

Substance Abuse Rehabilitation Program, Naval Medical Center, Portsmouth

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3 OCT 16

MEMORANDUM

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From: CDR Raymond C. Nairn, Department Head, Substance Abuse Rehabilitation Program Naval Medical Center, Portsmouth

To: DAPAs, ASAP Counselors, ADAPT Counselors, SACOs, and CDARs

Subj: Tobacco free SARP Portsmouth

1. Starting on Wednesday November 16th at 0001 SARP will be 100% tobacco free. The patients will be prohibited from all forms of tobacco use (e.g., smoking, dipping, chewing, etc.) and “vaping”. This policy is inclusive of all SARP patients: IMPACT, Level 1, Level 2, or Level 3 treatment.
2. Patients will however, be able to utilize nicotine replacements (e.g., nicotine patch or nicotine lozenges) while enrolled at SARP. SARP’s preference is to have the patient started on nicotine replacement prior to starting treatment by his/her medical department, but the patient can be started on nicotine replacement once he/she reports to SARP.
3. Patients will indicate an understanding of the policy and sign an agreement to adhere to the policy upon admittance to SARP. The patients will not be discharged from the program for their first offense of this policy, but will be discharged from treatment after a third offense of tobacco use.
4. If you have questions please contact, the Associate Department Head LT Sarah Brower at sarah.j.brower.mil@mail.mil or raymond.c.nairn.mil@mail.mil

R. C. NAIRN

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