

INTERNAL MEDICINE RESIDENCY



PROGRAM CONTACT INFORMATION:

Program Director: CAPT Joseph Sposato

Associate Program Director: LCDR Justin Lafreniere

Associate Program Director, Intern Advisor: LCDR Nathan Cutler

Clerkship Director: LCDR Aaron Flanders

Residency Coordinator: Delilah Roman delilah.roman.civ@mail.mil

ACCREDITATION:

ACGME-accredited program continuously since 1951.

MAILING ADDRESS:

NAVAL MEDICAL CENTER PORTSMOUTH

INTERNAL MEDICINE DEPARTMENT

ATTN: DELILAH ROMAN

620 JOHN PAUL JONES CIRCLE

PORTSMOUTH VA 23708-2197

NAVAL MEDICAL CENTER PORTSMOUTH
INTERNAL MEDICINE (IM)
CURRICULUM

PGY-1: Leave: 2 weeks

Scheduled in 13 four week blocks:

- Inpatient Medicine (5 blocks)
- Inpatient Cardiology (4 weeks)
- Intensive Care Unit (4 weeks)
- Orthopedics (2 weeks)
- Psychiatry (2 weeks)
- Office Gynecology (2 weeks)
- Medicine Elective (3 weeks)
- General Elective (3 weeks)
- Emergency Medicine (4 weeks)
- Longitudinal continuity clinic*
- Research/Elective (1 week)
- Combat Casualty Care Course (2 weeks)

*A 4+1 clinic model provides continuity of care for your patient panel, and consistency of working with the same clinic team with the same staff preceptor over the course of the year as mentors and advisors in the outpatient clinic. This model guarantees a "golden weekend" *at a minimum* every other month and minimizes conflict between inpatient and outpatient.

PGY-2: Leave: 3 weeks

- Internal Medicine Ward (2-3 blocks)
- Cardiology Ward (4 weeks)
- NMCP ICU (4 weeks)
- SNGH ICU (4 weeks)
- Night Medicine (4 or 6 weeks)
- Electives (16 weeks)
- Continuity Clinic (10 weeks)

PGY-3: Leave: 3 weeks

- Internal Medicine Ward (2-3 blocks)
- SNGH ICU (4 weeks)
- Night Medicine (4 or 6 weeks)
- Geriatrics (4 weeks)
- Electives (20 weeks)
- Continuity Clinic (10 weeks)

TRAINING SITES:

1. All PGY-1 rotations are at NMCP. Opportunities for operational medicine electives and exposure are available.
2. PGY-2 and PGY-3 residents rotate in the ICU at Sentara Norfolk General Hospital (SNGH), a local hospital in Norfolk, VA.
3. PGY-3 residents spend a month at Eastern Virginia Medical School in Norfolk, VA for their Geriatrics rotation. This rotation is dedicated to inpatient care of the elderly patient and supported by a staff of geriatricians.
4. PGY-2 and PGY-3 residents have an opportunity for a one month elective on the USNS Comfort Continuing Promise, a 5-month mission to Central and South America and the Caribbean.

CONFERENCES AND EDUCATIONAL MEETINGS:

1. Noon Report, 1200-1245 M-W. Case presentations, grand rounds, resident lectures, facilitated by the Chief of Residents
2. Academic lectures, 1245-1330 M-W. Topics on board-relevant clinical material
3. Intern Survival Series, 1200-1330 Thursdays
4. Resident Board Review Series, 1200-1330 Thursdays
5. Journal Club: monthly critical appraisal of current medical literature
6. Monthly Resident Peer Review Conferences (based on M&M)
7. Simulation Center Training: 0730-0830 Fridays. Code Blue and procedure simulations
8. Hopkins Ambulatory Curriculum: Monthly web-based modules of high yield outpatient Internal Medicine topics.

CLERKSHIPS/INTERVIEWS:

We invite you to get to know our program better by rotating with us! To coordinate a rotation, please email the NMCP Medical Student Coordinator at below listed e-mail address:

usn.hampton-roads.navhospporsva.list.NMCP-MedStudentCoordinator@mail.mil

Available IM Rotations:

- Sub-internship, Internal Medicine Ward (4th years only)
- Sub-internship, Oncology Ward (4th years only)
- Internal Medicine Outpatient (4th years only)
- Outpatient Clinic/Consults: Cardiology, Pulmonary, Infectious Disease, Heme/Onc, Endocrine, Gastroenterology, Nephrology, Allergy

Interview Information: Please provide the following documents via e-mail to the Program Coordinator:

- CV (please include current contact information/e-mail/phone)
- Personal Statement
- Photo (optional) digital image via e-mail

Uniform options for interview:

Khaki or Service Dress Blue, Business suit if not on AT orders