The Department of Defense (DoD) has agreements with several foreign countries to provide medical care to their active duty personnel and family members at a military treatment facility (MTF) while in the U.S. under official orders. Extent of coverage, access to care and associated costs depend on the agreement with each country.

Categories of Nations and Agreements
- Partnership for Peace (PfP) with SOFA, and PfP without SOFA.
- Reciprocal Health Care Agreement (RHCA).
- Countries with no agreement.

Eligibility
- Upon arrival to the U.S., foreign members and dependents should register in DEERS and get a military ID card. DEERS information is verified and updated at a military personnel or uniformed services ID card office.
- To find an ID card office, visit the Rapids Site Locater at: www.dmdc.osd.mil/rsl.
- To schedule an ID card office appointment, go to: https://rapids-appointments.dmdc.osd.mil.

Medical Services
- Routine Care. A military treatment facility (MTF) is typically the main source of routine health care services. Foreign force members and family members may be assigned to a primary care manager (PCM), who will provide all routine and preventive care.
- Specialty Care. Foreign force members and family members may be referred for specialty care within the local MTF, or to a civilian provider, if necessary. If a civilian provider is seen for other than emergency care without a referral from the PCM, the patient may be responsible to pay for all medical services.
- Urgent and Emergency Care. The MTF should be contacted before seeking urgent care from a civilian provider. For emergency care, call 911 or go to the nearest emergency room (ER). Notify the MTF within 24 hours following an ER visit.
- Pharmacy. Foreign force members and dependents are entitled to the same pharmacy benefits as other TRICARE beneficiaries.

Additional Information and Assistance
(see over for more points-of-contact and information resources)

Tidewater Military Treatment Facilities

Naval Medical Center Portsmouth (NMCP)
- Branch Health Clinic (BHC), Dam Neck (1)
- BHC, JEB Little Creek (Boone Clinic) (2)
- BHC, Naval Air Station Oceana (3)
- BHC, Naval Weapons Station Yorktown (4)
- BHC, Norfolk Naval Shipyard (5)
- BHC, Norfolk Naval Station (Sewell’s Point) (6)
- BHC, Northwest Annex (7)
- TRICARE Prime Clinic (TPC) Chesapeake (8)
- TPC Virginia Beach (9)

McDonald Army Health Center (MCAHC)
- Troop Medical Clinics 1 and 2 (10)
- JEB Fort Story Health Clinic (11)

USAF Hospital Langley (USAF)
- USCG Clinics
  - Portsmouth, Yorktown, and Elizabeth City

McDonald Army Health Center
Joint Base Langley-Eustis
Information: (757) 314-7500

Naval Medical Center Portsmouth
Naval Support Activity
Information: (757) 953-5000

USAF Hospital Langley
Joint Base Langley-Eustis
Information: (757) 225-7630
<table>
<thead>
<tr>
<th>Military Treatment Facility (MTF)</th>
<th>Appointments</th>
<th>Benefit Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Branch Health Clinic (BHC), Joint Expeditionary Base Little Creek-Fort Story (Boone Clinic), 1035 Nider Boulevard, Virginia Beach, VA 23459</td>
<td>953-8351 (Option #5, #1)</td>
<td>953-8182</td>
</tr>
<tr>
<td>USAF Hospital Langley/633d Medical Group, Joint Base Langley-Eustis, 77 Nealy Avenue, Hampton, VA 23665</td>
<td>225-7630 (Option #4, #4, #1)</td>
<td>225-5961 225-8159</td>
</tr>
<tr>
<td>McDonald Army Health Center, Joint Base Langley-Eustis, 576 Jefferson Avenue, Newport News, VA 23604</td>
<td>314-7800 (Option #3) 1-800-304-9863 (Ext 3)</td>
<td>314-7777 314-7766</td>
</tr>
<tr>
<td>Naval Medical Center Portsmouth, Family Practice Clinic, 620 John Paul Jones Circle, Portsmouth, VA 23708</td>
<td>953-2411</td>
<td>953-2610/2611</td>
</tr>
<tr>
<td>BHC, Naval Air Station Oceana, 1550 Tomcat Boulevard, Virginia Beach, VA 23460</td>
<td>953-3733 (Option #6)</td>
<td>953-3933 (Option #7)</td>
</tr>
<tr>
<td>BHC Norfolk Naval Station (Sewells Point), 1721 Admiral Taussig Boulevard, Norfolk, VA 23511</td>
<td>Team 1 - 953-9043 Team 2 - 953-9006 Team 3 - 953-8994</td>
<td>953-8708</td>
</tr>
<tr>
<td>TRICARE Prime Clinic (TPC) Chesapeake 1011 Eden Way North, Suite H, Chesapeake, VA 23320</td>
<td>953-6325</td>
<td>953-6382</td>
</tr>
<tr>
<td>TPC Virginia Beach, 2100 Lynnhaven Parkway, Suite 201, Konikoff Professional Centre, Virginia Beach, VA 23456</td>
<td>953-6708 (Option #3, #8)</td>
<td>953-6710 953-6711</td>
</tr>
<tr>
<td>BHC Yorktown, P.O. Box 0090, Naval Weapons Station, Yorktown, VA 23691</td>
<td>953-8445</td>
<td>953-8441</td>
</tr>
</tbody>
</table>

