



DIRECTOR, DENTAL SERVICES

WELCOME ABOARD!!

Welcome to the Tidewater Area. This area offers a diversity of activities and attractions. Each year thousands upon thousands of people come to this area to enjoy miles of shoreline extending along the Chesapeake Bay and the Atlantic Ocean. In addition to catching some rays, visitors can tour a variety of museums and historical sites.

The Hampton Roads area (including the cities of Norfolk, Chesapeake, Virginia Beach, Portsmouth, Suffolk, Hampton and Newport News) encamps the largest military concentrations in the world. Hampton Roads is the name of the area of water where the James River meets the Chesapeake Bay, and is one of the world's best natural harbors. Hampton Roads is the homeport to 91 ships out of a total fleet of 188 vessels and a host of naval aviation and other commands. Hampton Roads is also the home to three Army installations at Fort Eustis, Fort Monroe and Fort Story as well as Langley Air Force Base. As you transition into this area, you will find that Hampton Roads offers comprehensive military facilities and services for you and your family in addition to being one of the top recreation destinations in the country. This guide is designed to be your launching pad for your own exploration of this richly diverse community.

Whatever your concerns may be, we are here to make your transition into this area a smooth one. If you have not received communications from your command sponsor, please feel free to contact Personnel Administration Department at [953-8552/8553/8551](tel:953-8552). For enlisted members with concerns other than sponsor, you may email the Senior Enlisted Leader at joseronaldo.ocampo@med.navy.mil. Officer personnel may email the Associate Director at joseph.michael@med.navy.mil.

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