

Websites

For Continued Education

www.diabetes.org

www.jdrf.org

www.childrenwithdiabetes.com

www.barbaradaviscenter.org

www.childrensdiabetesfdn.org



Infants - Children - Adolescents - Young Adults

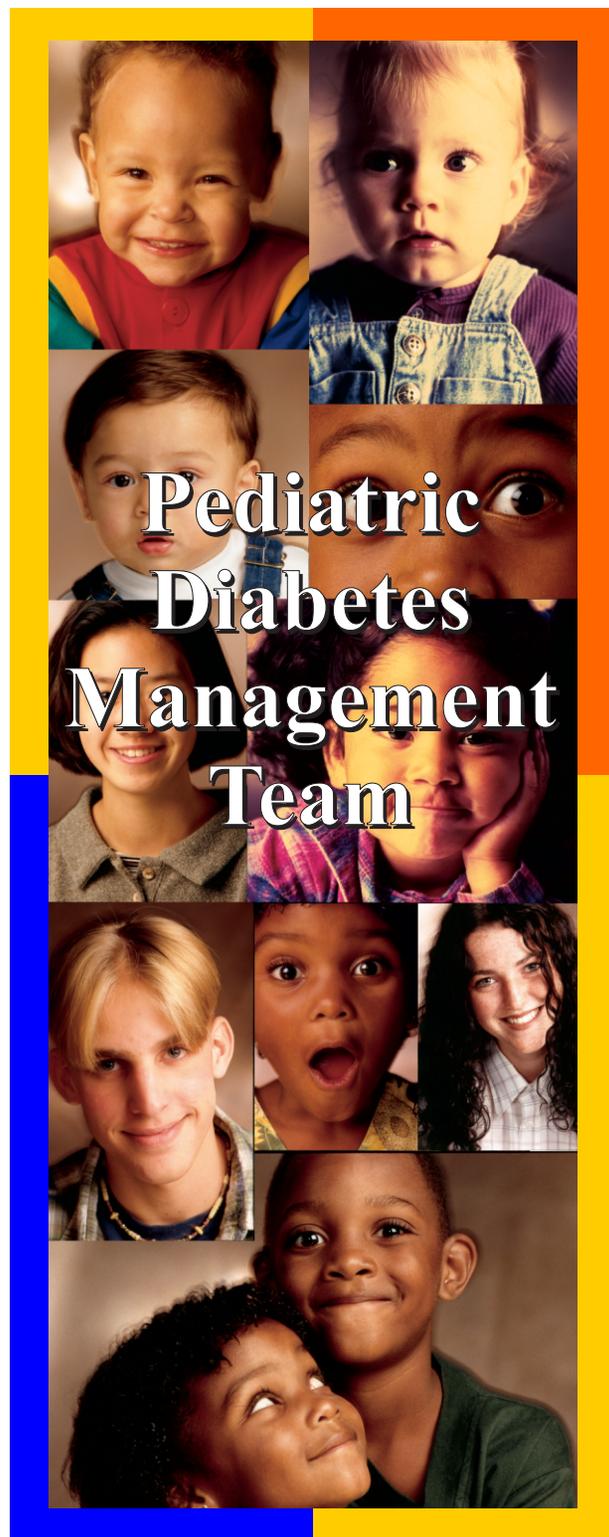


Naval Medical Center Portsmouth - Portsmouth Virginia

Pediatric Endocrinology



Charette Health Care Center
Naval Medical Center, Portsmouth
620 John Paul Jones Circle
Portsmouth, Virginia 23708

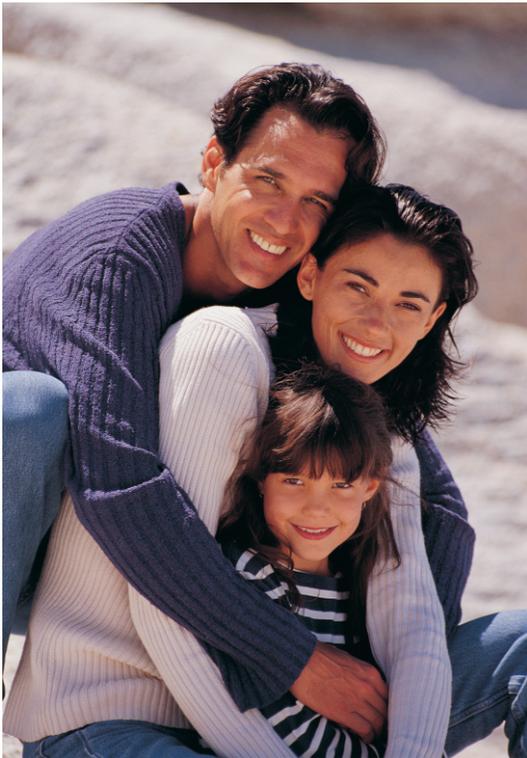


NMCP Diabetes Management Team



We are all part of your Diabetes Management Team. We know you and your

family are adjusting to lots of new information; some of which is pretty scary. Our goal is to design an educational plan with the family that will ensure an adequate diabetes knowledge foundation on which to build.



Your Diabetes Management Team

William Scouten, MD

Christina Cristaldi, DO

Mellisa Buryk, MD

Linda Gottlick, RN, CDE
757-953-2666

Agnes Flores, RN
757-953-2987

Mary O'Connell, MA
757-953-2987



Family Responsibilities

Structure and consistency in meals

Pattern Management: Check BG 4-8 times a day; identify trends and modify plan

Stay in touch with Diabetes Team; we can help!

Follow up with Peds Endo quarterly

Complete blood work/Eye Exams as recommended

Close communication with school

Organize meds and supplies; keep prescription number handy and call in refills at least 3 days before needing

Prompt Sick Day/Ketone Management

EMERGENCY pager when needed
757-988-5283

