



TRICARE Dental

Tidewater Military Health System - Fiscal Year 2016



- * A Military Dental Treatment Facility (DTF) provides care for active duty service members (ADSMs), and activated Guard and Reserve members (including up to 180 days early under delayed-activation orders; and up to 180 days after during TAMP). Some DTFs offer limited, space-available care for other beneficiaries.
- * The Active Duty Dental Program (ADDP) is for ADSMs and eligible Guard and Reserve members for authorized dental care from civilian network dentists:
 - * With a referral and authorization when services cannot be provided by a DTF.
 - * Remote ADDP - with a duty location and residence more than 50 miles from a DTF.
 - * Remote members may self-refer for certain routine care, but must first contact United Concordia to obtain an Appointment Control Number (ACN).
 - * Authorizations are required for care for which the ADSM cannot self-refer.
- * The TRICARE Dental Program (TDP) is a premium-based program for active duty family members (ADFM), inactive Guard and Reserve members, Guard and Reserve family members, and certain survivors, and is available in the U.S. and U.S. territories.
 - * Premiums are based on sponsor status and number of family members enrolled.
- * The TRICARE Retiree Dental Program (TRDP) is a premium-based program for retired service and Guard and Reserve members, eligible family members and certain survivors.
 - * Premiums based on residence and number of family members enrolled.
- * Adjunctive Dental Care is a limited benefit under the TRICARE medical plan that involves care performed in preparation for, or as a result of, an injury or disease; or dental care that is an integral part of treatment of a covered medical condition, such as:
 - * Removal of teeth and tooth fragments to treat facial trauma.
 - * Intra- and extra-oral abscesses, cellulitis and osteitis.
 - * Total or complete ankyloglossia (tongue-tied) for difficulty swallowing or speaking.
 - * Dental or orthodontic care directly related to the medical and surgical correction of a severe congenital anomaly.
 - * Dental care in preparation for, or as a result of, radiation therapy for oral or facial cancer.
 - * Certain dental care for patients with medical conditions that could become life-threatening during routine dental procedures (e.g., tooth extraction for a hemophiliac).
- * Certain facility and anesthesiology services for children age 5 and under, and beneficiaries with severe developmental, mental or physical disabilities to prevent trauma and/or injury during routine dental procedures.
 - * Prior authorization is required, even for patients with other health insurance (OHI), except in medical emergency cases.

See over for additional information

TRICARE Dental Programs and Plan Administrators

Program	Administrator	Telephone	Web Site
Active Duty Dental Program (ADDP)	United Concordia Companies, Inc. ADDP Unit, P.O. Box 69430 Harrisburg, PA 17106-9430	1-866-984-2337	www.addp-ucci.com www.tricare.mil/dental
TRICARE Dental Program (TDP)	MetLife TRICARE Dental Program P.O. Box 14185 Lexington, KY 40512	1-855-638-8371	www.tricare.mil/dental or https://mybenefits.metlife.com/tricare
TRICARE Retiree Dental Program (TRDP)	Delta Dental of California Federal Services, P.O. Box 537008 Sacramento, CA 95853	1-888-838-8737	www.trdp.org

McDonald Army Health Center
Joint Base Langley-Eustis
Information: (757) 314-7500

Naval Medical Center Portsmouth
Naval Support Activity
Information: (757) 953-5000

USAF Hospital Langley
Joint Base Langley-Eustis
Information: (757) 225-7630



TRICARE Dental Programs - Eligibility and Availability

Beneficiary Category	Military DTF	ADDP	TDP	TRDP
Active Duty Service Members	Yes		No	No
Separating Service Members TAMP				
Active Duty Family Members			Yes	
Survivors of Deceased ADSMs	Space Available		Yes - up to 3 years premium-free	Yes - after 3 years
Retired Service Members			No	Yes
Retiree Family Members			No	Yes - sponsor must be enrolled (exceptions)
Retiree Survivors			No	Yes
Early Activation Guard and Reserve	Yes - up to 180 days when activated for more than 30 days for a contingency operation		Yes - if not qualified under early activation orders	
Activated Guard and Reserve	Yes - when activated for more than 30 days		No	
Deactivating Guard and Reserve Eligible for TAMP	Yes - up to 180 days following activation of more than 30 days for a contingency operation		Yes - if not eligible under TAMP	No
Inactive Guard and Reserve	No		Yes	
Guard and Reserve Families			Yes - lower premiums if activated	
Retired Guard and Reserve			No	Yes
Retired Guard and Reserve Families			No	Yes - sponsor must be enrolled (exceptions)
Retired Guard and Reserve Survivors				Yes

TRICARE Information and Assistance

- * Hampton Roads Appointment Center (Prime appointments at Tidewater MTFs) - 1-866-645-4584
- * Medicare and Social Security: 1-800-772-1213; www.medicare.gov or www.ssa.gov
- * NMCP Military Dental Treatment Facilities; www.med.navy.mil/sites/nmcp
 - * Naval Medical Center Portsmouth - (757) 953-2711
 - * Naval Dental Clinic Norfolk (Sewell's Point) - 953-8635
 - * Naval Branch Dental Clinic Boone (JEB Little Creek-Fort Story) - 953-8335/8335
 - * Naval Branch Dental Clinic Oceana (NAS Oceana) - 953-3917/3918
 - * Naval Branch Dental Clinic Yorktown (NWS Yorktown) - 953-8454
 - * Naval Branch Dental Clinic Norfolk Naval Shipyard (NNSY) - 953-6509
- * TRICARE - for complete TRICARE program and benefit information, visit: www.tricare.mil
- * TRICARE Pharmacy - Express Scripts - Retail Network and Home Delivery
 - * 1-877-363-1303; TDD/TTY 1-877-540-6261; www.express-scripts.com/TRICARE
 - * Specialty medication home delivery - 1-888-455-4342
- * TRICARE Nurse Advice Line - 24 hours a day, 7 days a week - 1-800-874-2273 (1-800-TRICARE)
- * TRICARE North Region - www.tricare.mil/tronorth
 - * Health Net Federal Services - 1-877-874-2273; www.hnfs.com
- * TRICARE South Region - www.tricare.mil/trosouth
 - * Humana Military - 1-800-444-5445; www.humana-military.com
- * TRICARE West Region - www.tricare.mil/trowest
 - * United Healthcare Military and Veterans - 1-877-988-9378; www.uhcmilitarywest.com
- * TRICARE Overseas - International SOS; 1-888-777-8343

Tidewater

Health Benefit Advisors

- Naval Medical Center Portsmouth
(757) 953-2610/2611
- Branch Health Clinic (BHC) Dam Neck
953-9322
- BHC Norfolk (Sewell's Point)
953-8708
- BHC Little Creek (Boone)
953-8182
- BHC NAS Oceana
953-3933 (option 7)
- BHC NWS Yorktown
953-8441
- TRICARE Prime Clinic (TPC) Chesapeake
953-6382
- TPC Virginia Beach
953-6710/6711
- McDonald Army Health Center
(757) 314-7748/7766/7777
- USAF Hospital Langley
225-5111
- USCG Training Center Yorktown
(757) 856-2230/2345