

Sleep and Play: Safety Considerations Across the Continuum for Children with Autism

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DISCLOSURE

- We have no conflicts of interest
 - *Please note:* Christopher S. Dailey is the Regional Manager of Carolina Mobility and Seating and assist with ordering equipment from various manufactures for children with special needs.
- There are no other commercial ties to disclosure.

Objective

- Participants will be more informed of options regarding adaptive equipment, home modifications, community involvement and therapeutic recreation programs as it relates to children and autism.

- **The Good News**

- There are many options available for consideration to integrate the child with autism into family and community activities.

- **The Bad News**

- In general, many insurances and TRICARE may not pay for adaptive equipment, supplies and/or services, and recreational devices discussed in this presentation.



- Young Life Capernaum Club
 - Military Chapter
 - Ben Moreell Community Center
 - First Wednesday of every month
 - 6:30pm - 8:00pm
 - Contact: Natalie Sims at nsims [@lpsi.com](mailto:nsims@lpsi.com) or 757.961.1798
 - [HTTP://YOUNGLIFE.ORG/CAPERNAUM/](http://YOUNGLIFE.ORG/CAPERNAUM/)

Therapeutic Recreation Programs

City Parks and Recreation Department

- Norfolk 757-441-1764
 - www.norfolk.gov/rpos
- Chesapeake 757-962-5828
 - www.cityofchesapeake.net/tr
- Portsmouth 757-393-8481
 - www.portsmouthva.gov/parksandrec
- Suffolk 757-514-7250
 - www.suffolk.va.us/parks

Therapeutic Recreation Programs Parks and Recreation

- Virginia Beach 385-0400
 - www.vbgov.com/parks
- Hampton 757-727-1601
 - www.hampton.gov/parks/
- Newport News 757-926-1400
 - www.nngov.com/parks-and-recreation/therapeuticrecreation

Therapeutic Horseback Riding

- Closely replicates the human gait pattern
- Increased Flexibility
- Increased Balance
- Increased Strength
- Increased Confidence / Self Esteem
- Increased Patience



Please note: In general, horseback riding is not covered by insurances and it is not a covered TRICARE benefit.

Therapeutic Riding

- NARHA (North American Riding for the Handicapped Association)



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Dream Catchers

Dream Catchers at the Cori Sikich
Therapeutic Riding Center

10120 Fire Tower Road

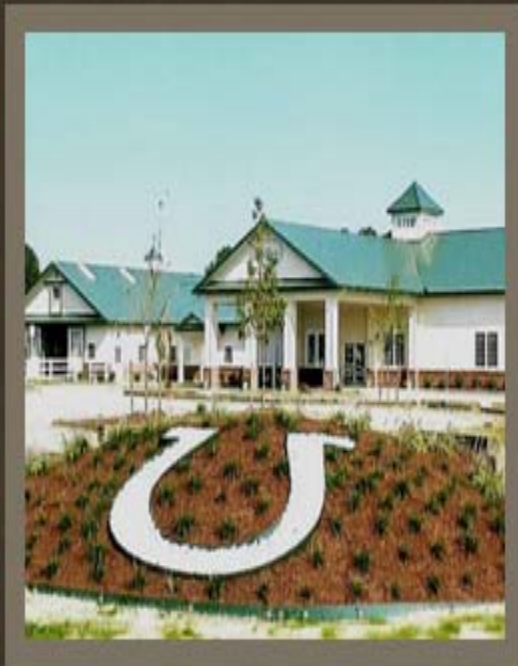
Toano, VA 23168

757-566-1775



Please note: In general, horseback riding is not covered by insurances and it is not a covered TRICARE benefit.

Equi-Kids



CONTACT INFO

EQUI-KIDS Therapeutic Riding Program
2626 Heritage Park Drive
Virginia Beach, VA 23456

(757) 721-7350

information@equikids.org



Please note: In general, horseback riding is not covered by insurances and it is not a covered TRICARE benefit.

