

# Summer Camps 2012 in Hampton Roads, VA

Dear Parents:

This is a guide to some summer camps available for children with disabilities. Camps are designed for children with different abilities and ages. Contact the camp directly to discuss activities, fees & availability. To discover additional summer camp possibilities for children with disabilities, it may be helpful to speak with your child's teachers, local recreation departments, religious organizations, community groups, and fellow parents.

For a comprehensive directory of all camps in the Hampton Roads area, visit <http://hamptonroads.com/summer-camps?page=4>

## **Camp Gonnawannagoagin**

Families of Autistic Children of Tidewater, P.O. Box 1195, Virginia Beach, VA 23451 Telephone: 757-422-2040

Description: Camp for Autism children during school breaks, monthly socials and more.

[www.camp4autism.org](http://www.camp4autism.org)

E-Mail: [pam4fact@peoplepc.com](mailto:pam4fact@peoplepc.com)

## **Camp Easter Seals Virginia**

900 Camp Easter Seals Road, New Castle; 201 East Main St., Salem

[www.va.easterseals.com](http://www.va.easterseals.com)

[www.nc.eastersealsucp.com](http://www.nc.eastersealsucp.com) [Easter Seals & United Cerebral Palsy of North Carolina & Virginia]

Who: Ages 5 and up

Description: Camping experience for children and adults with disabilities. Also offers weekend camps during the spring and fall.

Contact: 1-800-365-1656 or (540) 777-7325, Ext. 107

## **Camp Horizon**

Sponsored by The Up Center, [www.TheUpCenter.org](http://www.TheUpCenter.org) [formerly Child & Family Services of Eastern Virginia]

Virginia Wesleyan College

Who: Children ages 5 and up and adults with developmental disabilities

Description: Adapted recreational activities, including swimming, sports, art, music and leisure skills. Day and overnight camps are available.

Contact: Patrica Coale, 757.965.8681, Cell Phone: 535-6540

[patriciacoale@TheUpCenter.org](mailto:patriciacoale@TheUpCenter.org)

## **Camp Holiday Trails**

400 Holiday Trails Lane

Charlottesville, VA 22903

[Since 1973, Camp Holiday Trails has been committed to providing a positive camp experience for children with special medical needs and chronic illnesses and their families]. Visit them at <http://www.campholidaytrails.org>

**Camping for All.** [1619 Trailridge Rd., Charlottesville, VA 22903]. Camping for All and Brethren Woods Camp and Retreat Center combine forces to create a sign language program where deaf or hard of hearing campers can share ASL, deaf culture and typical camp activities with their hearing peers. Campers who have completed grades 3-5 take part in the Junior Camp program which includes swimming, arts and crafts, nature study, canoeing and team building. They also participate in sign language classes, morning watch, bible study and vespers. Campers in grades 6-8 participate in the Junior High camp program which also includes a chance to do the high ropes course and go horseback riding. Everyone who attends camp that week learns basic sign throughout the day. There are also programming, such as silent meals and deaf performers, to help staff and campers understand the deaf experience. Participants must have sufficient communication skills (in sign language or English) to follow directions and express their needs in case of emergency or illness. In addition, they need to be physically capable of and interested in participating in the entire camp program. If you need assistance with the camp fee, contact Brethren Woods at [www.brethrenwoods.org](http://www.brethrenwoods.org) or contact Deborah Shapiro, [camping4all@earthlink.net](mailto:camping4all@earthlink.net), Telephone: 434-806-8835, or Linetta Ballew, at 540-269-2741. Deadline: June 8, 2012.

**Camp Loud and Clear.** [www.vaumc.org/loudandclear](http://www.vaumc.org/loudandclear) This is an overnight summer camp for children and youth, ages 8 - 18, who are hearing impaired. All participants must be able to cooperate in a group setting, independently perform activities of daily living, such as fully dressing, feeding, bathing, and require little care in terms of their behavior. Dates: July 13 - 15, 2012, Holiday Lake 4-H Educational Center, Appomattox County, Virginia, (804) 521-1100, ext. 153,

**Central Virginia Burn Camp** [www.vaburncamp.org](http://www.vaburncamp.org)

Camp Location: 400 Holiday Trails Lane, Charlottesville, VA 22901

Contact: (434)263-6566 \* fax (434)-975-0080

Who: Ages 7-17 who have suffered serious burn injuries

Description: A residential camp designed to meet the social, physical, and psychological needs of young burn survivors. Deadline: *May 7, 2012.*

For more information: [cvbc1999@yahoo.com](mailto:cvbc1999@yahoo.com)

**Cerebral Palsy of Virginia Summer Camp Enrichment Program**

[www.cerebralpalsyofvirginia.org](http://www.cerebralpalsyofvirginia.org) 5825 Arrowhead, Suite 201, Va. Beach

Contact: 497-7474, [michelle@cerebralpalsyofvirginia.org](mailto:michelle@cerebralpalsyofvirginia.org)

Who: Ages 6 and up

Description: Each week has a separate theme and participants enjoy 3 field trips related to the theme as well as group games, arts and crafts and much more. Each camper is paired one on one with a volunteer from the community.

