

TRICARE Pharmacy Program

Pharmacy Choices, Prescription Categories and Prescription Drug Costs¹

Shows new co-pays effective January 1, 2016

Pharmacy	# Days' Supply	Formulary		Non-Formulary ³ (Tier 3)
		Generic ² (Tier 1)	Brand Name (Tier 2)	
Military Treatment Facility (MTF)	90	No Cost		Not Available ⁴
Home Delivery ⁵		No Cost	\$20	\$49 ⁶
Retail Network ⁷	30	\$10	\$24	N/A ⁸
Retail Non-Network, Non-Prime		ADFMs – greater of \$24 or 20% Retirees – 25% cost-share (after deductible is met) ⁹		N/A ⁸
Retail Non-Network, Prime		50% (after point-of-service deductible is met) ¹⁰		

- Active duty service members (ADSMs) do not have a co-pay for authorized prescription medications at any pharmacy. The annual deductible for all other beneficiaries does not apply to covered prescriptions filled through home delivery or a retail network pharmacy.
- When available, generics will be used. Brand name drugs with a generic equivalent are only dispensed if medical necessity is requested and approved by Express Scripts. If approved, the brand name co-pay will apply. If not approved, the beneficiary will be responsible for the entire cost of the medication.
- Non-formulary drugs are determined to be less clinically- or cost-effective than others in the same class.
- With few exceptions, non-formulary medications are generally not available through an MTF pharmacy.
- Home Delivery is not available to beneficiaries with OHI with a prescription benefit, including Medicare Part D, unless a particular medicine is not covered by the OHI, or the OHI benefit has been exhausted.
- Non-formulary drugs may be available through home delivery at the formulary co-pay if your doctor requests medical necessity and it is approved by Express Scripts.
- NEW: See over for information about home delivery maintenance medication prescription policy change.
- The availability of non-formulary medications through a retail pharmacy is limited.
- The Standard/Extra annual (fiscal year - FY) deductible for ADFMs of a sponsor E-4 and below is \$50/individual and \$100/family, and for all other beneficiaries is \$150/individual and \$300/family.
- The Prime FY point-of-service (POS) deductible for non-ADSMs is \$300/individual and \$600/family.

TRICARE Pharmacy Program Information and Assistance

- Accredo (nationwide specialty medication mail order pharmacy) - 1-800-803-2523
- Express Scripts - Retail Network and Home Delivery
 - 1-877-363-1303; TDD/TTY 1-877-540-6261; www.express-scripts.com/TRICARE
 - Specialty medication home delivery - 1-888-455-4342
- MCAHC Main Pharmacy - 314-7900 (Option 3); Refills - 314-7965; Toll Free 1-866-878-9321
- NMCP Main Pharmacy - 953-0258; Refills - 953-6337; Toll Free 1-866-285-1008
- NMCP Pharmacy Formulary - www.med.navy.mil/sites/NMCP2/PatientsServices/Pharmacy
- TRICARE Pharmacy Formulary - www.express-scripts.com/static/formularysearch/
- TRICARE Pharmacy Program - www.tricare.mil/mybenefit/home/Prescriptions/PharmacyProgram
- USAF Hospital Langley Main Pharmacy - 764-6497; Refills - 764-3784/6419

TRICARE Information and Assistance

- DEERS (TRICARE eligibility) - 1-800-538-9552; www.tricare.mil/deers or <http://milconnect.dmdc.osd.mil>
- Hampton Roads Appointment Center (Prime appointments at Tidewater MTFs) - 1-866-645-4584
- Medicare and Social Security: 1-800-772-1213; www.medicare.gov or www.ssa.gov
- TRICARE - for complete TRICARE program and benefit information, visit: www.tricare.mil
- TRICARE Nurse Advice Line - 24 hours a day, 7 days a week - 1-800-874-2273 (1-800-TRICARE)
- TRICARE North Region - www.tricare.mil/tronorth
 - Health Net Federal Services - 1-877-874-2273; www.hnfs.com
- TRICARE South Region - www.tricare.mil/trosouth
 - Humana Military - 1-800-444-5445; www.humana-military.com
- TRICARE West Region - www.tricare.mil/trowest
 - United Healthcare Military and Veterans - 1-877-988-9378; www.uhcmilitarywest.com
- TRICARE Overseas - International SOS; 1-888-777-8343



Tidewater Military Health System

McDonald Army Health Center
Joint Base Langley-Eustis
Information: (757) 314-7500

Naval Medical Center Portsmouth
Naval Support Activity
Information: (757) 953-5000

USAF Hospital Langley
Joint Base Langley-Eustis
Information: (757) 225-7630



Tidewater Health Benefit Advisors

Naval Medical Center Portsmouth
(757) 953-2610/2611

Branch Health Clinic (BHC) Dam Neck
953-9322

BHC Norfolk (Sewell's Point)
953-8708

BHC Little Creek (Boone)
953-8182

BHC NAS Oceana
953-3933 (option 7)

BHC NWS Yorktown
953-8441

TRICARE Prime Clinic (TPC) Chesapeake
953-6382

TPC Virginia Beach
953-6710/6711

McDonald Army Health Center
(757) 314-7748/7766/7777

USAF Hospital Langley
225-5111

USCG Training Center Yorktown
(757) 856-2230/2345

Tidewater Military Health System
Navy Medicine East
620 John Paul Jones Circle
Portsmouth, VA 23708
Fiscal Year 2016

New!

