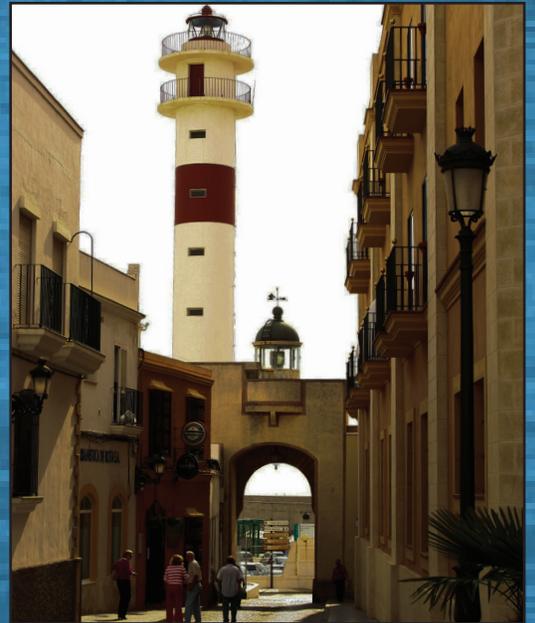


Welcome Aboard

Naval Station Rota, Spain
April 2011



Your guide to Naval Station Rota, Spain

Welcome to U.S. Naval Station, Rota, Spain, "Gateway to the Mediterranean." We are located on a Spanish Naval Base on the southwest coast of the beautiful country of Spain, adjacent the city of Rota and situated very near the city of Cadiz. A tour of duty here offers much to see and do, as this area provides a wonderful place to live, work and share the culture with your family and friends.

Whether you are assigned to one of the departments of the naval station or a tenant command, you are becoming part of an exciting team here in Rota. We are a vibrant, joint installation with a clear focus on one common goal: providing the best operational and logistic support to the warfighter, be they Navy, Air Force, Army or Marines, or our allies.

Our Spanish hosts and neighbors are warm and friendly. Learning the language and culture will enrich your time here, and you'll leave Spain with many friends and fond memories of what can be your greatest tour. Whether you come here with your family or you are single, there are countless opportunities for travel, education, and personal and professional growth.

Life in Spain is different than what you are used to in the states, and you will be faced with some unique challenges here. That's one of the reasons we are glad to provide this guide: to answer many of the questions you may have about your new home, as well as ensure you have a smooth transition here. Make early and frequent contact with your sponsor, as they can find answers to your detailed questions and walk you through the transition process. Additionally, you can also find out quite a bit about the base on our website, www.cnic.navy.mil/rota, and at the Military Installations database, at <http://www.militaryhomefront.dod.mil>. or visit our facebook page at www.facebook.com/USNavalStationRota.

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The town of Rota from the marina.

About Spain and Spanish Culture

Welcome to Spain – or more specifically, Andalusia, the country's southernmost self-governing region, with its 500 miles of beaches or "playas," its crystal blue seas, and rolling countryside rich in sunflowers, olive trees and flourishing vineyards.

Known as the "Florida of Europe," Andalusia is known for its laid back lifestyle, healthy food, and friendly locals. Few locals speak English, so learning some Spanish before arriving will help you integrate more quickly. And the sooner you adapt to this vibrant culture, the happier and more fulfilled you will be.

Andalusia is comprised of eight provinces stretching east to west across the southern coast. They include: Cadiz, Cordoba, Jaen, Huelva, Almeria, Malaga, Granada and Sevilla.

Rota, a town of 30,000 nearest to the base, is one of many small whitewashed villages, or Pueblos blancos, directly on the Atlantic coast. In the summer, Rota swells to about 100,000 — most of them vacationing Europeans. The same is true for other Andalusia towns, where the main industry is largely related to tourism.

Expect mild, breezy weather similar to southern California, with temperatures ranging from 75 to 95 degrees Fahrenheit in the summer and 40 to 70 degrees in the winter. Vegetation is colorful, plentiful and year-round.

While here, don't forget that you are stationed on a Spanish naval base and are, therefore, a guest in Spain. Gates are maintained by Spanish navy security and require use of special identification, plus a vehicle pass, to enter and exit. The United States flag is flown only on the Fourth of July.

History

Andalusia's history dates back thousands of years, when the Phoenicians settled its seaboard and established trading posts. Cadiz, a short drive from Rota, was settled in 1100 BC, making it Europe's oldest city.

Some have said that Spain's relaxed style comes from centuries of occupation by various civilizations, many of which fought viciously for the land. Why get uptight about something in the here and now, the logic goes, when so much has already happened, and everything works out in the end? The Celts, the Tartessus Kingdom, the Greeks, the Romans, the Phoenicians, several European



barbarian tribes, the Visigoths and others have ruled over Andalusia over the centuries.

Perhaps the most influential period came from the invasion of the Moors, who were Islamic warriors from Arabia and North Africa. Remnants of their eight-century rule remain in ruins and monuments, such as the Mosque of Cordoba and the Alhambra Palace of Granada.

The Christian Reconquest overthrew the Moors and by the 15th century, Andalusia became the launching point for Europe's exploration of America. The New World opened the region to imports of gold and other wealth.

Catholicism became the dominant religion and remains so today, though Spain is more secular than in the past.

Politics

Democracy was reinstated in Spain after dictator Francisco Franco died in 1975. Franco, a fascist and military ruler, had been sympathetic to Nazi Germans during and after World War II. This prompted an international blockade, which crippled Spain's growth, until diplomatic relations were restored in 1950.

Franco had arranged that upon his death, the monarchy would be reinstated with Prince Juan Carlos as king, instead of his father, Juan. This paved the way for a democratic government divided into autonomous regions, one of which is Andalusia.

Andalusia became an autonomous region in 1982 and created its own regional administration, known as the Junta de Andalusia (Assembly of Andalusia). As an active member of the European



A centuries-old Catholic church and stone castle, which now serves as City Hall, are at the center of Rota.

Union, Spain has dramatically improved its standard of living in recent years.

Political demonstrations occasionally occur outside the Rota naval base. Labor disputes also occasionally prompt peaceful gate demonstrations. As a representative of NATO and the U.S. military, you should avoid them altogether, as well as any involvement in political campaigns. Defacing or removing political or labor literature is a serious offense.

Economy

Today the economy of Spain is the fifth largest in Europe, accounting for about nine percent of European Union output. Per capita income is near the middle of the 27 member European Union, which means a moderate, yet comfortable, cost of living compared to the whole of Europe. Spain's currency, like most of Europe is the euro.

Industry is primarily rooted in small and medium family businesses. Indeed, only 11 Spanish companies are among the world's top 500. In Andalucia, tourism is easily becoming the region's most important industry, employing 10 percent of the workforce and growing.

Unemployment in Spain is typically near the top of EU member nations, and is now above 10 percent nationally. In Andalucia, unemployment is typically higher than the national average, and is the highest among Spain's autonomous regions.

Culture Shock

Spain has changed more in the last three decades than perhaps any other European country. It has shed its rural, developing image for one that is booming with tourism, construction and people who are proud of their traditions and progress.

Visitors who are most readily accepted are those who embrace the Spanish culture, rather than clinging to their own country's traditions. Spaniards tend to be more conservative in their dress, and they rarely eat or drink while walking. Blending in means

dressing more formally and becoming accustomed to later hours for eating and shopping.

Spaniards take their siestas seriously. Most restaurants and businesses close in mid-afternoon and re-open in the evening. A 9 p.m. dinner is typical, and the streets stay busy until well after midnight. In summer, nightfall doesn't come until 10:30 p.m., with activities stretching well into the morning.

Language

Though Spanish is the spoken language in Andalucia, it is spoken with a different accent than in Mexico and other, more familiar Spanish-speaking regions. The letter "z" is pronounced as "th" – thus, the airport town of "Jerez" sounds like "Hereth."

The best advice is to learn at least some Spanish before coming to Rota. Most locals don't speak English, or speak very little. Though you can get by without the language – locals are usually patient with someone who stumbles along in communicating – not knowing the language deprives you of truly integrating into this friendly, intimate culture.

Culture and Food in Spain

The biggest difference in Spain is when they eat, which is later than in the United States. Lunch hits its prime between 2 - 4 p.m. Dinner may start at 8:30, but reaches its peak time as late as 11 p.m., especially on weekends.

In between - usually mid-afternoon and early evening - Spaniards enjoy a siesta, or break, where stores close and locals spend time with family, napping, or taking care of personal business. When ordering, don't be surprised to get the entire fish, or the entire shrimp, legs and head still attached, though filets can be found. Seafood is always served in its shell, unless fried or in a sauce. If you prefer a filet, be sure to order it that way. Most meals come with fresh baguettes and a small 'tapa' or appetizer - often olives or marinated vegetables.

Eating etiquette varies from place to place.

In Spain, for instance, locals rarely eat with their hands. Pizza is cut with a knife and fork and eaten in bites, rather than slice by slice. Spaniards also don't mind elbows on the table - but they do mind when someone yawns and stretches while dining.

Tipping is expected in Spain, but there is no hard-and-fast rule. Typically, 10 percent is adequate.

Ventas are usually small, family-owned establishments that once served as a place for traders to eat. Now they are simply a casual, family-style place to dine. A Meson, which means "inn," tends to be rustic. If the word "bar" is on the sign, that means tapas (appetizers) are likely served with the local brew.

Force Protection

Living and working overseas carries its own extra force protection considerations beyond those that have become a part of daily life in the U.S. Potential terrorist attacks must remain on everyone's mind, now more than ever, and military members, in particular, must be vigilant.

Violent crime is rare in Andalucia, though petty crime is common. Visitors are encouraged to use common sense by watching out for strangers, keeping items out of sight in vehicles, and protecting purses and wallets.

The Commander, Naval Activities Spain is responsible for the force protection of all DOD members, including tenant activities and departments throughout Spain and Portugal.

Before visiting other European countries, you'll need a country-specific force protection brief. Travel to locations in Africa require 30 days advance notice and approval from AFRICOM. Contact Security's Force Protection Office for details.

As part of your overseas screening, you and your family members must complete a Level I force protection brief. Newly arriving personnel will receive a refresher brief during the Intercultural Relations Course, as well as a local law enforcement brief. These instructive briefs are open to spouses, DOD civilians, and their spouses. They will address issues concerning travel both in and out of Spain, as well as cautious measures to take in daily living.

About Naval Station Rota

Naval Station Rota History

Rota was established in 1953, following the signing of an agreement for facilities use between the United States and Spain. The agreement re-

quired two years of surveys, negotiations and planning between the United States and Spain, which led to completion of the base in 1953.

