

## **What to bring for the Mother-Baby Unit**

Pajamas/night gown

Bathrobe

Panties and adhesive peri pad (bring your own, preferably with wings)

Well fitting bras (nursing or regular)

Bra Pads

Baby clothes, especially socks

Toothbrush/toothpaste

Grooming aids & cosmetics (NMCP has soap/shampoo but you can bring your own)

Mom' going home clothes (loose fitting)

Baby's going home outfit (to include cap) and blanket

Infant car seat for day of discharge

The mother-baby unit will provide diapers and wipes while in the hospital.