Triple R Ranch



The header features a collage of images: a cowboy hat on the left, a horse's head in the center, and a woman in a cap on the right. The text 'TRIPLE R RANCH' is prominently displayed in a serif font, with the 'R' in red. Below this is a red navigation bar with white text for 'HOME', 'ABOUT US', 'TRIPLE R CALENDAR', 'WORK AT THE RANCH', 'PHOTO GALLERY', and 'ONLINE C'.

TRIPLE R RANCH

HOME ABOUT US TRIPLE R CALENDAR WORK AT THE RANCH PHOTO GALLERY ONLINE C

STAFF CONTACT

STAFF CONTACT
MAP OF OUR
LOCATION
DIRECTIONS

STAFF CONTACT

TRIPLE R RANCH
3531 Bunch Walnuts Rd
Chesapeake, VA 23322

Phone: 757-421-4177
Fax: 757-421-4179

Executive Director
Duane Plummer
Duane@triplerranch.org

Executive Director of Development
Steve Smith
EDoD@triplerranch.org

Office Manager
Joy Norfleet
Joy@triplerranch.org

Special Olympics

- Young Athletes Program
 - Ages 2-7 yrs old
- Special Olympics
 - Ages 8 and above
- Young Athletes have documented improvement in social, motor, communication, cognitive and adaptive behavior



Young Athletes

- Pilot Study
- % of Teachers noted improvement:
 - Social Skills: 84%
 - Motor Skills: 82%
 - Communications: 78%
 - Cognitive Ability: 75%
 - Adaptive Behavior: 72%

Special Olympics

- Aquatics
- Bowling
- Basketball
- Golf
- Roller Skating
- Soccer
- Softball
- Tennis



Special Olympics

- Special Olympics Virginia
184 Business Park Drive
Suite 202
Va. Beach, VA 23462
757-962-1575
www.specialolympicsva.org

Special Olympics

- Newport News
 - William Bailey 757-887-2747
- York County
 - Pat Burnett 757-645-3855
- Williamsburg
 - Chris LeMaire 757-565-0686

Aquatic Therapy



Beach

- Landeez by Natural Access
 - All terrain beach wheelchair
- Can be disassembled
 - Quick release pins
 - No tools needed
- Kit with interchangeable street wheels
- www.landeez.com
- 1-800-411-7789



Please note: Currently not a covered TRICARE Benefit

Pools

- Alarms / Locks
- Flotation Devices
 - Water Walker (\$576)
 - Aquatic Head Float (\$145 - \$235)
 - Quad Float System (\$195)



Please note: Currently not a covered TRICARE Benefit. Flotation devices are generally as recreational.

Pools

- Life Jacket – Adapted Inc. (\$200-265)
- 1-780-885-6957
- Quebec, Canada
- Lj-A
- Keeps body upright
- Head out of water



Please note: Currently not a covered TRICARE Benefit. If you have questions, contact your local Health Benefits advisors.

Bicycles

- Three Wheel Bikes
- Side By Side Trike (\$1,429)
- Duet Cycle (\$5,400)



Please note: Recreational vehicles are not a covered TRICARE Benefit.

Therapy Dogs

- Autism
 - Can minimize emotional outbursts
 - Ease transitioning
 - Provides a focus through which the child can interact with other children
 - Increase opportunity to develop social and language skills

Please note: In general, most insurances do not provide covered for therapy dogs. Therapy dogs are currently not a TRICARE covered benefit. See TRICARE Policy Manual, Chapter 1, Section 1.2



Service Dogs

- Mobility
 - Open doors
 - Pick up objects
 - Bracing for transfers





Canine Companions

- Canine Companions
- www.cci.org
- No cost for dog, family must pay for meals and transportation to NY for 2 weeks
- Application 3-6 months
- Long wait list

Autism Service Dogs of America

- www.autismservicedogsofamerica.com
- Tethering
- One week training in Oregon
- One week training in your home
- Cost to family = \$13,500 (not covered by most insurances)
- Cost to raise and train the dog is \$15,000 to \$20,000 (not covered by most insurances)