**Civitan Acres/Eggleston Services** [www.egglestonservices.org](http://www.egglestonservices.org)

2210 Cedar Road, Chesapeake

Who: Ages 18 and up

Description: One-week vacations for adults with disabilities. Activities include amusement parks, museums and swimming.

Contact: Michelle Flynn: (757) 625-3670 or 487-6062 or

[Slynn.michelle@egglestonservices.org](mailto:Slynn.michelle@egglestonservices.org)

### **Funtastic Voyages**

Therapeutic Recreation Center  
180 E. Evans St., Norfolk, VA

Who: Ages 6-12 with any disability who have previously been in the program.  
New persons must complete an assessment with physician referral required.  
Must sign up in the spring—See City of Norfolk Goodtime magazine. .

[www.norfolk.gov/goodtimes](http://www.norfolk.gov/goodtimes).

Description: Goal-based therapeutic program for children to have fun and improve skills.

Contact: Stacey Thomas, 441-1764, [stacey.thomas@norfolk.gov](mailto:stacey.thomas@norfolk.gov)

### **Operation Purple Summer Camps**

A free camp for all active duty children. The National Military Family Association offers summer camps with locations all over the United States for children of deployed military members through its *Operation Purple* program. The goal of these camps is to impart the message to our nation's youngest heroes that "Kids Serve Too." Camps are open to military children of all ranks and services: active and reserve components. The program helps military kids experience carefree fun while learning coping skills to deal with war-related stress and fostering relationships with other kids in similar situations. Registration generally begins in March. Visit [www.operationpurple.org](http://www.operationpurple.org) for a list of camp locations/dates across the country or contact [OPC@militaryfamily.org](mailto:OPC@militaryfamily.org)

**2012 Operation Purple® Family Retreats.** *Operation Purple* Family Retreats are free, four-day retreats held in National Parks around the country, and offer families the chance to reconnect after their service member's deployment. Outdoor activities, combined with structured activities that highlight areas of strength and resilience in the family, promote family growth. Apply at: <http://www.militaryfamily.org/our-programs/operation-purple/family-retreats/> Retreats are free thanks to the Sierra Club and Sierra Club Foundation.

### **The Music Staff Special Needs Summer Classes** [www.themusicstaff.com](http://www.themusicstaff.com)

3100 Tyre Neck Road, Chesapeake

Who: Ages 5-13

Description: Children with physical handicaps, developmental delay and other disabilities learn through music and movement classes.

Contact: 483-4900, [info@themusicstaff.com](mailto:info@themusicstaff.com)

### **Teen Travels** [www.norfolk.gov/rpos/therapeutic.asp](http://www.norfolk.gov/rpos/therapeutic.asp)

Therapeutic Recreation Center, 180 E. Evans St., Norfolk

Who: Children age 13 to 19 [Intake assessment and doctor form required]

E-Mail: [Catherine.orletsky@norfolk.gov](mailto:Catherine.orletsky@norfolk.gov) or call her at 757.441-1764

### **Special Olympics of Virginia (Area 2)**

Visit: [www.area2specialolympics.org](http://www.area2specialolympics.org) for a listing of all schedules for Special Olympics in these areas: Chesapeake, Norfolk, VA Beach, and Portsmouth.

**Little League - Challenger Division District 8.** This division has 8 leagues and is for children with disabilities ages 4 up to age 21. Everyone is a winner and there is no limit to the disability as long as the parent can transport the child. For additional information, contact: Andy Adler, 1621 Poincare Bend, Virginia Beach 23454. P: (757) 288-1356  
[www.va8ll.org](http://www.va8ll.org) E-Mail: [Info@va8ll.org](mailto:Info@va8ll.org)