Rota Naval Base was constructed under the technical supervision of the Navy's Bureau of Yards and Docks. Some 10,000 concrete tetrapods, resembling large jacks, were carefully placed to provide a seawall to protect a large artificial harbor.

Naval Station Rota is located on the Bay of Cadiz between the towns of Rota and El Puerto de Santa Maria. Three entry gates – Rota, El Puerto and Fuentebravia – are operated by Spanish security forces. Security inside the base is provided by both Spanish and U.S. Navy security teams.

Naval Station Rota's Mission

The Commander, U.S. Naval Activities (COM-NAVACT) Spain is headquartered in Rota and serves as the area coordinator for all U.S. Naval Activities ashore in Spain and Portugal. He also serves as the Commanding Officer of Naval Station Rota. The Commander reports directly to Commander, Navy Region Europe, Africa and Southwest Asia, located in Naples, Italy.

Naval Station Rota and its more than 20 tenant commands comprise around 3,000 Americans within a 25-mile area. Of those, nearly 1,200 are active duty representing all services; 1,600 are family members, and 200 are civilian employees. Additionally, there are some 300 U.S. military retirees in the area.

The U.S. Navy is responsible for maintaining the station's infrastructure, including a 670-acre airfield, three active piers, 400 facilities and 800 family housing units.

Naval Station Rota provides support for U.S. and NATO ships; supports the safe and efficient movement of U.S. Navy and U.S. Air Force flights and passengers; and provides cargo, fuel, and ammunition to units in the region.

The Naval Station is the only base in the European theater capable of supporting Amphibious Readiness Group (ARG) post-deployment wash-downs. The base port also offers secure, pier side maintenance and backload facilities. Naval Station Rota also supports ARG turnovers and hosts Sailors and Marines from visiting afloat units.

The base provides Quality of Life support to Moron Air Base, ARG support sites at Palma de Majorca, Naval Support Elements in Madrid, Valencia and Lisbon, Portugal. Rota also supports NASA Space Shuttle missions, and ongoing operations in the European theater of operations.

The Rota Base Community

Known as the Gateway to the Mediterranean, Naval Station, Rota is strategically located near the Straits of Gibraltar, halfway between the United States and Southwest Asia. The 6,100-acre Spanish-owned installation provides vital support to units transiting into or through the theater.

The Rota Naval Base, known as Base Naval de Rota, is owned by the Spanish and commanded by a Spanish admiral. U.S personnel are guests and should behave as such. That said, the U.S. and Spanish navies work well together and share many facilities under the guidance of the Agreement for Defense Cooperation.

Tenant Commands in Rota

725th Air Mobility Squadron

The 725th provides en route support for Air Mobility Command (AMC) strategic, theater and contract aircraft transiting Naval Station Rota, Spain. Performs aircraft generation, launch and recovery

actions. Operates the Air Mobility Control Center, a forward supply location and two supply points. Manages AMC missions and aircrew operations. Provides technical expertise to Navy/Spanish contractor on transportation issues. Supports DoD, NATO and HHQ taskings.

U.S. Naval Hospital Rota, Spain

U.S. Naval Hospital Rota provides health services for all active duty personnel, retirees, DOD civilians and contract employees and family members in the Rota community. In addition to inpatient and outpatient services, ancillary health services include laboratory, pharmacy, and radiology. Outpatient clinics provide primary care, with specialty support in aviation medicine, dental, internal medicine, obstetrics/gynecology, optometry, orthopedics, pediatrics, psychiatry, family practice, physical therapy and surgery. With over 250 health care professionals supporting your community facility, the hospital staff strives daily to provide the best health care in the world.



Emergency services are available 24/7. Please call 727-3305 or 727-3560 for further information.

The dental services directorate provides dental services to active duty personnel and their command-sponsored family members. Other eligible beneficiaries are provided basic preventive, routine, and restorative care. DOD civilians are charged an itemized fee. Retirees and their family members may be provided treatment on a space available basis.

To obtain a referral for specialty dental care, active duty personnel and their family members must first be examined to identify all required dental treatment. Orthodontic (braces) and prosthodontic (crowns, bridges, dentures) treatment is sometimes limited and based on the severity of need and panel recommendations.

521st Air Mobility Operations Group (AMOG)

The 521st Air Mobility Operations Group provides combat-ready airmen who safely and effectively perform aircraft maintenance, execute aerial port operations and provide command and control for operational requirements of the Defense Transportation System. The group is the premier fixed en route air mobility operations group.

Commander, Task Force SIX EIGHT (CTF-68)

The mission of CTF-68 is to exercise tactical control and functional component command over assigned forces for the direction, control and approval of movements, maneuvers and operations necessary to accomplish Commander, U.S. SIXTH Fleet missions and tasks.

Fleet Antiterrorism Support Team Company Europe

The Marine Corps FAST Company, Europe provides short-term augmentation for installations and ships or vital naval assets when threat conditions have been elevated beyond the capabilities of the permanent security forces and conduct deterrence/presence as approved by Commander, U.S. Naval Forces Europe. The Company is comprised of two FAST platoons and a Headquarters element.

Explosive Ordnance Disposal Mobile Unit Eight, Detachment Rota

This command has operational EOD capability

to locate, identify, detect, render safe, recover, field evaluate and dispose of all explosive ordnance, as directed by Commander, U.S. Naval Forces Europe; conduct demolition operations to include disposal of retrograde ordnance; support U.S. Secret Service and Department of State tasking; support minor ships husbandry services as required by COMNAVACT Spain.

Naval Computer and Telecommunications Area Master Station (NCTAMS), Det Rota

Provides command, control, communications, computers and telephone services to Naval Station Rota, its tenant commands, Department of Defense customers throughout Spain and Portugal, and others as directed.

Naval Facilities Engineering Command (NAVFAC) Europe, Africa and Southwest Asia, Detachment Rota

NAVFAC Rota is a field office for NAVFAC Europe, Africa and Southwest Asia in Naples, Italy, which is a forward deployed extension of the NAVFAC Atlantic. Their mission is to provide quality construction, proactive operational support and expert engineer services to the nation's military forces.

NAVFAC Rota is a fully integrated arm of the Public Works Department (PWD). The Naval Station Public Works Officer is also double-hatted as the Officer-in-Charge of Construction. As such, the PWD and NAVFAC Rota mission statements are one in the same.

Personnel Support Activity Europe, Detachment Rota (PSD)

The men and women of PERSUPACT Europe, Detachment Rota provide prompt, professional, comprehensive and courteous pay, personnel and transportation support to authorized military, civilian and dependent personnel in the European theater.

Regional Legal Service Office (RLSO)

RLSO is staffed by licensed military and civilian attorneys, legalmen, and civilian employees with legal assistance provided in the areas of military justice, Spanish criminal and civil cases, claims adjudication, command advice, and legal assistance. The staff also prepares wills, powers of attorney, and notarizations.

Veterinary Treatment Facility, Rota

The Naval Station has one U.S. Army veterinarian whose primary mission is food inspection. Pet care is a secondary function, which is provided within time and equipment limitations. The surrounding area has several good veterinarians and a list is available at the Veterinary Clinic.



NAVSTA veterinary clinic provides services when available.

Military Sealift Command, Europe Representative (MSCREP), Rota, Spain

The MSCREP supports the Commander, MSC Europe, in managing port operations of dry cargo, and aviation and diesel fuel at Naval Station Rota, as well as coordinating bunkering, husbanding services, and force protection for multiple MSC ships and port locations throughout Europe and Africa.

Other Support Units at Rota

- American Red Cross
- Armed Forces Network (AFN)
- Defense Commissary Agency
- DGF Elementary School
- DGF High School
- Defense Re utilization and Marketing Office
- Naval Criminal Investigative Service
- Navy Exchange
- Navy Marine Corps Relief Society

Preparing for Transfer Overseas Screening

Upon receiving orders, your current command should immediately begin the process of overseas screening for you and your family as soon as you have orders in hand. This typically includes medical

examinations, inoculations and an interview with a command representative. Details can be found in OPNAVINST 1300.14D. Your command's administrative department should have details on this process, so contact them immediately.

Sponsor

Your sponsor will offer all necessary assistance to make your move as smooth as possible. Sponsors typically help with making temporary lodging arrangements, answering questions and providing useful information for your transition overseas.

It is your responsibility, however, to communicate with your sponsor to let him or her know your needs and arrival date. If you do not know who your sponsor is, call the NAVSTA Admin Office at DSN 727-3129.

Passports/Visas

Military members of the U.S. Forces do not require passports. They may enter and depart Spanish territory without passports upon presentation of DOD and NATO orders (both are required) and military ID card (DD-2). However, travel to Gibraltar and other locations in Europe and Africa requires a passport. If you plan to travel to these places, you will want to have a tourist passport before coming to Spain.

Members of the civilian component and all family members, regardless of age, assigned to Spain must be in possession of a valid official, "no-fee" passport. There is no need to obtain a Spanish visa. No-fee passports are valid for travel on official orders only. Family members or civilians planning to make private trips will need a tourist passport. Family members are then issued the "Spanish ID card" by Security and will be recognized base-wide as command sponsored.

NATO personnel are required to have a no-fee passport prior to arrival in Spain when assigned to duty in Valencia, Spain or Madrid because of duty requirements. The Spanish government requires a passport to obtain an NIE number, which is required to rent housing, open checking accounts, hook up utilities, and live on the economy. All personnel assigned to NATO must live on the local economy at these locations.

You may be required to hand over your passport when you spend the night at a hotel or hostel anywhere in Europe, though most hotels will be happy making a photocopy of your passport. This is standard practice and it is required to show a picture I.D. If you apply for a tourist passport or renew

your passport while in Spain, you must present an original birth certificate (or naturalization certificate) in order to apply. The process generally takes four to six weeks.

Needed Documents:

Family Members of Military Personnel: Regular no-fee passport (visa not required); Copy of sponsor's assignment orders; DoD Family Member ID card.

Family Member of Military/Civilian Component Members: Official no-fee passport (visa not required); Copy of sponsor's assignment orders; DoD Family Member ID card; Certificate proving their status as a family member issued by a U.S. Personnel Center (see Foreign Clearance Guide DOD 4500.54-G for Spain)

Note: If the family name of a dependent is different, proper adoption papers, custody document, or certificate of relationship to sponsor, in Spanish, is required.

Power of Attorney

A power of attorney may be useful or necessary, especially if the service member will be absent from home for extended periods of time. A power of attorney may be tailored and limited to fit your particular needs, enabling the holder (usually the

spouse or a trusted friend) to act on behalf of the member.