Canine Specialty Training

- Independence, Missouri
- 1-816-796-6444

Paws with a Cause

- Autism
 - Application accepted 4-10 (12) years of age
 - No cost but highly encourage participation in fund raising
 - Cost involved with training is approximately \$30,000
 - Wayland, Michigan
 - 1-800-253-7297

Canine Partners for Life

- Do not list Autism
- Can call
- Serve 250 mile radius from Cochranville, Pennsylvania
- www.k94life.org
- 1-610-869-4902
- \$600

East Coast Assistance Dogs

- Educated Canines Assisting with Disabilities
- www.ecad1.org
- New York 1-914-693-0600
- Autism Program – Canine Magic Anchoring
- 2 weeks in New York
- Cost = meals and transportation

Service Dogs of Virginia

- www.servicedogsva.org
 - Charlottesville, VA 1-434-295-9503
 - Cost to the family = \$525
 - Autism ages 2-10
 - Tethered
- *Please note: Therapy dogs are currently not a TRICARE covered benefit. See Tricare Policy Manual, Chapter 1, Section 1.2*

Blue Ridge Assistance Dogs

- www.blueridgeassistancedogs.org
- Manassas, VA 1-703-369-5878
- Autism
- Cost to the family = \$7,000 (not covered by most insurances)
- Assistance with scholarships and fundraising

4 Paws for Ability

- www.4pawsforability.org
- Xenia, Ohio
- 1-937-374-0385
- Dog “free”
- Family must do \$13,000 in fundraising
- Donation not a “fee”



National Organizations

- Assistance Dogs International, Inc.
- International Association of Assistance Dog Partners
- Delta Society

Assistive Technology

- Computers
 - Intellikeys
 - Dragon Speech
 - LightWRITERS
 - DynaVox
- iPad
- Joann Ervin 757-683-3639



Transportation

- Convoid Cruiser
- EZ On Vest
- Safe Rider (up to 80 pounds)
 - Safe Traffic Systems
 - \$129
- Britax Frontier 85 SICT
 - 5 pt harness to 85 lbs
 - www.britaxusa.com
 - \$340



Please note: *On a case by case basis, some of these items may possibly be covered under the TRICARE ECHO Program. Family must be enrolled in the Exceptional Family Member Program!*

Sensory

- Weighted vest
- Spio Vest
- Body Sock





Movies



- Sensory Friendly
- Sound turned down
- More light in theatre (dim but not dark)
- No previews
- AMC Theatres

Other Community Programs

- Team Hoyt VB
 - www.teamhoytvb.com
- Surfers Healing VB
 - www.surfershealing.com





Source: www.teamhoytv.com

Environmental Modifications in the Home

- www.pathfindersforautism.org
- Toilets
 - Alarm that senses overflow and will automatically shut the water off
 - www.safehomeproducts.com
- www.autism-society.org
- Locator stickers from Fire Department

Home Modifications

- Locks on doors, cabinets, appliances
- Using “STOP” signs / stickers on doors , windows, gates
- Alarms on doors, windows
- Medical ID Bracelets
- www.nationalautism.org
Safety Tool Kit

Project Lifesaver

- www.projectlifesaver.org
- 757-546-5502
- Wear a small transmitter around ankle or wrist
- \$25/month, covers batteries



Hampton Roads Medical Needs Registry

- www.hrspecialneeds.org
- Chesapeake, VA 757-420-8300
- Used by local emergency managers to communicate with people who have medical needs for emergency preparedness

Beds

- Kayserbetten Hannah Secure Sleep System



*Please note: Sleep System beds in general may not be covered by most insurances.
It is currently not a covered TRICARE Benefit*

Additional Sites for Beds

- PediCraft
- www.pedicraft.com
- www.bedsforspecialneeds.com
- Hard Manufacturing Co., Inc
- www.hardmfg.com



