pottery and some seeds and get started on your family garden today!

