

Anesthesiology Residency Naval Medical Center, Portsmouth



Welcome to the Anesthesiology Residency website. This site was designed to answer the most common questions about our program. If there are concerns that are not addressed by the site, please feel free to contact us.

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The Anesthesiology Residency Program at Naval Medical Center, Portsmouth is a fully accredited three-year program of specialty training in anesthesiology. Initially accredited in 1971, the goal of this program is to provide Navy Medicine with physician specialists in anesthesiology who have a broad area of expertise in anesthesiology and critical care medicine. Our graduates can be expected to serve as consultants in a wide range of environments: from the austere military battlefield to the full service tertiary care facility.

The program accepts six residents (PGY-2) per year to begin clinical anesthesia training. These years of training include preoperative evaluation and preparation of patients, planning and execution of rational and safe anesthetics, prevention, evaluation and treatment of perioperative complications, and postoperative management.

The program is affiliated with Children's Hospital of the King's Daughters (CHKD), University of Virginia at Charlottesville, and Washington Hospital Center. Our residents have rotated through these institutions for several years and have gained a tremendous amount of respect.

The departmental faculty are exceptional and in the department come from varied educational backgrounds with each bringing an enormous amount of energy and experience to the residency program. We host the Navy's only Pain Management fellowship and currently have physicians who are fellowship-trained in pediatric anesthesiology, pain management, trauma anesthesia, and critical care medicine.

Since its establishment, the Anesthesiology Residency Program has maintained accreditation by the Accreditation Council for Graduate Medical Education (ACGME). The last review of the program was performed in April 2002, at which time the program was awarded a full 5-year accreditation, the highest level the ACGME can award.

Curriculum

CA-1

The indoctrination month for the first-year (CA1) residents begins during the month of August. During this time there are daily lectures given from a selected text, anesthesia machine overview, and an introduction into the daily routine of the department. On-call responsibilities are not assigned until each resident has been in the department for a minimum of one month.

- General Anesthesia 7 months

- OB Anesthesia 1 month
- PACU 1 month
- Regional Anesthesia 1 month
- ICU 1 month
- Pediatric Anesthesia 1 month

CA-2

The second-year resident is exposed to more complex surgical cases and is expected to develop a more comprehensive anesthetic plan. The second-year resident is also given more leadership responsibilities and is expected to participate in the management of the call team.

- Cardiac/thoracic/vascular anesthesia 2 months
- Pediatric anesthesia (CHKD) 2 months
- Neuro Intensive Care (UVA) 1 month
- Neuroanesthesia (UVA) 1 month
- OB anesthesia 2 months
- Pain Management 2 months
- Pre-operative Clinic 1 month
- Ambulatory anesthesia 1 month

CA-3

The third-year of training is comprised of two distinct paths, the advanced clinical track and the clinical scientist track. In collaboration with the program director, the resident chooses the desired track and the respective curriculum. The overwhelming majority of residents at NMCP choose the advanced clinical track; therefore, an example of the typical third-year resident is presented.

- Cardiac anesthesia (WHC) 2 months
- ICU 1 month
- Advanced Clinical Cases 3 months
- Resident/PD collaboration 6 months

Call Schedule

The ACGME 80-hour work week restrictions are strictly enforced. On average the CA1 residents assume call 6-7/ month, the CA2 residents assume call 5-6/ month, and the CA3 residents assume call 4-5/ month. The schedule is made by the chief resident and all requests are submitted the month prior. On-call responsibilities at the affiliate institutions are made by the resident coordinator.

Leave Policy

In accordance with ABA regulations, residents are not allowed more than twenty days per calendar year for vacation/ leave, or sick leave. Attendance at scientific meetings is allowed, but not to exceed 5 days. Absences in excess of those specified will require lengthening of the total training time to the extent of the additional absence.

Didactics

The lecture schedule for residency training is very robust and covers a wide array of anesthetic topics. It begins in the month of September and ends in June. Academic days are generally held on Tuesday mornings and Thursday afternoons. Tuesday morning conference begins with a problem-based learning discussion. This discussion focuses on anesthetic challenges that are faced on a daily basis. The topics are chosen by the Education Chairman and are proctored by the staff. Grand-rounds conferences are given by departmental staff as well as staff from the other services. Occasionally we will host guest Professors from other institutions. Resident lectures are held every Thursday afternoon and are centered on the “key-words” which are generated from the annual in-training examination. Journal Club is held on the last Monday of every month and Case Conference is held every third week. Mock oral board exams are conducted during the winter and spring of each year. Lastly, the department conducts a board review course during the spring of every year to prepare the residents for the annual in-training examination, which is held in July.

Rotation/ Interview

We are very excited about our program and would welcome the opportunity for you to rotate through the department and or arrange an interview. Please feel free to contact Ms. Mary Duran at (757) 953-3270 or email Mary.Duran@med.navy.mil.

Please bring a copy of a current CV when you interview. You will also need to stop by the GME office the day of your interview. If you have any further questions, please contact the Program Director or Ms. Mary Duran.

Application Process

Only physicians who are members of the Uniformed Armed Services can train at our institution. For further details please go to <http://nshs.med.navy.mil/gme/mcpp.htm>.

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