General powers of attorney are strong documents and should only be used in limited circumstances. A judge advocate can provide advice on whether to get a general or special power of attorney. In most cases, a special (or limited) power of attorney can be drafted that will protect the maker and authorize the holder to complete any required business. If you need a power of attorney before transferring, contact your local Legal Assistance Office.

If you want your spouse to have the ability to cash checks at PSD Rota, you will need to give your spouse a special power of attorney for that purpose.

Medical Requirements

You and your family members are required to undergo overseas medical/dental screening within 30 days prior to transferring to an overseas location. Detailed guidance is found in NAVMED 1300.1. The screening must be completed at your current command.

During the screening inform the physician of any chronic health problems requiring long term or specialized treatment. This information is essential to determine whether the overseas medical treatment facility has the capability of providing follow-up care for these conditions. Failure to divulge this information can adversely impact your health and well-being of your family members, if the required follow-up care is not available. Additionally, such failure may result in the early return of your family members at your expense, and may subject you to charges under the Uniform Code of Military Justice.

If you are pregnant, you must arrive at your ultimate duty station prior to your 29th week of pregnancy. If you are more than 29 weeks pregnant, you and your newborn must be screened at your current command for overseas suitability six weeks after delivery. If you or your family member has recently been hospitalized, a complete medical/dental record of all examinations and treatment pertaining to the hospitalization



must be provided to the screening physician. If there are any questions on the availability of medical care at Rota, the screening medical/dental officer should contact the Overseas Screening Office, U.S. Naval Hospital, Rota, at DSN 727-3481 or commercial 001-34-956-82-3481.

Immunizations for Spain

For you and your family's health protection, certain immunizations are required. These are to be received at your command prior to detachment. Immunizations required by the Navy for active duty and their families are listed below:

Active Duty:

- Smallpox, Typhoid: Required if in a deployable billet (with orders to CENTCOM AOR).
- Tetanus & Diphtheria: Every 10 years.
- Polio: Series completed.
- Influenza: Yearly.
- Yellow Fever:
 - USMC: Every 10 years.
 - USN: Once in a career, then only if deploying.
- MMR: Series completed.
- Hepatitis A: Series completed.
- Hepatitis B: Required for security/hospital personnel, recommended for all others.

Family Members:

- Tetanus & Diphtheria: Every 10 years.
- Influenza: As recommended.
- Hepatitis A and B: Recommended.

Immunizations required DoDDS Schools:

- Diphtheria, Tetanus and Pertussis: Four doses required, and at least one dose must be administered after the 4th birthday. A fifth one is highly recommended at 4-6 years of age. Booster required for children ages 11-12.
- Oral Polio: Three doses required, and at least one dose must be administered after the 4th

birthday.

- Measles, Mumps and Rubella: Two doses required, at least one month apart.
- Hepatitis A: Two doses required.
- Hepatitis B: Three doses required.
- Haemophilus influenzae type B (Hib, Hib-HepB): Two to four doses.
- Varicella/Chicken Pox: If child hasn't had Chicken Pox already one dose is required if under age 13; two doses required if over age 13.

A certificate of Vaccination of the World Health Organization, properly signed and authorized by a medical officer or private physician, is required. This certificate should be kept in your possession at all times as evidence of immunization.

Preparing Financially

Relocating costs money, much of it up front. Though you will be reimbursed for many of these expenses, plan on saving between \$1,000 and \$3,000 for the move. For many, that means starting a savings account early. Some anticipated costs are:

- Traveling expenses such as meals, drinks, souvenirs, magazines, luggage storage and handling, tips, taxi fares, etc.
- Vacation costs of any sightseeing trips, hotels, meals, entertainment, etc. while on leave.
- Rental car fees, both prior to leaving the States and upon your arrival in Spain.
- Dining out expenses while waiting for temporary or permanent housing.
- Rent deposits, usually one month's rent.
- First month's rent.
- Money for purchase of automobiles or mopeds.
- Insurance (most companies require a year's premium up front).
- Car registration fees.
- Telephone hook-up charge (on-base hook-up is free, but off-base fees can exceed \$350).

What Should I Bring?

In general, expect rooms to be small, both on and off base, with narrow doorways and scarce storage, so select your household items carefully before shipping. King-size beds, for instance, are impractical since bedrooms can be as small as 8x10 ft.

Assignment to government quarters typically takes less than one week. Finding a home in the community typically takes less than 30 days, unless you arrive during July and August, which can extend the process beyond 45 days. The Housing Office





Appliances for on and off base houses are provided by Housing.

Welcome Center (HWC) provides complimentary house-hunting transportation and can arrange temporary housing during the interim – usually at the Navy Lodge, bachelor quarters, or at an off-base hotel. Meanwhile, the HWC will help negotiate rental contracts and explain lease agreements. Only landlords who agree not to discriminate based on race, creed, national origin or sex are listed with the HWC. Whether you find your home from our listings or another source, you are not allowed to rent from anyone who discriminates.

Whether you will live on or off base, loaner furniture is also available for you to use for a maximum of 90 days while you are waiting for your household goods shipment to arrive, or after they have been shipped to your next duty station. This includes items such as beds, chest of drawers, couch/love-seat, coffee and side tables, kitchen table and chairs. Hospitality kits are also available temporarily, and include pots, pans, dinnerware and utensils.

You are strongly discouraged from shipping appliances to Rota, since the housing office will provide loaner appliances for both on and off base homes free for your entire tour. This includes dishwashers, refrigerators, stoves, chest freezers, washers and dryers. Transformers and wardrobes (for clothing storage) are also available for off base residents. Many off base homes already have appliances, however closet space is limited.

American televisions do not pick up any European TV signals. Base housing uses a TV cable system, which is compatible with U.S. televisions. For off-base residents, one may buy satellite dishes and decoders that will pick up American Forces Network (AFN) channels and installation costs are the responsibility of the tenant. However, off base it is possible to view U.S. videos with your U.S. television and DVD if you use a power transformer. You can purchase a multi-system television and/or DVD (both available at the NEX) if you would like to view Spanish TV.

Should you move to base quarters and find you have too much furniture, you are entitled to a one-time shipment of the excess back to CONUS (this does not apply to DoD civilians). This pertains to furniture only and not cartons containing books, clothes, or other miscellaneous items. The excess furniture will be packed, crated, and shipped to Norfolk, Va., for non-temporary storage.

Some of the special items you may want to bring include: vacuum cleaner belts, complete uniforms, space heaters (kerosene/electric), raincoats and umbrellas, indoor games for children, bike parts, sewing patterns, coolers, sewing machine needles, lawn and garden tools, camping equipment, extra children's clothes, favorite hair care colorants, products, and make-up.

If you collect alcoholic beverages (wines/liquors), it is suggested they be left in storage in the States. The Spanish Government will not allow alcohol purchased outside Spain to be shipped back. Wine shipments purchased in Spain may be shipped back to the U.S. Attempting to ship or transport Cuban cigars bought in Spain back to the States carries a huge and prohibitive U.S. Customs tariff – usually tens of thousands of dollars per cigar.

On/Off Base Electrical Current

On base current is 110 volts/60 cycles and presents no problem for American appliances. Power supplied off base is 220 volts/50 cycles. Transformers are readily available at the Housing Welcome Center's Self Help Store for off base residents or from people leaving Spain.

In selecting other optional appliances to bring to Spain, it may be better to wait and see what your requirements are when you arrive. Appliances using 220 volts can be purchased at the Navy Exchange or from people who are leaving.

Personal Property

Household Goods Shipment

It will take approximately 50-60 days to receive your personal property from the continental United States. Shipments from Hawaii, Guam, and Japan can take from 120 to 130 days. Upon receipt of orders, contact the nearest military Personal Property Shipping Office. Based on your PCS orders, the type of shipments you are eligible for may include the following:

- Automobile
- Personal property to CONUS
- Personal property to Rota
- Personal property to non-temporary storage
- Express (unaccompanied baggage) shipment
- Professional books, papers, and equipment

(for military only)

- Firearms to Rota

An interviewer at your Personal Property Shipping will complete an application for shipment of personal property based on the information you give. Be prepared to tell the interviewer what you want shipped, the date, and destination. Be sure all information on the forms is correct, as errors could cost you money and delay your shipment.

Express (Unaccompanied Baggage) Shipment

The express (unaccompanied baggage) shipment should consist of items you will need immediately upon arrival in Rota. Ship these items as soon as possible to ensure they arrive before you do. You may be living with only these items for several months so be sure to include all necessary items. This shipment usually arrives before the main personal property shipment; however, at times it can be delayed.

Some of the things you may want to include: Linens, baby furniture, toaster, FM radio, iron/ironing board, vacuum cleaner and bags, hair dryer, coat hangers, area rugs, common household tools, kitchenware, toys, uniforms, extra clothes (winter/summer), flashlight, hot plate, cooler, raincoats and umbrellas, mechanical alarm clock. Transit time from the West coast is 45 days and from the East coast 30 days.

Firearms

As provided by the Spanish government, shipping of private firearms to Spain is authorized only to active duty military personnel in pay grades of E-5 and above and DOD civilian employees with equivalent grades. Firearms will not be shipped

with member's household goods, but in a separate package marked "POFA" (Privately Owned Firearm).

Once in Spain, firearms must be registered with the Naval Station Security Department (Bldg. 3262, phone 727-1999). Firearms must be stored in the Security Department armory until the return of the Spanish "Guia," which permits owners to keep firearms at their residence.

The types and quantities of firearms that eligible personnel may ship to Spain are limited to the following:

- Handguns-maximum 1
- Big Game Rifles-maximum 5
- Shotguns, .22 cal. rifles, high powered pellet guns and cross bows or combination thereof -maximum 12
- Pellet Rifles/pistols (Semiautomatic firing)-maximum 6
- Pellet Rifles/Pistols (Single shot)-unlimited

While it is *possible* to ship firearms to Spain, one should consider leaving firearms in storage in the U.S., as there are no public gun ranges in the local area. Hunters must obtain permission from landowners before shooting on private property in Spain, which can be difficult to obtain.

Pets

You and your family are welcome to bring pets to Spain, but there are things to consider regarding types and sizes of pets. If living in on-base housing, you are limited to a maximum of two pets (defined as dogs and/or cats) with no limit on size. All base housing units are fully fenced, but pet owners cannot leave their dogs outdoors full-time, out of consideration for neighbors. Dog run enclosures are prohibited in housing areas.

Most Spanish landlords will impose similar limits on pets, and may impose size or weight limits. Regardless if one lives on or off base, all pets must be microchipped and registered with the base veterinary office within 15 days of residency or obtaining the animal. On base residents must also register their pets with the housing office within the same 15-day time period.

