

What is an Upper Endoscopy?

An Upper Endoscopy (also called an EGD) is a procedure in which the doctor looks directly into the esophagus, stomach and upper small intestine (duodenum) with a narrow bendable tube.

Very small tissue samples (called biopsies) will be taken – these are painless – in order to evaluate for an underlying reason for your child's symptoms.

Pediatric Gastroenterology
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Upper Endoscopy (EGD)



Procedure Appointment:

(we will notify you if this must change)

- Pre-op Appt: _____
- Follow-up Appt: _____

Sedation

An EGD is done under general anesthesia. This means that your child will be asleep during the entire exam.

Your child's sedation will be performed in the Pediatric Sedation Center, which is located in the Pediatric Intensive Care Unit (PICU) on the 3rd floor of the main hospital (Building 2, 3A).

Typically, an IV will be placed prior to the procedure to give anesthesia medication. An intensive care (ICU) physician and nurse will be in the room the entire time, providing and monitoring the anesthesia.

Before the EGD

Please ensure that your child does not eat or drink anything after 11 pm the evening before the procedure.

****Small sips (<1 oz) of clear liquids (not milk) are allowed up to 2 hours before scheduled arrival time****

Please arrive an hour before your scheduled sedation and go to the Admission Office (first floor) to sign your child in to the hospital.

For questions related to the sedation, please contact the Sedation Center at 953-3521.

Please call the GI clinic if your child is sick (fever, breathing difficulties) prior to your procedure, or if your child has needed steroids for asthma since your last appt.

After the EGD

Your child will awaken from the procedure having little to no memory of the exam. Once drinking well, your child can start eating again.

The gastroenterologist will meet with you in the waiting room to discuss the findings.

The biopsies will be sent to the pathology lab for processing and analysis; this typically takes 7-10 days.

Most children feel fine after the procedure. Some may have a mild sore throat, indigestion or mild abdominal discomfort.

Spitting up a small amount of blood after the procedure is uncommon but not abnormal.