Mandatory Use of an MTF Pharmacy or Home Delivery for Maintenance Medications

- The requirement for most TRICARE beneficiaries to use an MTF pharmacy or Home Delivery to fill or refill certain maintenance medication prescriptions went into effect on October 1, 2015. Exceptions include active duty service members (ADSMs), beneficiaries living outside the U.S. or U.S. territories, and those with other health insurance (OHI) with a prescription benefit.
- Prescriptions exempt from this requirement include medications for acute conditions (such as antibiotics or pain medications), generic versions of prescription maintenance medications, and over-the-counter drugs.
- Express Scripts is notifying all beneficiaries affected by this change.
- The Select Maintenance Drug List is available at www.health.mil/SelectDrugList. More information about this policy is available at www.tricare.mil/CoveredServices/Pharmacy/FillPrescriptions/NewRules.aspx.

Getting Started with Home Delivery

- In Person - An MTF provider can enter new prescriptions directly into the military health care system. MTF pharmacies can also help beneficiaries register and transfer new and existing prescriptions to Home Delivery.
 - When calling the NMCP refill line (953-6337), beneficiaries will be offered the opportunity to transfer eligible prescriptions Home Delivery.
- Online - Create an account (or sign in, if registered) at www.express-scripts.com/TRICARE. Each person must create their own account.
- Telephone - To switch prescriptions filled at an MTF pharmacy to Home Delivery, have the prescription information (or pill bottles) and provider's name and telephone number handy when calling the *Member Choice Center* at 1-877-363-1303.
 - Accredo, a nationwide specialty mail order pharmacy, may also be used to fill specialty medications. For information, call 1-800-803-2523.
- Mail - Write the patient name, date of birth and sponsor ID number on the back of each prescription. Complete the *Web Prescription Order Form* (available online), attach the prescriptions and mail to: Express Scripts, Inc., PO Box 51250, Phoenix, AZ 85072-9954.
- Fax - Prescriptions are only accepted by fax directly from a provider's office. They will not be accepted if faxed from other locations (such as home or work). Complete the *Web Prescription Order Form*, and have the provider complete the *Doctor/Prescriber* information. Fax to 1-877-895-1900; from overseas to 1-602-586-3911.
 - Prescriptions for Schedule II controlled drugs cannot be faxed. These must be mailed.

Specialty Medication Care Management and Home Delivery Program

- Specialty medications are usually high cost, self-administered, injectable or oral medications that treat serious, chronic conditions like cancer, multiple sclerosis, rheumatoid arthritis and hepatitis C. For information, call the Express Scripts Member Choice Center at 1-888-455-4342.
- Express Script's *Specialty Medication Care Management Program* offers:
 - Access to a pharmacist 24/7 to discuss potential drug interactions or side effects, and answer any questions about a prescription; to nurses who can help patients receive the greatest benefit from their medication, and to educational materials to help manage a patient's medical condition.
 - Guidance on how to take specialty medications correctly, and support in managing medication therapy.
 - Personal care through Patient Care Advocates, including refill reminder calls each month.
- Accredo, a nationwide specialty mail order pharmacy, may also be used to fill specialty medications. For information, call 1-800-803-2523.

Tidewater MTF Pharmacy Electronic Prescription (e-RX) Service

Tidewater MTF Pharmacy Site	Published e-RX Site Name	NCPDP/NPI
Branch Health Clinic (BHC) Dam Neck	DoD PORTS VA DAM NECK ePhcy	4845345 / 1396158168
BHC JEB Little Creek-Fort Story (Boone Clinic)	DoD PORTS VA LITTLE CRK ePhcy	4845357 / 1205249075
BHC Naval Air Station Oceana	DoD PORTS VA BHC OCEANA ePhcy	4845410 / 1578977666
BHC Norfolk Naval Station (Sewells Point Clinic)	DoD PORTS VA BHC SEWELLS PT ePhcy	4845369 / 1205249059
BHC Naval Weapons Station Yorktown	DoD PORTS VA BHC YORKTOWN ePhcy	4845460 / 1952717472
BHC Northwest	DoD PORTS VA NORTHWEST NSG ePhcy	4845888 / 1548664949
Kenner Army Health Clinic, Fort Lee	DoD FT LEE ePhcy	4845395 / 1417361866
McDonald Army Health Center JEB Langley-Eustis	DoD FT EUSTIS ePhcy	4845458 / 1861807703
Naval Medical Center Portsmouth (NMCP)	DoD PORTS VA NMC ePhcy	4845371 / 1548673205
Scott Center Norfolk Naval Shipyard Portsmouth	DoD PORTS VA SCOTT CENTER ePhcy	4845838 / 1013319755
TRICARE Prime Clinic (TPC) Chesapeake	DoD PORTS VA TPC CHESAPEAKE ePhcy	4845383 / 1508270950
TPC Virginia Beach	DoD PORTS VA TPC VA BEACH ePhcy	4845408 / 1851704431
USAF Hospital Langley	DoD LANGLEY ePhcy	4845523 / 1720494834
TRICARE Mail Order Pharmacy (Home Delivery)	Express Scripts Home Delivery	2623735 / 1558443911