

2 - 5 YEAR VISIT

Do you have any specific concerns today? _____

(Please complete information below: If filled out before, list only changes since the last visit.)

Chronic Medical Conditions	Surgeries/ Hospitalizations	Dates	Family History (biological siblings, parents, grandparents) (Circle all that apply)	Medicines (PLEASE INCLUDE DOSAGE)
Hayfever/allergies Asthma Premie Overweight Chronic ear infections Other: (reflux)	Example circumcision		Allergies Asthma Diabetes Heart Disease Obesity	<u>(Include over-the-counter meds, Tylenol, Motrin, vitamins, herbal supplements):</u> <input type="checkbox"/> Infant Multivitamin 1 ml per day

Any hospitalizations, specialty care or ER visits since last appointment? Yes No Please specify _____

Check if anyone in the family has had:

- High Blood Pressure
 Diabetes
 Heart attack < 50 years
 Sudden Death
 Mental Illness
 High Cholesterol
 Obesity
 Genetic or Metabolic Disease
 Long QT syndrome
 Hypertrophic Cardiomyopathy

Please list any known **allergies** your child has (drug, food, latex) _____

Is your child enrolled in the Exceptional Family Member Program (EFMP/Q-coded)? Yes No

Is the child's sponsor currently deployed? Yes No Is this visit **deployment** related? Yes No

Are your child's immunizations up to date? Yes No Unsure

Who does your child live with? _____

Does your child attend? Daycare Preschool Kindergarten Home-schooled

Does anyone in the family smoke? Yes No

Do you & your child feel safe at home? Yes No

What is your preferred method for learning: Verbal Written Visual Other: _____

Ethnic Origin Filipino Hispanic Asian/Pacific Islander Southeast Asian Other Unknown Decline to Respond

Race Asian/Pacific Islander African American Caucasian Western Indian Other Unknown Decline to Respond

Preferred language: English Other: _____

Are there cultural or religious considerations that affect your child's healthcare? Yes No _____

Please See Reverse Side

RECORDS MAINTAINED AT:		
PATIENT'S NAME (Last, First, Middle Initial)		SEX
RELATIONSHIP TO SPONSOR	STATUS	RANK/GRADE
SPONSOR'S NAME		ORGANIZATION
DEPART./SERVICE	SSN/IDENTIFICATION NO.	DATE OF BIRTH

Diet/Exercise History:

Current Diet Less Than 5 Servings a day Of Fruits and/or vegetables Yes No

Current Diet High in Fat Content and Includes High Fat Snacks Yes No

Current Diet High Fat and includes Frequent Fast Foods Yes No

Current Diet High Fat and Includes Fried Foods Yes No

Days a Week eating Breakfast _____ Days/week Having Dinner with Family _____

Eats Extra Large Portions Yes No High Sugar Beverages Yes No How many ounces per day? _____
 Caffeinated Beverages Yes No How many per week? _____

Daily Milk Intake ___ounces per day Type of milk? Whole 2% 1% Skim

My child spends Less than 2hrs per day watching TV/Video Games More Than 2 hrs per day watching TV/Video Games
 Less than 1 hr of active play per day More than 1 hour of active play per day

Concerned about Bowel Movements Yes No Constipation Yes No Currently Toilet Training Yes No

Bladder Trained Yes No Bowel Trained Yes No Sleep Disturbances Yes No

Circle if you have any concerns about the following: Bowel movements / Constipation / Sleep problems

In the past week, has your child had:

Fever	Yes/No	Duration?_____	Cough	Yes/No	Duration?_____
Headache	Yes/No	Duration?_____	Wheezing	Yes/No	Duration?_____
Congestion	Yes/No	Duration?_____	Vomiting	Yes/No	Duration?_____
Runny nose	Yes/No	Duration?_____	Diarrhea	Yes/No	Duration?_____
Earache	Yes/No	Duration?_____	Abdominal pain	Yes/No	Duration?_____
Pulling at ears	Yes/No	Duration?_____	Appetite Less	Yes/No	Duration?_____
Eye discharge	Yes/No	Duration?_____	Rash	Yes/No	Duration?_____
Sore throat	Yes/No	Duration?_____	Other (describe)_____		

If Ages & Stages Questionnaire NOT completed today, check the following that apply to your child:

24 MONTHS	30 MONTHS	36 MONTHS	4 YEARS	5 YEARS
<input type="checkbox"/> Uses 50 words or more	<input type="checkbox"/> Names an animal in a picture	<input type="checkbox"/> Knows 3 of 4 colors	<input type="checkbox"/> Can sing a song	<input type="checkbox"/> Draws a person with a head, body, arms, legs
<input type="checkbox"/> 2-3 word sentences	<input type="checkbox"/> Jumps in place	<input type="checkbox"/> Knows name/age/sex	<input type="checkbox"/> Uses prepositions	<input type="checkbox"/> Recognizes letters
<input type="checkbox"/> Turns single pages	<input type="checkbox"/> Throws ball overhand	<input type="checkbox"/> Uses pronouns	<input type="checkbox"/> Knows 3 of 4 colors	<input type="checkbox"/> Can print letters
<input type="checkbox"/> Stacks 5 or more blocks	<input type="checkbox"/> Can draw a straight line	<input type="checkbox"/> Understands cold, hungry, tired	<input type="checkbox"/> Can draw a person with 3 body parts	<input type="checkbox"/> Skips
<input type="checkbox"/> Takes off their own clothes	<input type="checkbox"/> Stacks 5 or more blocks	<input type="checkbox"/> Alternates feet walking up stairs	<input type="checkbox"/> Can copy a cross	<input type="checkbox"/> Balances on one foot for 5 seconds
<input type="checkbox"/> Runs well	<input type="checkbox"/> Dresses with help	<input type="checkbox"/> Balances on a foot for 1 second	<input type="checkbox"/> Buttons clothes	<input type="checkbox"/> Plays with other children
<input type="checkbox"/> Kicks a ball forward	<input type="checkbox"/> Washes and dries hands	<input type="checkbox"/> Throws a ball overhand	<input type="checkbox"/> Dresses without help	<input type="checkbox"/> Copies a triangle or square
<input type="checkbox"/> Walks up stairs	<input type="checkbox"/> Plays well with other children	<input type="checkbox"/> Copies a circle	<input type="checkbox"/> Jumps on one foot	
		<input type="checkbox"/> Pretends when playing	<input type="checkbox"/> Plays make-believe	
		<input type="checkbox"/> Plays well with other children	<input type="checkbox"/> Plays well with other children	