Dangerous Dogs

Certain breeds of dogs are considered "dangerous animals" under Spanish Law 50/99. This label applies to all dogs of the breed, regardless of past behavior or temperament. Dangerous dogs in Spain include:



Doberman Pinschers and certain breeds are considered “dangerous dogs” in Spain; ownership requires special licensing and insurance.

- Pit Bull Terrier
- Staffordshire Bull Terrier
- American Staffordshire Terrier
- Rottweiler
- Doberman Pinscher
- Argentino Dogo
- Fila Brasileiro
- Tosa Inu
- Akita Inu

In addition, due to increased security measures on base, German Shepherds, Chow Chows, Boxers, any Wolf hybrid, and any dog with these breeds in their lineage are also considered dangerous dogs. Any other dog that demonstrates an aggressive character, or has been involved in an attack against people or other animals, and is designated as potentially dangerous by COMNAVACTSPAIN, his designee, or appropriate Spanish Government officials, is also considered a “dangerous animal.”

All members of the force or civilian component stationed in Spain who maintain a potentially dangerous animal, regardless of whether they live on or off base, must comply with Spanish Registration Procedures. The following rules summarize the Spanish law as it pertains to owners of dangerous animals:

(1) License. All owners of potentially dangerous dogs must obtain a license for such an animal from the local city hall within 30 days of arriving in Spain. Failure to obtain a license within the time prescribed will result in the impoundment of the animal and its potential destruction. A license will be valid for a period of 5 years. Owners of potentially

dangerous animals residing on base shall present a copy of their license to Security. In order to obtain a license, the applicant owner must complete the following requirements:

(2) The applicant must be over 18 years old.

(3) The applicant must not have been convicted of a crime or have been administratively sanctioned for past violations mentioned in pertinent Spanish law.

(4) Have the requisite physical strength to control the animal when walked; dangerous dogs must be leashed and muzzled at all times in public.

(5) Pass a psychological examination from a qualified provider (several civilian clinics in Rota provide this service).

(6) Obtain civil liability insurance in the amount of 175,000 Euros.

(7) Once registered, the owner will need to carry the animal’s identity card and registration documents on their person at all times when the pet is in public.

Interpreters working in the Naval Station’s Security Department can assist owners of dangerous animals with the registration process. Call 727-3225 or 727-3246 for assistance.

Requirements for Pet Entry to Spain

Travel to Spain is accomplished using commercial carriers. Ensure your transportation office knows you’re shipping pets to Spain, so they may make courtesy reservations with your airline for you. Airlines charge fees for shipping pets, and this expense is not reimbursable. Additionally, know that several airlines impose pet embargoes, and will not accept pets when temperature limits are exceeded during any part of your itinerary. Please work closely with your transportation office to avoid any problems while traveling with your pet.

Specific requirements for pets entering Spain include:

- Pets are defined as dogs and cats only.

- Pets must be at least three months of age when entering Spain.

- Animals must be identifiable either with a 10-digit microchip (ISO 11784/5) or tattoo.

- Each pet must have a certificate of health for the European Union (located on page 32-33 of this booklet), signed by any veterinarian accredited by the U.S. Department of Agriculture, under the Veterinary National Accreditation Program (VNAP). Once completed, the certificate must be endorsed by an official veterinarian employed by the Veteri-

nary Services, Animal and Plant Health Inspection Service (APHIS). Veterinarians employed by the U.S. military are considered official veterinarians, and a certificate signed by a military veterinarian does NOT need APHIS endorsement.

- The health certificate is valid for 4 months or until the rabies vaccine's expiration date, whichever is first.

- Parts V, VI or VII of the certificate are not required for animals traveling to Spain from the United States or Canada.

- There is no quarantine in Spain.

General Pet Travel Information

Pet owners are responsible for complying with all required documentation, immunizations, and border clearance requirements and should be prepared to pay any necessary fees to obtain them.

All animals are subject to examination by the Customs' veterinarian at the Spanish port of entry (usually Madrid Barajas airport). Clearance of animals may be delayed after working hours and on weekends.

The passenger must provide an International Air Transport Association (IATA) approved container for the pet. It must be large enough for the animal to stand up, turn around, and lie down with normal posture and body movements (some commercial airlines simply require that the animal "be comfortable," so again, it is wise to check on the particular requirements of the airline you are booked on).

Mark "LIVE ANIMAL" on the container, clearly indicating your name, address, destination, and the animal's name. Include your Sponsor's local phone number on the container, and a note in English and Spanish stating whether or not the pet is friendly with strangers.

Place several layers of absorbent paper (newspaper or towels work well) at the bottom of the container. Allow your pet to become accustomed to the container by using it as a bed several days before departure. Ensure containers are leakproof, and have adequate ventilation and pets are free of respiratory problems.

Some animals with snub noses may experience respiratory difficulty in flight. Passengers should feed their pets very lightly six hours before and provide a drink two hours before being turned in for shipment. An empty water dish and a small bag of dry food should be with the container. Most airlines require two empty dishes be included with the carrier. Owners should also exercise the animal

before entering the terminal area. Pets should NOT be tranquilized unless sanctioned by a veterinarian.

Plan your trip to avoid pet arrival on weekends, holidays, or off-hours and avoid transfers/stopovers as much as possible. It is best to avoid shipping pets that are in heat (estrus). This condition causes great distress to other pets and may result in injury.

Driving in Spain

Shipping Vehicles to Spain

All active duty military personnel and DOD civilian employees in receipt of Permanent Change of Station (PCS) orders to Spain are entitled to import one POV, free from all Spanish duties and taxes. If your spouse is also military active duty or a DOD civilian coming to Spain on separate PCS orders, he/she is also entitled to import one POV into Spain under the same tax exemption conditions.

In addition, members of the force and the civilian component may purchase and maintain one European Union manufactured vehicle, acquired in Spain, free from Spanish Value Added Tax (VAT). Family members of eligible personnel, 18 years of age and over, in possession of a Spanish driver's license, may also own and maintain one European Union manufactured vehicle, acquired in Spain, free from the VAT. There are several new car dealers in the area which cater to Americans. Used car dealers and departing service members selling their "Spanish spec" EU-manufactured vehicles provide many vehicle choices, some for as little as \$1,000 or less.

In deciding whether to ship your vehicle, keep in mind that many of Spain's roadways are narrow and parking is often a tight squeeze. If your vehicle is small, it should blend in – but full-size pickups, large sports utility vehicles and other large vehicles can be a hindrance while traveling off base, or driving through the older, narrow roadways of many cities. Parking in such tight quarters produces frequent dings and scratches.

Vehicles arriving directly from the United States with a current stateside registration and license plates are issued a 45-day import permit (referred to as a "conduce") by Spanish Customs, which will legalize the operation of the vehicle in Spain while a Spanish registration is processed. Vehicles with either expired "conduces," no registration document, expired or invalid registrations, or expired plates will not be released to their owners, nor operated, until Spanish registration is obtained. Likewise, the vehicle will not be released to personnel without a Spanish translation of a valid stateside driver's

license or an International Driver's License. Spanish translations are available through the Security Department's Pass and ID section.

Personnel driving their POV to Spain in the execution of their PCS transfer from another European country must report to the Security Department Vehicle Registration Section in Bldg. 3262, with their vehicle, within 48 hours of their arrival to the Naval Station for processing of Spanish registration.

POVs must meet the minimum standards of exterior appearance that are considered acceptable in the military and civilian community. The importation of a vehicle whose body or motor structure has been modified by other than the manufacturer is prohibited.

Service for American and foreign vehicles is limited by the availability of parts. The Navy Exchange garage offers auto repair service, but carries a limited selection of ignition parts, plugs, oil, air and gas filters, hoses, batteries, tires, shock absorbers, mufflers, electrical system components, and accessories. Important items and spare parts for your POV should be purchased in advance and included in your household shipment.

Spanish traffic laws require installation of seat belts on all vehicle seats. The third brake light (cyclops light) is authorized in Spain only if it is factory

installed; aftermarket lights are prohibited.

Vehicle Pick-Up Procedure

When you arrive in Spain, it is important that you contact the Vehicle Processing Center (VPC) off base, Avenida de la Libertad 32 in Rota, at 956-81-1044, to make sure that the shipment of your vehicle is on schedule. All vehicles must be picked up no later than 45 days from the date of receipt of notification that your vehicle has arrived.

To pick up your vehicle you must: Pay the registration fee (76 €) at the local Banco de Andalucia (Bank of Andalucia) on base, between 8:30 a.m. and 2 p.m. Mon.-Fri. The vehicle registration fee is subject to change yearly in January. Report to the Vehicle Registration Section at Naval Station Security, Bldg. 3262 between 8:30 a.m.-16:30 p.m. Mon.- Fri. with:

- Registration receipt from the bank.
- Valid stateside registration.
- Vehicle insurance valid in Spain (green card).
- Spanish driver's license or a Spanish translation of a valid stateside driver's license (available from Security Department's Pass and ID Section).

The Vehicle Registration Section will issue you a release form to pick up your vehicle. Upon receiving the release form from Vehicle Registration,



Parking in the cities of Rota and El Puerto de Santa María can be tight. Smaller cars are usually better suited for Spain.

you may proceed to the Vehicle Processing Center (VPC) with the following items to pick up your vehicle:

- Release form from Vehicle Registration.
- 2 copies of your PCS orders.
- DD form 788 (POV shipping document).
- DoD Identification Card.

Drivers Licenses

By agreement with the Spanish Government, U.S. military, DOD civilian employees and their family members assigned to Spain on PCS orders must be in possession of a Spanish driver's license to either operate or register a vehicle in Spain.

To obtain a Spanish Driver's License, you must be 18 years of age or older, and possess a valid stateside driver's license.

Family members in possession of a valid driver's license, but not yet 18 years of age, are not eligible for a Spanish driver's license.

Spain requires proof of two years minimum of motorcycle driving experience prior to issuing a full motorcycle license, so make sure that your stateside driver's license has been endorsed for motorcycle operations for more than two years, or have written evidence that you have had a motorcycle license for over two years, prior to your transfer.

Prior to applying for a Spanish driver's license, applicants must satisfactorily pass a written test on Spanish traffic laws and signs. Security Department personnel administer this test during the week that you and your family members attend the Intercultural Relations (ICR) Class. It takes two weeks to get the Spanish license once the paperwork is submitted by Security. In the meantime, you and your family members may drive legally in Spain by obtaining an official Spanish translation of your stateside driver's license from the Security Department Pass & ID Section in Bldg. 3262, at no cost to you.

Automobile Insurance

Vehicle owners must have a third-party liability insurance policy with the following coverage to either operate or register a vehicle: Bodily injury, liability-



Carefully check your vehicle for damage when picking it up.

minimum of 300,000€ per accident, and property damage-minimum of 120,000€ per accident. To prove compliance with Spanish compulsory insurance laws, personnel holding POV insurance acquired in or outside of Spain must be in possession of an International Certificate of Vehicle Insurance (Green Card).