<b>Therapeutic Riding Programs</b>	<b>Scouting Organizations</b>
<p>EQUI-KIDS Therapeutic Riding Program, 2626 Heritage Park Drive, Virginia Beach, VA 23456 (757) 721-7350 [Provide, promote and support equine assisted activities for individuals who have mental, physical, emotional, social or learning disabling conditions]. <a href="mailto:information@equikids.org">information@equikids.org</a></p>	<p>Girl Scout Council of the Colonial Coast 912 Cedar Road, Chesapeake, Virginia 23322-7002 757-547-4405 <a href="http://www.gsgcc.org">http://www.gsgcc.org</a></p>
<p>Triple-R Ranch Therapeutic Riding Program, Chesapeake, VA POC Jeanette Henderson Phone: 757-421-4177  Website: <a href="http://www.triplerranch.org">www.triplerranch.org</a></p>	<p>Boy Scouts of America, Tidewater Council 1032 Heatherwood Drive, Virginia Beach, VA 23455 <a href="http://www.tidewaterbsa.com/">http://www.tidewaterbsa.com/</a> 757-497-2688 Fax: 757-473-3305</p>
	<p>Cub Scout Pack 3 – Autism Fellowship Chesapeake, VA, Peter Francisco, Cubmaster Heather Francisco <a href="mailto:scouts@autismfellowship.com">scouts@autismfellowship.com</a> <a href="http://www.tidewaterpack3.com">http://www.tidewaterpack3.com</a></p>
<b>City Departments of Parks and Recreation Therapeutic Recreation Programs</b>	<b>City Departments of Parks and Recreation</b>
<p><b>Chesapeake Parks &amp; Recreation</b> <a href="http://www.cityofchesapeake.net/Government/City-Departments/Departments/Parks-and-Recreation-Department/Therapeutic-Recreation-Programs.htm">http://www.cityofchesapeake.net/Government/City-Departments/Departments/Parks-and-Recreation-Department/Therapeutic-Recreation-Programs.htm</a> Kari Diop, 757-382-8467 E-mail: <a href="mailto:Diop@cityofchesapeake.net">Diop@cityofchesapeake.net</a> Serving the Citizens of Chesapeake with Special Needs for Over 20 years! <b>Target populations include:</b> Mild to Moderate Intellectual Disabilities ,Autism Spectrum Disorders, Neurological Disorders, Hearing / Visual Impairments, Physical Disabilities, Sensory Processing Disorders</p>	<p><b>Portsmouth Parks/Recreation</b> <a href="http://www.portsmouthva.gov/parksandrec">www.portsmouthva.gov/parksandrec</a> The Portsmouth Department of Parks, Recreation, &amp; Leisure Services offers a variety of recreation programs and leisure opportunities for citizens of all ages with various disabilities. To obtain further information about programs, requirements, and/or registration, contact Art Williams at 757.393-8481/8584.</p>
<p><b>Hampton/Newport News Parks and Recreation Program</b> (757) 926-1400, Fax (757) 926-1460 <a href="http://www.nnparks.com/">http://www.nnparks.com/</a> Provides a licensed therapeutic recreation program designed to enhance or at least maintain each child's current level of functioning through structured and purposeful play. Also offers before and after school care in addition to a full day</p>	<p><b>Newport News Therapeutic Recreation Program</b> provides Summer Camp opportunities for children 2.5-21 years old with cognitive, social, emotional, and/or physical disabilities. Programs are geared to enhance living, leisure, and social skills through a variety of recreational and leisure activities.</p>

<p>summer camp for youth with disabilities ages 3 - 21. Serves two snacks and a lunch daily during the summer months in addition to weekly fieldtrips and swimming.</p>	<p>Space is limited and fills quickly. (There is a non-refundable \$60 assessment fee). For more information and/or to schedule an assessment, call Rosa Dildy Newport News Parks, Recreation, and Tourism at 926-1400. <a href="http://www.redefiningplay.com">www.redefiningplay.com</a></p>
<p><b>Norfolk Parks and Recreation Program, Stacey Thomas, 441-1764, <a href="mailto:stacey.thomas@norfolk.gov">stacey.thomas@norfolk.gov</a> <a href="http://www.norfolk.gov/rpos/therapeutic.asp">http://www.norfolk.gov/rpos/therapeutic.asp</a></b></p> <p>Offers a comprehensive program that gives individuals with disabilities the opportunity to develop functional skills through therapy, acquire leisure skills through leisure education, and enhance leisure lifestyles through recreation participation in the least restrictive environment, based on each individual's needs.</p> <p>All TR programs and courses can be found in the current Good Times Magazine: <a href="http://www.norfolk.gov/rpos/goodtimes.asp">http://www.norfolk.gov/rpos/goodtimes.asp</a></p>	<p><b>Virginia Beach Parks/Recreation Therapeutic Recreation Programs:</b> CAMP EXPLORE, Junior Ventures, and New Ventures <a href="http://www.vbgov.com/parks">www.vbgov.com/parks</a> 757- 474-8877 Target Populations: <b>Individuals ages 6 up to 21 with:</b> Profound, severe, moderate and mild levels of intellectual disability; Learning disabilities; Low- to high-functioning levels of Autism; Moderate behavioral/emotional disorders; ADD/ADHD; Traumatic brain injuries; and/or Visual, hearing and/or physical impairments. <b>Note:</b> Junior Ventures, and New Ventures focus on learning new vocational skills and new leisure activities.</p>