**TRICARE Information and Assistance**

- Hampton Roads Appointment Center (Prime appointments at Tidewater MTFs) - 1-866-645-4584
- TRICARE - for complete TRICARE program and benefit information, visit: [www.tricare.mil](http://www.tricare.mil)
- TRICARE Nurse Advice Line - 24 hours a day, 7 days a week - 1-800-874-2273 (1-800-TRICARE)
- TRICARE North Region - [www.tricare.mil/tronorth](http://www.tricare.mil/tronorth)
  - Health Net Federal Services - 1-877-874-2273; [www.hnfs.com](http://www.hnfs.com)
- TRICARE South Region - [www.tricare.mil/trosouth](http://www.tricare.mil/trosouth)
  - Humana Military - 1-800-444-5445; [www.humana-military.com](http://www.humana-military.com)
- TRICARE West Region - [www.tricare.mil/trowest](http://www.tricare.mil/trowest)
  - United Healthcare Military and Veterans - 1-877-988-9378; [www.uhcmilitarywest.com](http://www.uhcmilitarywest.com)
- TRICARE Overseas - International SOS; 1-888-777-8343

**TRICARE Pharmacy Program Information and Assistance**

- Accredo (nationwide specialty medication mail order pharmacy) - 1-800-803-2523
- Express Scripts - Retail Network and Home Delivery
  - Specialty medication home delivery - 1-888-455-4342
- MCAHC Main Pharmacy - 314-7900 (Option 3); Refills - 314-7965; Toll Free 1-866-878-9321
- NMCP Main Pharmacy - 953-0258; Refills - 953-6337; Toll Free 1-866-285-1008
- NMCP Pharmacy Formulary - [www.med.navy.mil/sites/NMCP2/PatientsServices/Pharmacy](http://www.med.navy.mil/sites/NMCP2/PatientsServices/Pharmacy)
- TRICARE Pharmacy Program - [www.tricare.mil/mybenefit/home/Prescriptions/PharmacyProgram](http://www.tricare.mil/mybenefit/home/Prescriptions/PharmacyProgram)
- USAF Hospital Langley Main Pharmacy - 764-6497; Refills - 764-3784/6419

**Tidewater Health Benefit Advisors**

- Naval Medical Center Portsmouth (757) 953-2610/2611
- Branch Health Clinic (BHC) Dam Neck 953-9322
- BHC Norfolk (Sewell’s Point) 953-8708
- BHC Little Creek (Boone) 953-8182
- BHC NAS Oceana 953-3933 (option 7)
- BHC NWS Yorktown 953-8441
- TRICARE Prime Clinic (TPC) Chesapeake 953-6382
- TPC Virginia Beach 953-6710/6711
- McDonald Army Health Center (757) 314-7748/7766/7777
- USAF Hospital Langley 225-5111
- USCG Training Center Yorktown (757) 856-2230/2345