If you wish to retain your current insurance, contact your agent well before you move to Spain and request a green card. You can also buy POV insurance from legally established Spanish or U.S. companies in Spain after your arrival. It could cost between \$400 and \$1,000 for third party liability and as much as \$2,500 for full coverage, depending on the type of vehicle, age of driver, etc. GEICO and AIU are stateside companies legally established in Spain and have representatives to either sell POV insurance or assist policy holders in filing accident reports or settling claims. The United Services Automobile Association (USAA), although not legally established in Spain, has an agreement with a Spanish insurance company (GRUPAMA) to issue green cards to their policy holders and assist them in the event of an accident.

The green card is the only acceptable proof of compliance with Spanish compulsory insurance requirements. Therefore, the Vehicle Registration Section will not accept any other document as proof of insurance for vehicle registration or re-registration purposes.

Motorcycles

The same regulations regarding importation, registration, and operation of POVs applies to motorcycles. A motorcycle is considered your POV. You will not be allowed to import another vehicle, unless you and your spouse are both active duty military or DOD civilian component on PCS orders to Rota.

Any small motorbike or scooter exceeding 50cc-engine displacement is considered to be a POV. Per Spanish law, motorcycles cannot be shipped as or with household goods. They must be shipped separately as a POV. Motocross motorcycles are not considered POVs (if they remain off-road on the base). They can be imported to Spain with your household goods. Possession of this type of vehicle, for off-road use only, will not count against the vehicle limitation.

All motorcycle and moped riders must complete a Motorcycle Safety Foundation-approved basic rider safety course prior to riding on base. Courses are usually offered monthly, and can be scheduled by calling the Safety Office at 727-2813.

Mopeds

Regardless of current DOD regulations concerning shipping of mopeds, there are no provisions, customs clearances, or registration procedures under Spanish law permitting importation of mopeds (50cc or less engine displacement) to Spain. Mopeds bought in Spain that were taken to the States may be brought back provided you have the original Spanish Certificate of Registration (Certificado de Ciclomotor). Spanish manufactured mopeds may be purchased upon arrival in Spain from any authorized distributor off base.

Obtaining the mandatory insurance for mopeds can be problematic, and it often costs more to insure a moped than it would a car. Check with your insurer for details.

Mopeds must pass an annual or bi-annual safety inspection (depending on age of the vehicle), known as ITV. This inspection is mandatory if a moped is to be ridden on or off base. While the ITV location at the Navy Exchange gas station can conduct auto and motorcycle ITV inspections, moped ITVs are conducted off base only. Call the Safety Office at 727-2318 for schedules.

Driving In Europe

If you are in possession of a Spanish driver's license, you will be able to drive in all countries

that are members of the European Union (EU). These are Spain, Portugal, France, Italy, Greece, Germany, Belgium, Holland, Luxembourg, Denmark, Ireland, Poland, Czech Republic, Slovenia, Bulgaria, Romania, Cyprus, Slovakia, Great Britain, Sweden, Austria, and Finland. Driving outside of these countries will require an International Driving Permit, normally valid for one year. It may be obtained from the American Automobile Association (AAA) in the States or from any Royal Automobile Club Office in Spain.

Though Spain complies with international traffic signals, roads are narrow and can be dangerous if you aren't alert. As in other southern European countries, moped drivers are rampant, daring, and should therefore be given the right-of-way for safety reasons. Spain also doesn't allow a right turn on a red light. Driving while intoxicated carries heavy penalties and the limits are stricter than in the United States – a .05 blood alcohol content is the legal limit, which is about the equivalent of one beer in an average-size adult.

Traveling to Rota

Get ready and rest up for a long flight overseas. Making connections, clearing customs, tracking luggage – all become arduous when crunched into a couple days, especially with the time zone change.

Good preparation will make the flight easier. Ensure all luggage has identification tags (but do not use rate/rank or any other military markers). If traveling with infants or young children, bring extra diapers and toys to keep them occupied.

To help avoid jet lag, drink plenty of water during the flight and avoid alcohol, which dehydrates you. Bring a sweater or something warm to wear during the flight, since planes often get cold during long trips.

The Flight - Commercial Airlines

The majority of incoming personnel will take Patriot Express (CAT-B) flights for permanent change of station and temporary additional duty personnel from the continental United States to the various bases around the world.

Once the service member completes their passenger reservation request through their local PSD office, the request is sent to the Navy Passenger Travel Office where the mode of travel will be determined.

Defense transportation regulation 4500.9R states, the Patriot Express should be utilized to the maximum extent possible. The regulation goes on to state the only exception will be non-availability of AMC scheduled airlift to meet a members' requirements, such as pet space limitations, may require exceptions to be made.

Stops along the Patriot Express route are NAVSTA Norfolk, NAVSTA Rota, Naval Air Station Sigonella, Naval Support Activity Bahrain and Camp Lemonier, Djibouti.

If you arrive at Jerez and your sponsor is not there, or if you encounter travel difficulties in Madrid, contact the Naval Station quarterdeck for assistance. The commercial number is 956-82-2222.

Should you or your family need to call Naval Station Rota from the U.S., the commercial number is 011-34-956-82-2222.

Temporary Housing

Generally, newly arrived families will be required to obtain temporary accommodations upon arrival. Temporary accommodations are available at the Navy Lodge, Gateway Inn, or commercial facilities.

Rota's Housing Welcome Center has a limited number of townhouse-style units reserved for temporary lodging for families. These furnished units are ideal for families with pets, as up to two cats or dogs are allowed to stay within these quarters. Your sponsor can make advance arrangements with the Housing Welcome Center, and have the keys in hand for you when you arrive.

Navy Lodge

Managed by the Navy Exchange, the facility consists of 48 non-smoking rooms equipped with the following: Two queen beds, telephone, air conditioning, color television, kitchenette, refrigerator, stove, microwave, and private bath. The Navy Lodge offers two handicapped rooms. These accommodations are subject to availability. To make reservations, please

call 1-800-NAVY-INN or DSN 727-6243.

Temporary Lodging Allowance (TLA)

Personnel with accompanying command-sponsored family members may be eligible for 30 days of incoming TLA. Families are required to stay at the Navy Lodge if space is available. If space is not available, a Statement of Non-availability must be obtained from the Navy Lodge before making arrangements for accommodations in a community TLA facility. A list of approved community TLA facilities, along with the agreed upon TLA rate, is available at the Housing Welcome Center.

Unaccompanied personnel in ranks E5 and above are required to stay in Visitor Quarters if space is available. If space is not available, your next choice for temporary accommodations is the Navy Lodge. Should the Lodge not have available space, follow the same procedure described in the previous paragraph.

Check-in at Naval Station Rota

Your first two stops when arriving on base should be with Security's Pass and ID section (to receive your Spanish ID cards, required to get on/off base), and PSD. You will need your orders, records and passports.



Accompanied personnel may reside in one of the 800 on-base units in the housing area.

During your check-in procedures at PSD, make sure that you ask the Personnel Specialist about your pay and travel entitlement (OHA, COLA, MIHA, TLA, DLA, and Travel Pay/Per Diem). In most cases, you will be required to provide supporting documents, such as a lodging receipt (every 10 days for TLA claims). Entitlements such as MIHA, TLA, and OHA are not automatically credited to your pay (LES) and must be claimed separately by the sponsor. Information about other PSD services will be provided during the ICR/Indoctrination seminar. PSD's customer service number is 727-3023.

Housing

Accompanied personnel: As of January 1, 2011 all incoming officer and enlisted personnel on accompanied tours have the option to reside on-base in family housing or to secure a private lease on the economy. If personnel desire to reside in family housing and quarters are not available for your entitlement upon arrival, personnel will be placed on a waiting list. When a unit becomes available, personnel will receive a government-funded move from their off-base residence to family housing.

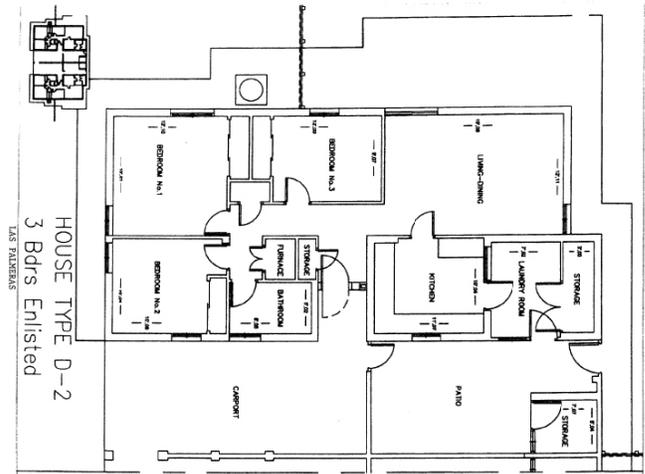
On-base family housing consists of 2, 3 and 4 bedroom officer units and 3 and 4 bedroom enlisted units. Personnel are encouraged to contact housing prior to arrival to check on the current availability of family housing and obtain off base information. Another helpful website is Navy Housing One Stop.

Unaccompanied personnel: E1-E4 personnel are required to reside in the barracks. E5 and above, as well as all unaccompanied officers, will find a large choice of homes in the community. For single Sailors under 25 years of age, additional requirements must be met before moving off base. Ask your department's leading chief petty officer for details.

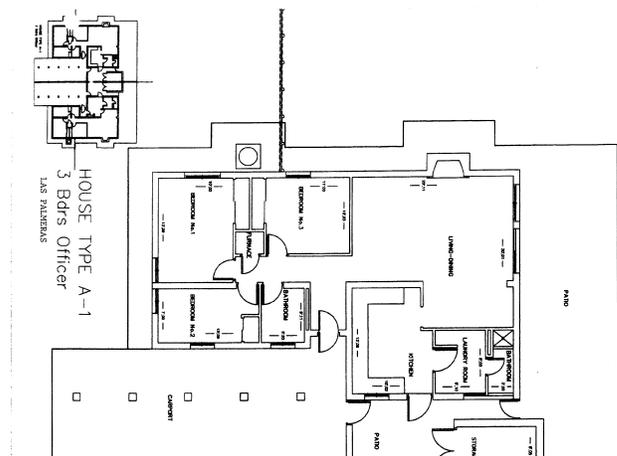
On-base Family Housing

On base, there are a total of 800 homes located about the Naval Station. The Las Palmeras site contains 480 two, three, and four bedroom homes for officers and enlisted personnel. These single story Spanish-style duplex homes (connected at the carports) have undergone several renovation and improvement projects since being built in the early 1960s. The four bedroom officer-designated homes in Las Palmeras are single family, detached homes.