**Marine Corps Community Service (MCCS) Camp Allen EFMP** has also compiled a list of 2012 summer camps that include Virginia organizations, as well as some in Maryland. This list can be accessed by clicking (or copying/pasting) the following link:

<http://www.mccscampallen.com/images/2012/efmp/summer%20camps%20for%202012.pdf> For additional information, contact Kimberly Carmon-Stanley, EFMP Family Caseworker, MCCS Camp Allen, at 757-953-2270.

It is our goal that these combined summer camp resources will assist you and your family in your search for opportunities that will be fun and exciting. Best wishes for a fantastic summer!

**REMEMBER: USO DAY AT KING'S DOMINION ON FRIDAY, JUNE 22, 2012. There is no cost to active duty military families with a qualifying child with severe medical conditions. For more information or to register for this event, contact your service specific EFMP/Special Needs program coordinator in Hampton Roads.**

## **SUPPORT GROUPS FOR PARENTS/CAREGIVERS:**

### **EFMP Support Group: Supporting Military Families with Special Needs**

This was a wonderful opportunity for EFMP families to meet and network with other families, share their experiences, learn about new resources and make new friends. Meetings are held at the Meyera E. Oberndorf Central Library, 4100 Virginia Beach Blvd., Virginia Beach, VA 23452. Remaining 2012 meetings are scheduled for 9:30 – 11:00 a.m. on 25 April, 30 May, 27 June, 25 July, 22 Aug, 26 Sep, 31 Oct, 28 Nov, 19 Dec. For additional information contact FFSC Oceana at (757) 433-2912. Other FFSCs may be reached at: Norfolk (757) 444-2102, NMC Portsmouth (757) 953-7805; JEB Little Creek/Fort Story (757) 462-7563, Yorktown/NNSY (757) 887-4606

### **Chat-n-Chew: “Parents Helping Parents Put the Pieces Together”**

Chat –N–Chew is a support group for parents who have children with special needs and disabilities. They support each other by listening, providing education and assisting one another to problem solve issues that they may have in the home, school and community. Forums typically incorporate qualified professionals in the field who work with and advocate for children in these various capacities.

**Meetings are monthly at 22 Prince George Drive, Hampton.** For more information, please contact: Liz Salter 757.838.4338 or 757.593.9495

[liz.salters@gmail.com](mailto:liz.salters@gmail.com)

Upcoming Meeting Dates: April 29<sup>th</sup>, Sunday 4:00 – 5:00pm  
May 27<sup>th</sup>, Sunday 4:00 – 5:00pm

### **CHADD [Children and Adults with Attention Deficit/Hyperactivity Disorder]**

**SUPPORT GROUPS** 3rd Tuesday of each month 7 - 8:30 pm, Virginia Wesleyan College, Norfolk, VA, Blocker Hall Auditorium [www.ADHDinHR.wordpress.com/](http://www.ADHDinHR.wordpress.com/)  
Voice Mail: 757 744-9810 Email: [Hampton-Roads@CHADD.net](mailto:Hampton-Roads@CHADD.net) Speakers are followed by small group discussion & support

#### ***Upcoming Meeting Dates:***

**April 17, 2012:** ADHD Coaching: Empowering Children, Teens, Adults & Parents, Mindy Schwartz Katz, MS & Diane Herbert

**May 15, 2012:** "Taming the Tiger": Effective Parenting of ADHD Children & Adolescents, Burt Segal, LCSW

**June 19, 2012:** Getting Your ADHD Student Ready for the Next School Year, Brenda D. Reid, Ed.D., Virginia Beach Public Schools, Parent Support and Information Center Coordinator and LaEunice Brown, Chesapeake Public Schools' Parent Resource Center Information Specialist

**For information on additional support groups, contact:**

**Fleet and Family Support Center**, 757.444.2102 located at 7928 14<sup>th</sup> Street, Suite 102 Norfolk, VA 23505.

**Tidewater Autism Society of America**, 757.461.4474 located at 6300 East Virginia Beach Blvd, Norfolk, VA 2350