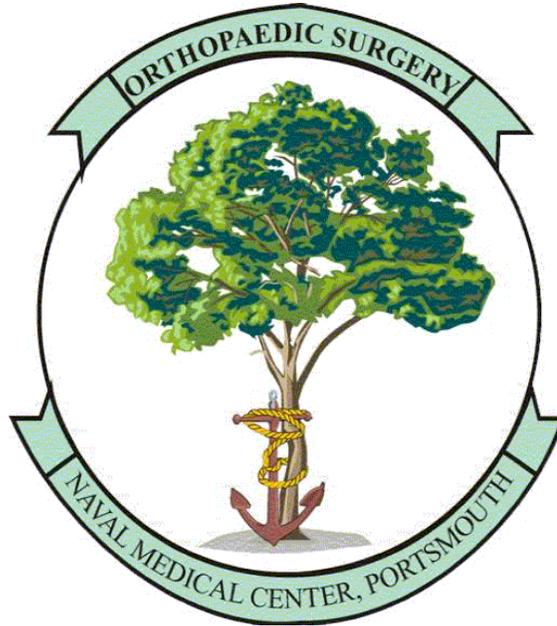


NMC PORTSMOUTH ORTHOPAEDIC ROTATION INFORMATION



Thank you for expressing an interest in the Orthopaedic Program at NMCP. We have prepared this informational package to help you get acquainted with the department prior to your arrival for your rotation. We hope this answers some of the questions you have and will help to make your time with us both educational and enjoyable. We look forward to working with you and think you will agree with the hospital's "First and Finest" motto after your time with us.

To request a clerkship you must first fill out the "Request for Clerkship" on the GME Home Page at www-NMCP.mar.med.navy.mil/edures/academicaffairs/index.asp this request will be forwarded to our department for approval. You will be contacted via e-mail informing you of the approval or non-availability. August, September and October are the busiest time of the year, so plan ahead. We can only accept 6 students for clerkship at any given time period.

After you gain entrance onto the base please park in the parking garage, park only on the 3rd deck or higher, Ground-2nd deck is reserved for patients. After parking please check in with the Graduate Medical Education Office in Building 3, 3rd Floor at 0730 on the first day of your rotation. Your point of contact there will be Dottie Vexler at 953-7371. Your rotation is aware that you will spend most of the first day checking in with the institution. If you are on active duty you must check in wearing the appropriate seasonal uniform or khakis. If you are not active duty you must wear appropriate civilian attire. Both must have in possession a CLEAN white lab coat. You may not check in wearing scrubs, please see the enclosed instruction on "Guidance for Scrub Attire".

Part of your checking in process is obtaining a vehicle pass, please have with you the following: I.D. Card, Driver's License, Car Registration, Proof of Insurance, Proof of Inspection, and Proof of Insurance (policy or card that shows the coverage amounts). The Security Office is located on the ground floor (Isle J) of the parking garage and can be reached at 953-5220.

Student Evaluations: Please bring with you or have it mailed directly to the following address: Naval Medical Center, Office of Academic Affairs, 620 John Paul Jones Circle, Portsmouth, VA 23708-2197.

When you have completed the check-in with GME, please check-in with Kelley Jacobson, Orthopaedic Residency Coordinator (953-1814, krjacobson@mar.med.navy.mil) located in Building 3, 5th floor, room 5.2-106.

DEPARTMENT INTRODUCTION:

This rotation strives to make the trainee competent in musculoskeletal clinical exam, differential diagnosis, and treatment options by providing extensive clinical exposure and a didactic lecture series. The day begins with Morning Conference at 0700 that usually ends at 0730. Clinic begins at 0730. Students will be assigned to either 1) a specialty team (Sports, Trauma, Hand, Spine, Foot & Ankle, and Joint Reconstructive) that will introduce the student to both the clinical and surgical setting or 2) will be rotated throughout the various specialties on an out-patient basis only (mostly for EVMS Medical Students). Based on the number of rotating trainees, you may not get your first choice of team. Medical Students are expected to stand call with the Ortho Junior Resident every 4-6 days. M-W call is 0700-2200, RFSS 0700 – 0700 (24 hour). Fridays are set aside for Academics only. A comprehensive curriculum of lectures intended for non-orthopaedists will be given during the course of the month, in addition, labs are provided by the Cast Technicians on the proper use and placement of splints and casts. Two textbooks recommended for the trainee are: (1) Essentials of Orthopaedic Surgery, by Sam Weisel, published by Saunders. (2) Physical Examination of the Spine and Extremities by Standly Hoppenfeld (Appleton-Centry-Crofts). We also recommend "Tarascon Pocket Orthopaedica" by Rispoli, it is a great reference tool while in a clinical setting.

Distribution of student's efforts: Patient contact 40% Outpatient, 40% Inpatient, 20% didactics.

OBJECTIVES:

1. Demonstrate the capability to:
 - Take a thorough history of musculoskeletal problems
 - To perform adequate physical examination of the spine and extremities
 - Splint and cast basic orthopaedic injuries
 - Read basic x-rays of the musculoskeletal system

The Departmental Residents and Staff are here to make this a facilitory-learning environment. Ultimately the experience that you have on the Orthopaedics Rotation is dependent upon you. Therefore we would appreciate feedback before, during, and after your rotation, so that we can make this the best practical academic endeavor possible.

We hope that you enjoy your rotation in Orthopaedics; we look forward to your participation in our departmental activities!