

*Looking to Improve Your Health...*



**NEW**

# **"Intensive Weight Management"**

**PROGRAM**



## **Join Us!**

Initial appointment will be a 90 minute group class to include:

A registered dietitian

Basic weight management nutrition education

Weight checks

### **To Register:**

1. Contact your Primary Care Manager to submit a referral to Clinical Nutrition for weight management.
2. Call 953-2629/2631 to register for the initial appointment.

