



Pharmacy Vaccine Services

- You may receive any of the vaccines listed below for zero copayment at participating retail network pharmacies
- To find a participating pharmacy, call 1-877-363-1303, or visit: <http://www.express-scripts.com/TRICARE/pharmacy/>
- Call the pharmacy first to check if the vaccine is available, when you can come in for a vaccination, and if there are any restrictions
- If the pharmacy has restrictions or the vaccine is not available, you may still visit your doctor's office or a military treatment facility immunization clinic for the vaccine
 - There may be copayments or cost shares for a civilian doctor's office visit or other services received during the office visit

Vaccine Type	Coverage Limitations/Restrictions
Diphtheria & Tetanus (DT/TD)	No restrictions
Haemophilus Influenzae (HIB)	No restrictions
Hepatitis A Virus (HAV) & B Virus (HBV)	Age 1 year or older for HAV; no restrictions for HBV
Human Papillomavirus (HPV)	Females age 9 - 26 years
Influenza (Seasonal Flu) A, B, H1N1, HD	No restrictions for A, B, & H1N1
Measles; Measles, Mumps & Rubella (MMR); Measles, Mumps, Rubella & Varicella (MMRV)	Age 1 year or older
Meningococcal (Meningitis)	Age 2 years or older
Mumps	Age 1 year or older
Pneumococcal (Pneumonia)	Age 2 years or older for Pneumovax; Birth to age 18 years for Prevnar & Prevnar-13
Poliomyelitis (Polio)	Birth to age 18 years
Rotavirus	Birth to age 12 months
Rubella (German Measles)	Age 1 year or older
Tetanus Booster	Age 7 years or older
Tetanus, Diphtheria & Pertussis (Whooping Cough) (Tdap)	No restrictions
Varicella (Chickenpox)	Age 1 year or older
Zoster (Shingles) (Zostavax)	Age 60 years or older

NMCP Health Benefits

Building 3, 3rd Floor; Mon-Fri, 7 a.m.—3:30 p.m.
(757) 953-2610/2611

NMCP TRICARE Service Center

Health Net Federal Services
Building 249 (next to parking garage)
Mon—Fri, 7:30 a.m.—4:30 p.m.
1-(877) 874-2273



Appointments & Specialty Referral Status

Hampton Roads Appointment Center
Mon—Fri, 6 a.m.—8 p.m.
S, S & Holidays, 7 a.m.—3:30 p.m.
1-(866) 645-4584

To Schedule a Presentation

TRICARE Operations—Marketing
(757) 953-6153/6048