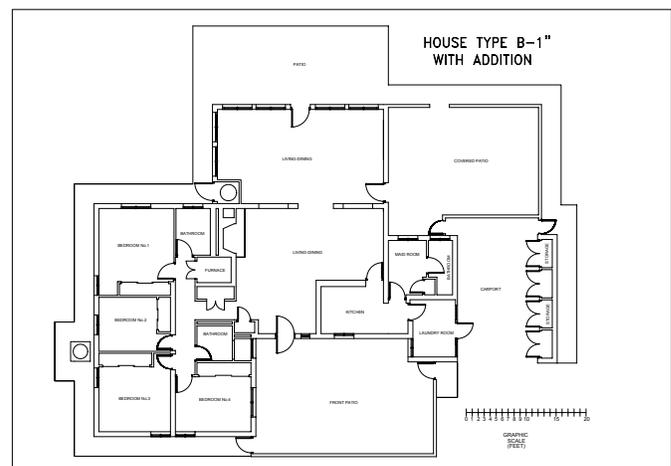
The Las Flores homes are three and four bedroom townhouses designated for enlisted personnel. These two story homes, with community parking,



Three-bedroom enlisted Las Palmeras



Three-bedroom officer Las Palmeras



Four-bedroom officer Las Palmeras

were completely renovated, both inside and out, during 1995-1997.

Both the Las Palmeras and Las Flores homes have central heat and air conditioning, range, refrigerator, dishwasher, washer and dryer, and fenced yards. The electrical system aboard the Naval Station, including on-base housing, is 110-volts/60 cycle. Telephone and Internet service is available. While the homes do provide some storage, it is limited. Additionally, there are no facilities aboard the Naval Station for storing excess furnishings, and the facilities off base are costly.

Applying for On-base Family Housing

Applications may be submitted upon your arrival. If an application is submitted within 30 days of arriving, the member's effective date on the waiting list is the date of detachment from the last permanent duty station. Applications, which are available at the Housing Welcome Center, must be accompanied by a copy of PCS orders, detaching endorsement and a copy of the Record of Emergency Data (Page 2) or some other form of confirmation of family members. While advance applications may be submitted, they serve little purpose, as the member may not be placed on the waiting list until arriving in Rota.

Bachelor Enlisted Housing (BEH)

The Bachelor Enlisted Housing (BEH) complex has 13 buildings and houses almost 1,000 permanent party residents and transient guests assigned to the Naval Station and its tenant commands.

E1-E4: Private rooms sharing a bathroom and kitchen with one other E1-E4. Each module has a microwave, refrigerator, stackable washer and dryer and two-burner cook top. Each room has about 120 sq. ft. There are common lounges in all buildings.

Unaccompanied E1-E4 personnel are assigned to the BEH upon arrival.

There are no storage facilities on base for personal items like furniture, etc. Check with your command upon arrival to determine eligibility to live off base.

Off-Base Housing

All personnel who reside off base, whether temporarily or permanently, must process through the Housing Welcome Center. They maintain a list of houses and apartments on the economy and will assist you in locating housing by providing daily "house-hunting" trips. They will also assist in negotiating rental contracts and will explain lease



Housing on the economy can be in single family homes with yards, townhouses or high-rise apartments.

agreements.

The Housing Center provides a showing service to help locate off-base housing. Living on the economy offers a variety of lifestyles. Within walking distance of Rota's beaches are apartments, chalets with balconies, and detached homes with fireplaces and courtyards.

Furnishings and fixtures differ considerably from the U.S. standards. Telephone and internet service is readily available. Heating is done with

space heaters or butane gas. Living and dining rooms are usually combined and are small. Bedrooms are small, often no more than 8' x 10.' A new house or apartment may not even have light fixtures. Wardrobes, appliances and other furnishings are provided by Housing.

The landlord is not obligated to furnish connections for washers or dryers, install TV antennas, or furnish other amenities not listed in the rental agreement. If the landlord rented to Americans before, washer connections may be present. Items can also be purchased from departing personnel.

Garbage is collected six days a week except on national and local holidays. Some areas other than Rota where housing can be found are Puerto de Santa Maria and Chipiona. Living in one of these communities might provide greater privacy and more space. The quaint surroundings may well compensate for some of the inconvenience of commuting.

Prices for rentals on the economy vary widely depending on the area, the size of the unit, and the euro rate.

The next step is to find permanent housing. The Housing Welcome Center will greatly assist you in this quest. However, keep in mind that standards are different in Spain. Following are some questions you may want to ask while house shopping:

- Do windows have screens?
- Is it close to the "home to school" bus route?
- Is the landlord helpful, receptive, flexible?
- What is the pet policy?
- How is security?
- Is adequate parking available? Does my car fit into the garage or parking space?
- Are there functional outdoor lights?
- Is there space for a washer/dryer? Hookups?
- Is there a telephone hookup?
- How does the area vary from winter to summer (tourists, etc.)?
- Is the home near a historical landmark or other area that attracts high traffic?
- Is there adequate storage? Can more storage be added, i.e., a backyard shed?

Self-Help Store

Housing's Self-Help Store is located in the housing area. Items offered for temporary loan to accompanied personnel residing on base include: dehumidifier, lawn mowers, hedge trimmers, weed eaters, garden tools, and tillers. Off base residents, whether accompanied or not, can borrow 5000-watt

transformers, fire alarms and carbon monoxide detectors for their entire tour.

Hospitality kits are also available for newcomers who don't have their express or household goods shipment yet. These include kitchen items, such as pots/pans, dinnerware, and utensils.

Partial Full Tour Furnishings

For all personnel authorized to reside off base, the housing office will provide loaner appliances free for your entire tour. This includes dishwashers, refrigerators, stoves, chest freezers, washers and dryers, and portable air conditioners. Wardrobes for clothing storage are also available, as closet space is typically limited.

Getting Settled in Spain

Intercultural Relations (ICR)

Orientation to Rota and Spain is relatively easy through the help of the ICR course. Hosted by the Commander, U.S. Naval Activities, Spain and the Fleet and Family Service Center, the five-day ICR course gives newcomers a taste of what life will be like in this Spanish region.

ICR is from 8:30 a.m. to 3:30 p.m. Monday through Wednesday, with field trips into nearby Spanish towns on Thursday and Friday.

Uniform of the day is required for military personnel on Monday and Tuesday, with civilian attire authorized for Wednesday through Friday. Comfortable walking shoes are recommended for the field trips. Spouses and high school-aged children are encouraged to attend; the FFSC reimburses for child care for younger children.

Postal Matters

There is one U.S. Military Post Office (MPO) located on base. Packages up to 70 pounds and 130 inches in length and girth combined can be sent to or from this MPO. It takes an average of 7-10 days for priority packages and first class letters to arrive to and from the United States. Space-available or partial post mail could take in upwards of 45 days to arrive. The post office also provides a variety of special services (express, registered and confirmed delivery) just as the U.S. Postal Service. Hours of operation are 10 a.m. to 5 p.m. Mon-Fri. For more information, services and restrictions call 727-3105.

Banking and Credit Cards

The Navy Federal Credit Union is the only

U.S. bank on base; in addition, Navy Federal has three ATMs on base. Checks from U.S. banks are accepted at the Navy Exchange and Commissary, and you can cash personal or government checks at PSD's cash cage (for U.S. dollars only).

Euros are the monetary unit of Spain and can be obtained at the Navy Exchange Customer Service desk, Banco de Andalucía (a Spanish bank on base), and from four Euros-only ATMs on base. ATMs are common throughout Spain and Europe, though some may levy a small fee for their use.

Credit cards are widely accepted throughout Spain and Europe, though some smaller restaurants do not take them. A good supply of euros is recommended whenever traveling.

Civilian Clothing/Uniforms

Military personnel are not authorized to wear their uniforms off base (even transiting to/from residence) at any time, unless specific permission is given by Commander, U.S. Naval Activities Spain.

Unless otherwise specified by your command, the uniform of the day is winter blues from November to April and summer whites from May to October, though the actual date of the shift varies a bit year to year.

Americans are advised to wear attire off-base that blends in with Spanish society. Rarely do Spaniards dress in shorts and tennis shoes, except for the beach, sports events, or in extreme heat. Nice jeans and buttoned shirts are common. Dress, in general, is a bit more formal than in the United States.

Public Transportation

Naval Station Rota has a shuttle bus that operates from 6-8 a.m., and 4-6 p.m., Monday through Friday. In town, buses are plentiful and reasonably priced. Taxi stands are available, including one outside the Rota gate.

Taxi fees are pre-set or metered – be sure you understand the fare before departing. To travel from town to town, trains are readily available.

You and the Law

Under the Agreement for Defense Cooperation (ADC) between the United States and Spain, all U.S. military personnel, civilians and their family members are subject to Spanish law and come under Spanish jurisdiction for most criminal offenses, unless the act was performed in the line of duty.

As guests, we are obliged to comply with and

refrain from activities inconsistent with Spanish law. Specifically, we must refrain from any involvement in Spanish politics.

If you are called or summoned to appear before a Spanish court in connection with any offense under Spanish law, you must report the contact or summons as soon as possible to your commanding officer and to the Region Legal Service Office.

There is no immunity from prosecution granted under the ADC. The Spanish government has jurisdiction over military members, civilians and their families in both civil and criminal actions. This may include incidents occurring on military installations.

Officials of both governments cooperate in investigating and prosecuting criminal offenses. Spanish authorities have the power to arrest you.

If you are apprehended by local law enforcement, follow this guidance:

- Do not resist arrest
- Go willingly with the Spanish authorities
- Politely request the presence of Naval Station Security Police, a command representative and/or U.S. government-provided attorney prior to making any statement, unless U.S. representatives are present.

The RLSO is responsible for monitoring and reporting all criminal trials involving U.S. personnel. The RLSO will provide a Spanish attorney, free of charge for the defense of U.S. personnel being prosecuted in a Spanish criminal court.

Getting Married in Spain

Civil and religious marriages are possible in Spain between foreigners or a foreigner and Spanish national. It is also possible to have a civil marriage blessed in a non-Catholic church, subject to the agreement of individual clergy.

Roman Catholic marriages are dictated by the local Archbishop and require a baptism certificate and declaration by the foreigner's parents stating their son or daughter is single. Rules vary, however, so check with the local clergy on specific terms of marriage.

For civil marriages, the following are required:

- Birth certificate, with sworn translation.
- Passport
- Consular registration certificate.
- Consular certificate of non-impediment to the marriage.

