



Transitioning from Pediatrics to Adulthood

Agenda



- 1) TRICARE and the Affordable Care Act (ACA)
- 2) TRICARE Regions and Managed Care Support Contractors
- 3) TRICARE Eligibility, DEERS and ID Cards
- 4) Health Care Options
- 5) Internet and Telephone Resources for Information and Assistance

TRICARE and the Affordable Care Act



- All TRICARE programs (except line-of-duty care or direct-care-only) meet the minimum essential requirements (MEC) of the Affordable Care Act (ACA)
- Eligibility information in DEERS must be up-to-date and accurate to ensure compliance
- www.healthcare.gov



TRICARE Regions and Contractors



TRICARE Regional Offices (TRO)

TRO North
1-866-307-9749

www.tricare.mil/tronorth

TRO South
1-800-554-2397

www.tricare.mil/trosouth

TRO West
1-800-558-1746

www.tricare.mil/trowest



TRICARE Overseas Program International SOS

1-888-777-8343

www.tricare-overseas.com

Regional Contractors

North Region

Health Net Federal Services

1-877-874-2273

www.hnfs.com

South Region

Humana Military

1-800-444-5445

www.humanamilitary.com

West Region

United Healthcare

1-877-988-9378

www.uhcmilitarywest.com

TRICARE Eligibility, DEERS and ID Cards



- DEERS (Defense Enrollment Eligibility Reporting System)
 - Military personnel function
 - Update with any change in status
 - Rapids sites (ID card offices)
 - Information – 1-800-538-9552
 - www.milconnect.dmdc.mil
 - Site locator
 - www.dmdc.osd.mil
 - Appointments
 - <https://rapids-appointments.dmdc.osd.mil>



TRICARE-Eligible Beneficiaries



- Sponsor/service member (active, retired, National Guard, Reserves, Medal of Honor recipient)
- Family members
 - Spouse
 - Former (divorced) spouse – specific criteria must be met
 - Children – unmarried to age 21 (23 if full-time student)
 - TRICARE Young Adult to age 26
 - Considerations for adult incapacitated children
- Survivors (spouse and children)
- Others (limited, space-available direct care only)

Incapacitated Adult Children



- Permanent eligibility for special needs adult children
 - Unmarried and incapable of self-support because of a qualifying disability that existed before age 21 (or between age 21 and 23 if a full-time student)
 - Incapacitated student – a physician’s statement that the incapacitation occurred between age 21 and 23, and a letter from the school verifying full-time status are required when applying for permanent eligibility
 - Child relies on the sponsor for over 50% of support (or did at the time of a sponsor’s death)
 - Apply through DEERS at least 90 days before current ID card expires

Applying for Permanent Eligibility



- Required documentation:
 - Physician's written statement (dated within 90 days)
 - If eligible, proof of Medicare A and B (except ADFMs)
 - Birth certificate and parents' marriage certificate
 - Approved MTF medical sufficiency statement/letter and dependency determination (over 50%) from a uniformed service approval authority
 - DD Form 1172, *Application for Uniformed Services ID Card-DEERS Enrollment* and DD Form 137-5, *Dependency Statement-Incapacitated Child Over Age 21*

Permanent Eligibility SPOCs



- Service points-of-contact (SPOC) and policy guidance
 - USA – Defense Financing and Accounting Office (DFAS) – Indianapolis; Army Regulation 600-8-14
 - USAF – DFAS – Denver; Air Force Instruction 36-3026_IP
 - USN – Navy Personnel Command – Millington; BUPERS Instruction 1750.10C
 - USMC – Headquarters Marine Corps – Quantico; Marine Corps Order 5512.11D
 - USCG – Special Needs Program Manager – Washington

Options for Adult Children



- If permanently eligible for TRICARE
 - TRICARE Prime (in Prime Service Areas), or Extra and Standard
 - TRICARE for Life (when Medicare-eligible)
- If not eligible at age 21 (or 23, if a full-time student), and unmarried – TRICARE Young Adult (to age 26)
- If not eligible for TRICARE
 - Continued Health Care Benefit Program (CHCBP)
 - Optional temporary coverage similar to Standard and Extra, but does not include use of MTFs
 - Quarterly premiums - \$1,300/individual; \$2,925/family
 - Managed by Humana – www.humana-military.com
 - Commercial insurance

Online Information



- Medicare – www.medicare.gov
- NMCP – www.med.navy.mil/sites/NMCP2/
- Reserve Affairs – www.defenselink.mil/ra
- Social Security – www.ssa.gov
- TRICARE – www.tricare.mil
- Veterans Affairs – www.va.gov
- Veterans Health Administration – www.va.gov/health



Tidewater Health Benefit Advisors



- Beneficiary Counseling and Assistance Coordinators and Debt Collection Assistance Officers in Tidewater
 - McDonald Army Health Center – (757) 314-7939
 - NMCP – 953-2610
 - USAF Hospital Langley – 225-5111
 - Branch Health Clinic (BHC) Dam Neck – 953-9522
 - BHC Little Creek (Boone Clinic) – 953-8182
 - BHC Norfolk (Sewell’s Point) – 953-8708
 - BHC Northwest – 421-8220
 - BHC Oceana – 953-3933 (option 7)
 - BHC Yorktown – 953-8441
 - TRICARE Prime Clinic (TPC) Chesapeake – 953-6382
 - TPC Virginia Beach – 953-6710



Tidewater Military Health System

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Portsmouth, Virginia 23708



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