40 hours/month of respite care

may be available for category IV or V EFM children of Sailors!

Call 1-800-424-2246 today and learn about NACCRRA's Navy Exceptional Family Member Program (EFMP) Respite Care and how your family can receive this care.

Who is an Exceptional Family Member? What is the EFMP? What is Category IV or V?

- An Exceptional Family Member (EFM) is an authorized DEERS eligible family member who possesses a physical, emotional, developmental or educational disability, or condition requiring special medical, mental health, or educational services.
- The Exceptional Family Member Program (EFMP) can assist Navy families in managing the dual demands of a Navy career and the special needs of their child. Visit http://www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/ to learn more about the EFMP.
- EFM category IV and V refers to an exceptional family member whose medical condition requires assignment near major medical facilities INCONUS, or whose needs are complex and specialized requiring continuity of care.

How do I know if I am eligible?

- The family is enrolled in the Navy's EFMP.
- The EFM child is between the ages of birth to 18 years, and is category IV or V.
- You are stationed at one of the following Navy locations:
  - Bremerton, WA
  - Greater Washington, DC
  - Jacksonville, FL
  - Norfolk, VA
  - San Diego, CA

There are no income restrictions; the service is free to eligible Navy families.

How do I apply?

Call Child Care Aware® at 1-800-424-2246 – Child Care Aware® will connect you to the local participating agency to assist your family in finding local respite care services, or visit http://www.naccrra.org/MilitaryPrograms/NavyEFMP/ for more information on the Respite Care program!

naccrra

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