In Spain, a notice of intention to marry is displayed on a consular notice board for 21 days prior

to the marriage. Again, local rules may vary. Be aware that paperwork is lengthy and planning ahead is necessary.

Gibraltar, however, has a simpler protocol for a civil marriage and, since it is a British colony, the ceremony is performed in English. To prepare, the registrar should be booked several weeks prior to the ceremony, which can be done by telephone. Paperwork can be completed the day before the ceremony. A special license is required for non-residents, which includes a sworn statement of eligibility from a local lawyer's office.

For more information on getting married in Spain, please contact RLSO at 727-2531.

Educational Opportunities

Navy College Office (NCO)

Through the Navy College Office, military personnel, civilians, and their family members are able to complete high school equivalency through the GED exam, earn a vocational certificate, and/or an associates, bachelors or masters degree.

Most of these exams are free of charge to active duty service members. Exam proctoring services for students enrolled in distance learning programs are also available. Navy College Office counselors are there to assist all clients in developing and then executing their own individual degree completion education plans. Counselors can also help evaluate military service experience and training for college credit. Additionally, counselors provide guidance on scholarships, financial aid, tuition assistance and veterans education benefits.

Central Texas College

Central Texas College at NAVSTA Rota offers certification and associates' degree programs in Criminal Justice, Early Childhood Programs, Fire Sciences, and Automotive Technology. Credit given for military training and coursework from most colleges.

Embry-Riddle Aeronautical University

Embry-Riddle Aeronautical Resident Center at Rota offers service members the opportunity to work towards a Bachelors in Science in Professional Aeronautics, Bachelors in Science in Technical Management, as well as certification programs in Homeland Security, Occupational Health and Safety, Logistics, and Supply Chain Management. Additionally, ERAU



Police in Spain often set up road blocks to check vehicle registration and insurance. Ensure these documents are always kept in your car.

offers a Masters Degree in Aeronautical Science.

University of Maryland University College

The University of Maryland enables students to complete course requirements leading to certificates, Associate of Arts, Bachelor of Science, or Bachelor of Arts degrees. A wide range of lower and upper level courses is offered with primary concentrations in business and management, history, psychology, and computer studies.

University of Oklahoma

The University of Oklahoma offers face-to-face course work with renowned, home campus faculty in a one-week intensive format leading to a Master of Human Relations (MHR), which can be completed in 16-24 months. The program has no entrance exam requirements as well as a non-thesis option and all undergraduate majors are acceptable for entrance into the program. Please visit us on the web at www.gouou.ou.edu.

David Glasgow Farragut (DGF) Elementary and High Schools

Education from kindergarten through 12th grade is provided for eligible family members at the David Glasgow Farragut (DGF) Elementary and High Schools, located in the housing area on base. Kindergarteners must be five years old and 1st graders must be six years old by September 1.

For proof of age you will need birth certificates for school entry in the first grade and kindergarten. Ask the school that your children now attend to forward transcripts of your children's schoolwork and their scores on standardized tests. Bring all of your children's other records, as they will suffice until official transcripts arrive from the school.

Hand carried transcripts will be accepted by the elementary and high schools only until official transcripts are forwarded from the previous school. Records of the children on Individual Educational Programs (IEP) must be hand carried by the parents.

The addresses for the schools are:

DGF Rota Elementary School
PSC 819, Box 19
FPO AE 09645

DGF Rota High School
PSC 819, Box 63
FPO AE 09645

Elementary School

The purpose of DGF Elementary School is to provide the best possible education for your child. The teachers are highly skilled, teaching materials are current and interesting, and the staff is willing to serve and support the student population.

DGF Elementary School, housed in a building completed in 2005, provides instruction to approximately 400 students in grades pre-kindergarten through 6th grade. In addition to grade level teachers, a nurse, a counselor, and psychologist are available. Specialists teach English as a Second Language (ESL), Compensatory Education (Comp Ed), Learning Impaired (LI), Communication Impaired (CI), and Media. Instruction in art, music, and physical education is provided by large group specialists. A host-nation teacher provides familiarity with the Spanish language, culture, and traditions.

The preschool program provides an individual educational program for exceptional preschool children who, after identification and assessment by a multidisciplinary team, are determined to require early educational intervention.

Students need a current shot record, a birth certificate, and an I.D. to register. The spouse of a sponsor may also register a new student.

For more information on DGF Elementary, visit the school's website at www.rota-es.eu.dodea.edu

High School

DGF High School has a comprehensive program to serve 200 students in grades 7th through 12th. The school is well staffed and classes are



DGF Elementary and High School is located in the housing area of NAVSTA Rota.

small compared to CONUS classes. Teachers are supported by one counselor, a reading improvement specialist, English as a Second Language (ESL) teacher, a media specialist and a program for learning disabled students.

Seventh and 8th grade students take a core group of subjects (English, Math, Social Studies, Key Boarding, Technical Applications, and Physical Education) and exploratory offerings each year. Exploratory offerings can be replaced by a foreign language and/or music art at the request of the student and parent.

Extracurricular activity programs are offered, including student council, newspaper, yearbook, drama, National Honor Society, Spanish Club, French Club, Athletic Club, Environmental Club, and others. A broad range of varsity athletic programs are offered, with competitions arranged with host nation and international schools in the area, as well as other DODDS schools in Germany and Italy.

For more information on DGF High School, visit the school's website at www.rota-hs.eu.dodea.edu.

Registering New Students

Documents needed to register new students include:

- A copy of sponsor's orders for each student
- Sponsor's ID card
- Full address of sponsor's command
- Student's school records from his or her last school, along with report card(s)
- All kindergarten and first grade students will need birth certificate or passport
- For active duty: DoDDs Form 803 from PSD Rota, listing family members that are command sponsored
- For DOD civilians: Memorandum from Human Resources Office certifying command sponsored family members
- Emergency contact other than spouse (name and telephone number)
- Immunizations DS Form 122 (See pg. 34)

Educational and Developmental Intervention Services (EDIS)

EDIS is a multidisciplinary team offering diagnostic screenings, evaluations and treatments for children. The Multidisciplinary Team consists of a Developmental Pediatrician, Clinical Child Psychologist, Occupational Therapist, Physical Therapist, Speech/Language Pathologist, and Early Childhood

Special Educator.

For more information on EDIS services, call 727-4029.

Employment

Civilian Employment

In general, opportunities for family member employment on the Naval Station are limited. Most available jobs are clerical or sales related. However, opportunities do arise according to the needs of the various commands.

The Human Resources Office (HRO), located in Bldg. 1, provides appropriated fund personnel services for the Naval Station, tenant commands, and other U.S. Naval commands in Spain and Portugal.

Many of the jobs available on the base are filled through the HRO. Visit the Human Resources Office in to see current vacancies and obtain any necessary forms and other application information. Current job listings are also posted in the base paper, the Rota Coastline. Family members of military and civilian employees are generally those who are eligible for consideration for those jobs.

Family members who have previously worked for the federal government and who may have 'status' or be 'eligible for reinstatement' should check with HRO. Those wishing to be considered for current job openings prior to arrival at Rota may submit an SF-50 authorizing LWOP and an application/resume up to 30 days before the sponsor's arrival.

When permanently leaving Rota, current employees should request leave-without-pay (LWOP) from their current activity before leaving. LWOP can provide continuing employment status (even if not actually working).

To register for Military Spouse Preference when returning to the United States, eligible employees must have in hand a current performance evaluation with a rating of satisfactory or better, a current SF-50 (showing your tenure group, job title, occupational series, grade, pay, etc) and an up-to-date resume or application. A SF-50 authorizing LWOP is also helpful.

It is important for individuals to check other base employers. The Navy Exchange and the Morale, Welfare and Recreation Department have separate Non-Appropriated Fund (NAF) personnel offices and administer their own hiring programs. Family members should contact the personnel offices at these activities if interested in employment.

Other employers of family members are the

Navy Federal Credit Union and Navy College. Also, David Glasgow Farragut Schools hire substitute teachers and educational aides. Copies of college transcripts are required for substitute teaching. Original transcripts are required for full-time teaching positions. Qualified teachers seeking positions should visit the schools upon arrival in Rota.

Off base employment is not available for most Americans. Spanish labor laws and the Agreement for Defense Cooperation (ADC) make off-base employment nearly impossible.

Quality of Life Programs

Fleet and Family Support Center

The Fleet and Family Support Center (FFSC) is your link to information and quality of life enrichment. Telephone extensions are 727-3232/3231. Services are geared for everyone, whether single or married. Programs are organized into two categories: Counseling and Advocacy Services and Work/Family Life Services. These include:

Professional Clinical Counseling/Crisis Intervention. FFSC has a staff of professional counselors who are credentialed to provide confidential clinical services, which include individual, marital, and family counseling. The FFSC staff develop and provide life skills training and enhancement programs for issues such as anger management, parenting skills, and assertive communication

Deployment Support Program. FFSC provides a variety of services for deploying individuals, commands and their families—pre-deployment, mid-deployment and post-deployment.

Family Advocacy Program. Counselors provide case management, safety/risk assessment and treatment of child abuse and neglect, spouse/partner abuse.

New Parent Support Program. The New Parent Support specialist provides home visitation services for expectant families and families with young children focusing on nurturing parenting.

Sexual Assault Response Program. The Sexual Assault Response Program manages the base sexual assault prevention, intervention and support program.

Financial Counseling. FFSC has a full range of financial education programs. Counseling services are offered on basic budgeting, debt, check-book or credit management, and general savings and investment strategies.

Information and Referral. The FFSC provides information and referral on topics such as

base services, local maps, counseling, traveling, volunteering, sponsoring and more.

The FFSC provides Welcome Aboard Packages to personnel arriving in Rota. Information on military installations worldwide is available through the Military Installations/Plan My Move website. The information is updated quarterly. The website address is: www.militaryinstallations.dod.mil.

Spouse Employment Assistance Program (SEAP). SEAP is designed to provide employment assistance to military and civilian family members. It offers skill-building programs and workshops to help participants with career planning,

Transition Assistance Management Program (TAMP). TAMP is mandated by DOD to assist service members in their transition from military to civilian life. A major component of TAMP is the Transition Assistance Program (TAP) seminar, which provides transitioning members with information about the services and benefits for which they might be eligible and CONSEP.

Chapel

The Religious Ministries Department offers a comprehensive Command Religious Program. Divine services, counseling, Bible studies, youth activities, Christian education, and fellowship events are conducted regularly. Worship services include:

Tuesday-Friday

Noon - Catholic Mass

Sunday

9 a.m. - Catholic Mass

10:30 a.m. - Protestant Contemporary Service

Noon -Lutheran Divine Service



1:30 p.m. - Gospel Service

5 p.m. - Traditional Service

Child Care is provided during most Chapel services for infants – preschool age children.

The Chapel also provides referrals for members of other faith groups, such as Seventh Day Adventists, Church of Latter Day Saints and Jewish services. Please contact the chapel at 727-2161 for more information about these and other services.

Morale, Welfare and Recreation (MWR)

Rota's MWR programs are some of the finest in the Navy. MWR offers a myriad of programs for the whole family and are available for personal assistance. Facilities include:

Child Development Center: Full-time child-care needs are available from 7 a.m. to 6 p.m., Mon-Fri, for children from six weeks to five years old. Part-day enrichment (pre-school) for ages 3 to 5 and Spanish immersion classes are available for children from ages 3 1/2 to 5. Hourly care is also available from 8:30 a.m. to 4 p.m. Call 727-1100.

Child Development Home: Navy certified childcare providers offer small-group care with a home-like atmosphere on a full-time, part-time or drop-in basis. Available for evening, weekend and shift work. Includes nutritious snacks and meals. Subsidies are available for eligible families. Call 727-1104.

School Age Care (SAC): Before and after school care for children Kindergarten through 6th grade that compliments, rather than duplicates the school day care is also available during school vacations. Activities include arts and crafts, cultural programs, day camps, field trips, sports, science and more. Call 727-2839.

JAMS Youth Center: A comprehensive leisure recreation center for children 10 years of age through the 8th grade. Youth join in arts and crafts, trips, dances, or just drop in and have fun. Available are: video games, skate park, big screen TV/DVD, pool table and ping pong, computer lab and more. JAMS is a member organization of the Boys & Girls Club of America (BGCA). Call 727-4252.

The Edge Teen Center: A "cool" place to hang out for 9th to 12th graders. Food, games, dances, trips and social events round out the activities. Video games, big screen TV/DVD, ADSL Internet access, club opportunities and more. Call 727-4625.

Youth Sports: Organized team activities to improve athletic and motor skills, along with self-

esteem. Teams sports are offered year-round and include baseball, softball, soccer, flag football and basketball. Individual sports, such as running, cycling, triathlons, golf and other clinics are also available. Minimal costs are involved. Call 727-2382.

Fitness Center: Available are free weights, new Nautilus equipment, a cardiovascular room, basketball court, three racquetball courts, lockers, sauna, steam room and Jacuzzi. A comprehensive variety of fitness classes and programs are offered. A variety of sports and exercise equipment is available for check out. Trainers help develop fitness goals and provide periodic progress evaluations. Call 727-2565.

La Plaza: Food and beverages with televisions, pool tables, darts, gift shop and a sit down restaurant. Call 727-2433.

Pizza Villa: American-style pizza and Italian specialties with full salad bar for dining in or delivery. Patio dining and children's playground are available. Delivery available. Call 727-3213.

Information Tickets & Tours (ITT): Provides culturally enriching tours and trips within Spain, also offering a variety of international tours. Continuously providing Information and entertainment tickets when available. Call 727-3208.

Outfitters España: Provides opportunities to actively participate in outdoor adventure pursuits, while emphasizing skills development, environmental awareness and personal empowerment through adventure. Available gear are: backpacking/camping equipment, bike rentals, and more. Call 727-2527.

Theaters: Gateway Auditorium (indoor theater) offers current movie releases in Digital Surround Sound. Additionally, Rota is home to the only operational Drive-In in the Navy. Drive-In movies are heard in FM Stereo. The theaters are operational 364 days out of the year. Call 727-2328.

Library: Available are thousands of books, magazines and newspapers, plus first-come, first-serve Internet access, children's story hour, summer reading program, DVDs and CDs. Call 727-2418.

Kennel Club: Provides pet accommodations while you are away. Full-service boarding for dogs and cats, plus grooming and playpens. Call 727-2836.

Veterinary Clinic: Provides basic medical assistance for your dogs and cats, including annual shots, treatment of illness, flea dips, basic surgery, spaying and neutering. Call 727-3149.

Fleet Recreation Office: Arranges athletic competitions, recreational activities, social and special events, as well as logistical support for visiting ships. Services include free Internet access, free laundry mat, big screen TV and lounge, Nintendo and Playstation games, AT&T cell phones, snack bar with pizza, soda and beer, pool and foosball tables and more. Call 727-1920.

Liberty: The single Sailors' source for leisure activities: trips, tournaments, recreational games, and more. Includes internet-enabled computers and free WiFi Internet access, mini-theater with BOSE surround sound and over 700 movie selections, a sound booth with instruments, snack bar and phone booths. Call 727-2527.

Aquatics Center: Indoor 25-meter heated pool with hours exclusively for lap swimming, water aerobics, swimming lessons and more. Call 727-2129.

Housing Pool: An outdoor facility open from Memorial Day through Labor Day for recreational swimming, with great water slides. Located in the housing area. Call 727-4882.

Golf: The 18-hole golf course is 6,500 yards in length, and sprawls over 200 wooded acres. The pro shop assists with golf lessons, rental clubs, and equipment sales, and you can practice your game on the driving and chipping range and putting green. Call 727-2260.

Rota Lanes Bowling Center: Offers 16 modern lanes, with a pro shop and ball and shoe rentals. Also available are free lessons, professional ball cleaning, leagues, parties and more. Call 727-2112.

Sports Program: Offers a wide variety of team and individual sports, including softball, basketball, volleyball, flag football, soccer, golf, bowling, running, triathlons, swimming, cycling, table tennis and more. Call 727-1916.

Expeditions: Houses the ITT office, Outfitters España, and the single service member program for single member program for single and geographically single military personnel. The program features a large game room, pool tables, television lounge, cyber cafe, and a collection of more than 700 free movies from the Navy Motion Picture Services.

Region Legal Service Office (NLSO)

NLSO is staffed by licensed military and civilian attorneys, legalmen and civilian employees, with legal assistance provided in the areas of military justice, Spanish criminal and civil cases, claims adjudication, command advice, and legal assistance. The staff also prepares wills, powers of attorney,

and notarizations. Call 727-2531.

Armed Forces Network Radio and Television

AFN Rota provides radio and television programming from the Armed Forces Radio and Television Service (AFRTS).

General broadcast radio operates 24 hours a day and features Naval Station information, local DJ shows, most music formats, news, sporting events, and talk shows. The frequency is stereo FM 102.5.

American Red Cross

The American Red Cross provides active duty military, eligible civilians and family members' verification of illness or death of loved ones. Verification is required to obtain emergency travel orders through the military. Financial assistance is also provided for travel in emergency situations for active duty military and their family members. Classes in CPR, First Aid and Baby-sitting are available, as well as an active volunteer program. The American Red Cross provides emergency services 24 hours a day. Located in Bldg. 522, call 727-2333.

Navy and Marine Corps Relief Society

The Navy and Marine Corps Relief Society provides financial assistance to active and retired personnel and their family members in times of emergency. Budget counseling is available to help families make ends meet. Also, a visiting nurse, coordinated through the hospital, is on staff. The Society also operates a thrift shop on base, popular for finding secondhand clothing and household goods.

Shopping

Navy Exchange Facilities

Rota's main Navy Exchange complex, which opened in 2007, is located in the central area on the base. The Navy Exchange carries clothing for the entire family, giftware, shoes, books and magazines, DVDs and CDs, uniforms, electronics, furniture, sporting goods, jewelry, housewares, Euro purchase and self-service items. Additionally, contract vendors include a floral shop, barber shop and beauty salon, optometrist, photo studio, Subway sandwich shop and Cafe Andalucia. Hours are 10 a.m. - 7 p.m. Monday through Friday, except holidays. Call 727-2391.

Baskin-Robbins Ice Cream. Located near the Rota gate: 11 a.m. - 8 p.m. daily. Phone 727-2151.

Terminal Cafeteria is the only dining facility

open 24 hours daily. It is located in the Air Terminal. Phone 727-2331.

Air Terminal KFC/Taco Bell. Open 7 days a week from 10:30 a.m. - 11 p.m.

Commissary

Rota's Commissary, offers nearly 10,000 grocery and miscellaneous items, and has a full-service deli/bakery. Call 727-2580.

As with all overseas commissaries, they accept coupons up to six months past the expiration date. The hours of operation are:

Tuesday – Saturday: 10 a.m. – 7 p.m.

Sunday: 10 a.m. – 6 p.m.

Monday: Closed

Shopping Off Base

Though the commissary stocks most everything needed, off-base supermarkets, or “supermercados,” are plentiful and provide a rich selection of local and international food items. Some of the freshest produce and fish can be found there and their hours

are typically from 10 a.m. to 10 p.m. weekdays and Saturday, so shopping is convenient. Special features may include a full aisle of various olive oils and great wine selections. These in-town stores also carry many European products not found in American supermarkets.

Shopping at supermercados means you need to learn how to read product labels in Spanish; however, it is easy to accomplish. In the Rota area, the main supermercados are Mercadona, Carrefour, Champions and Supersol.

The El Paseo Mall in nearby El Puerto has a giant Carrefour with products similar to a Wal-Mart or Target, in addition to its grocery section. There are many other large supermarkets in town as well as stores of all types.

Most neighborhoods also have a “mom-and-pop” grocer. These are the places to find fresh fruit and vegetables, not to mention friendly conversation and perhaps a sample of the day's melon or ham (‘jamón’). Find one, patronize it, and you're sure to make a friend or two.

Helpful Spanish Phrases

Where is?	¿Dónde está?	DOHN-dey-es-TAH
How much is?	¿Cuánto es?	KWAN-toh-es
I want	Quiero	Kee-HER-oh
Would you like	Quiere	Kee-EHR-rey
The toilet	El servicio	El sehr-vee-see-oh
The bill	La cuenta	Lah-KWEHN-tah
Good morning	Buenos días	BWAY-nohs-DEE-ahs
Good afternoon	Buenas tardes	BWAY-nahs-TAR-deys
Good evening	Buenas noches	BWAY-nahs-NO-chase
How are you?	¿Cómo está?	KO-moh-es-TAH?
Excuse me	Perdóneme	Pehr-DOH-neh-may
Please	Por favor	Pohr fah-VOUR
Thank you	Gracias	GRAH-thee-ahs
You're welcome	De nada	Dey-NAH-dah
Sir	Señor	Sehn-YOHR
Mature lady	Señora	Sehn-YOHR-ah
Young lady	Señorita	Sehn-YOHR-EET-ta
Yes	Sí	See
No	No	Noh
My name is	Me llamo	May YAH-moh
What is your name?	¿Cómo se llama?	KOH-moh say-YAH-mah
I don't understand	No comprendo	No kohm-REHN-doh